

K-5 Menu

march 2015

monday

Morning breakfast
roll
Fruit
Taco soup, tortilla
chips
Tossed salad, salsa
peaches

2

super bun, cheese
stick, fruit
pepperoni pizza
tossed salad
apple/ orange wedges
oatmeal cookie

9

Breakfast burrito/fruit
Chicken strips, roll
Macaroni & cheese
Tossed salad/carrots
Strawberries &
bananas

16

SPRING
BREAK

23

Pan cake, sausage,
syrup, fruit
Chicken rings, roll
Baked fries
Carrot sticks
Strawberries &
bananas

30

tuesday

Pop tarts, cheese,
fruit
Chicken fajitas,salsa
lettuce, tomatoes,
bell pepper strips,
pinto beans,
orangewedges

3

Cereal, toast, fruit
Chicken nuggets
Sweet potato fries
Green beans
Wheat roll
Variety fresh fruit

10

Pancake on a stick,
fruit
Hoagie sandwich
Salad cup
Corn chips
Variety fresh fruit

17

SPRING
BREAK

24

Morning breakfast
roll, fruit
Chicken stir fry
Brown rice
Apple wedges
Fortune cookie

31

wednesday

Breakfast pizza, fruit
Steak fingers, gravy
Mashed potatoes
Blackeyed peas, roll
Tossed salad
Asst. fresh fruit

4

Breakfast pizza/ fruit
Frito chili pie
Carrots / ranch dip
Peaches
Rice krispy treat

11

Breakfast pizza/ fruit
Ravioli casserole
Whole kernel corn
Lettuce / tomatoes
Wheat bread
peaches

18

SPRING
BREAK

25

did you know?

The spring equinox is on March 20, which marks the start of the spring season.

thursday

Toast sticks, syrup,
cheese stix, fruit
Pizza pocket
Corn on cob
Lettuce / tomatoes
Steamed carrots
Assorted fruit

5

Donut twist/cheese
stick, fruit
Crispitos
Steamed vegetables
Tossed salad
Fresh fruit cup

12

Pot tart, cheese stick
Fruit
Chicken fried steak
Mashed potatoes
Gravy, roll, pinto
beans, fresh fruit

19

SPRING
BREAK

26

friday

Sausage, biscuit,
gravy
Fruit
Hamburger
Lettuce/tomato/
pickles
Oven fries
Pear halves

6

Sausage, biscuit, gravy
Fruit
Chicken sandwich
Potato wedges
Lettuce/tomato/pickle
Fresh vegetables/dip
Chilled mixed fruit

13

Sausage, biscuit,
gravy, fruit
Mini corn
dogs/mustard
Oven French fries
Carrot/celery
sticks/dip
Chilled mixed fruit

20

SPRING
BREAK

27