

Wellness Committee Meeting

9/13/17

12:00

Agenda

Welcome

Review the Health and Wellness Policy

Reviewing the Health and Wellness Policy is a task that is required at least every three years. We review our policy each year. The committee saw no changes that needed to be made and approved the Health and Wellness Policy for 2017-18.

Lunch Menus were discussed. The committee has several new student members and they were asked about the food in the cafeteria. The general consensus from them is that the ravioli is good along with the Frito Pie. They dislike the whole wheat bread, but they do like the smaller menu rotation.

Each school wellness committee completed their school health Index. Those results were compiled and brought to this wellness meeting. Those in attendance reviewed the results, but decided to wait until a later date to do goal setting and planning.

The committee said they liked the noon meeting time and suggested that we set up a schedule of meetings for the whole year.

The meeting ended at 1:00 p.m.