

INDIVIDUALIZED HEALTHCARE PLAN (IHP) ASTHMA

STUDENT NAME: _____ **DOB** _____

Student Address:
Home Phone:
Parent/Guardian:
Day/Work Phone:
Healthcare Provider:
Provider Phone:
IHP Written By:

School:
Teacher/Counselor:
Grade:
IHP Date:
IEP Date:
Review Date(s):
ICD-9 Codes:

Parental/Guardian statement: *I/We have read this plan and agree to its implementation.*
 Signature: _____ Date: _____

Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcome
	Ineffective airway clearance associated with chronic inflammation causing bronchoconstriction and excessive mucus production.	<p>The student will assist in the development of an Asthma Action Plan with the parent and healthcare provider.</p> <p>The student will have his/her needed asthma medication available and easily accessible at school.</p> <p>The student will increase his/her ability to identify and manage environmental triggers.</p>	<p>Obtain an Asthma Action Plan from the parents/guardians and the healthcare provider.</p> <p>Identify the student's level of asthma severity by monitoring peak flows and asthma signs and symptoms to help in establishing priority for intervention.</p> <p>Ensure that quick-relief medication is easily and quickly available to the student</p>	<p>The student will have an Asthma Action Plan on file in the school health office to be used in developing an IHP and ECP.</p> <p>The student will demonstrate proper technique for using asthma medications and medication. delivery devices</p> <p>The student will assist in making sure that necessary medication is easily accessible and available.</p>

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Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
	Deficient knowledge about asthma and asthma self-care	The student will increase his/her knowledge about asthma and skills in asthma self-management, including the importance of adherence to the Asthma Action Plan and IHP to avoid asthma episodes and possible long-term harm to airways.	Educate teachers and other school personnel about the student's asthma, monitoring of student's symptoms, and means to implement the asthma management plan. Educate the student and family about: -characteristics of good control of asthma; -early recognition of signs and symptoms of an asthma exacerbation, interpretation of peak flow meter results, and actions to take to manage asthma symptoms; -student's asthma triggers and specific strategies to avoid or control exposure to -rights and responsibilities for self-carrying of inhaler medication	The student will identify symptoms of asthma. The student will identify early indications of an asthma exacerbation. The student will identify his/her asthma triggers and list strategies for how to avoid these or how to control exposure to them. The student will identify and describe responsibilities for self-carrying of medication and demonstrate safe use of self-carry medications. The student will periodically review with the school nurse and parent the effectiveness of his/her asthma management.

