

# SEPTEMBER 2020

## 6-12 Grade Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1  
Mini Cini/cheese stick, fruit  
Hot dog  
Baked beans  
Chips  
Fruit

2  
Breakfast pizza, fruit  
Crispitos, Tossed salad, Fruit, chocolate pudding

3  
Pancake on stick, fruit  
Pizza, salad, Fruit  
Oatmeal cookie

4  
Biscuit/ sausage  
Fruit  
Hoagie sandwich, salad cup, chips  
fruit

7  
**LABOR DAY  
NO SCHOOL**

8  
Super Donut, cheese stick, fruit  
Chicken nuggets, French fries, veggie sticks/ranch,

9  
Breakfast pizza, fruit  
Ham & cheese sandwich, salad cup, fruit

10  
Yogurt/graham crackers, fruit  
Chicken sandwich, salad cup, potato wedges, fruit

11  
Biscuit/sausage, fruit  
Burrito, beans, tossed salad, fruit

14  
Super donut/cheese fruit  
Chicken strips, Roll  
Quick baked potato  
Carrot sticks  
Strawberries & bananas

15  
Cereal/toast/fruit  
Crispitos  
Tossed salad  
Variety fresh fruits  
Oatmeal cookie

16  
Breakfast pizza/fruit  
Spaghetti & meat sauce, Roll  
Green beans  
Salad  
Pineapple chunks

17  
Breakfast burrito/fruit  
Beef tacos, salsa  
Lettuce & tomatoes  
Refried beans  
Spiced apples

18  
Sausage biscuit/gravy  
Fruit  
Fish, French fries  
Baked beans  
Veggie sticks  
Fresh fruit cup  
Cornbread

21  
Yogurt, graham crackers / fruit  
6-9 Hamburger/ fries  
Salad cup, pears  
10-12 Taco Salad, salsa, peaches, fresh fruit

22  
Ham, egg & Biscuit/fruit  
Chicken & noodle  
Corn bread  
Cali blend vegetable  
Tossed salad  
Fruit, Fresh fruit

23  
Breakfast pizza/fruit  
Steak fingers/ gravy  
Mashed potatoes, Salad,  
Roll  
Frozen fruit cup  
Blackeyed-peas

24  
Cinnamon Toast sticks/syrup  
Sausage link/ fruit  
Popcorn Chicken  
Salad, rolls  
Corn on cob  
Carrots sticks  
peaches

25  
Sausage biscuit/gravy  
Fruit  
Turkey & Cheese Wrap  
Lettuce & tomato, baked chips, fresh broccoli, pineapple chunks

28  
Super bun/cheese stick/ fruit  
Meatball sub  
chips  
Tossed salad  
Apple/orange wedges,

29  
Cereal/toast/fruit  
Oven fried chicken  
Sweet potato puffs  
Green beans  
Roll  
Variety fresh fruit

30  
Breakfast pizza/fruit  
chicken crispito, spinach salad, whole kernel corn, fruit

### DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

MILK SERVED DAILY WITH  
BREAKFAST AND LUNCH

"This institution is an  
equal opportunity  
provider."