AVAN	AVANT ELEMENTARY LUNCH MENU			September 2016		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday Saturday	
				1	3	
				Burritos		
				Rice		
				Salsa		
				Fruit		
Choose My Plate gov				Milk		
4	5	6	7	8	10	
1% Unflavored Milk	NO SCHOOL	Meatloaf	Pizza	Meatball Subs		
FF Chocolate Milk		Carrots	Salad	Green Beans		
Offered Daily		Corn	Fruit	Corn		
		Fruit	Milk	Fruit		
		Milk		Milk		
11	12	13	14	15	17	
Reduced Fat	Taquitos	Chicken Strips	Beef Stroganoff	Fish Sticks		
Dressing	Chili Beans	Mixed Vegetables	Corn	Tater Tots		
is served with	Black-eyed Peas	Mashed Potatoes & gravy	Sliced Bread	Green Beans		
Salads &	Fruit	Fruit	Fruit	Fruit		
Fresh Vegetables	Milk	Milk	Milk	Milk		
18	19	20	21	22	24	
	Chicken Casserole	BBQ Sandwich	Chicken Spaghetti	NO SCHOOL		
	Baked Fries	Green Beans	Garlic Bread			
	Corn	Potato Salad	Mixed Vegetables			
	Fruit	Fruit	Fruit			
	Milk	Milk	Milk			
25	26	27	28	29		
	Tacos	Chili	Hot Dogs	Chicken Sandwich	"Avant Public	
	Chili Beans	Corn	Baked Fries	Mashed Potatoes	School Is An	
	Rice	Saltine Crackers	Carrots	Green Beans	Equal Opportunity	

	Frui	Fruit	Fruit	Fruit	Provider and	1
	Milk	Milk	Milk	Milk	Employer".	