

EVERFI– Social Emotional Learning Resources

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Substance use Prevention: Vaping, know the truth - A prevention-forward digital course that gives students core knowledge around the dangers associated with using e-cigarettes, and offers resources to help young people quit if they already vape. [Vaping: Know the truth | EVERFI](#)

Prescription Drug Safety- Empower 8th - 12th grade students with the skills and knowledge they need to make safe and healthy decisions about prescription drugs and opioids. [Prescription Drug Safety Training for High School Students \(everfi.com\)](#)

Bully Prevention: Honor Code Bullying prevention: 8th - 10th grade students identify their unique talents, grow resiliency skills, and build strong connections with others to create positive school communities. [Honor Code - Bullying Prevention Curriculum | EVERFI](#)

Dating Violence: Character playbook building healthy relationships In Character Playbook, students make decisions in real-life scenarios such as navigating social media, reflecting on their emotions, and intentionally building positive relationships. Throughout five modules, this course covers key concepts in metacognition, social-emotional learning (SEL), and building healthy peer relationships. This course is aligned to the CASEL standards for SEL. [Character Playbook - Healthy Relationships | EVERFI](#)

Suicide Prevention: Understanding Mental Wellness- Teaches students the importance of paying attention to their mental health by blending evidence-informed content with engaging digital activities. Five lessons scaffold knowledge to build a comprehensive understanding of what mental wellbeing is and how to maintain or achieve it. [Understanding Mental Wellness | EVERFI](#)