

Treats - Soldiers love getting treats from back home, but remember that they need to be non-perishable. The key to sending treats is to make sure they are portable. Soldiers like to be able to carry snacks on them. This means looking for packaging that is smaller and won't burst open easily. You could also include zip lock bags so that your soldier can portion snacks.

Food and Drink - Sending food or drinks is a little trickier. The best things to send are things that are already prepared, things that will enhance the MREs they receive (Meals Ready to Eat) or quick sources of protein. Here are some ideas:

Toiletries - Lots of soldiers say that toiletries are also great to send, but be sure to check-in with your soldier on his or her specific needs. It may not seem that exciting to you, but the soldiers really appreciate receiving personal care items. Here are some things to send:

Entertainment - Entertainment options are great to send as soldiers have downtime to spend while they are not out on a mission.

Other Items - Other items that are frequently requested included below

Treats	Food and Drink	Toiletries	Entertainment	Other
• Snack bars (we send a lot of Moose Crunch Bars) • Small, hard containers of snacks • Snack cakes • Cheese crackers • Candy (avoid chocolate) • Gum • Sunflower seeds • Nuts • Trail mix • Chips of any kind • Gummies	• Ramen Noodles • Seasoning salt • Hot sauce • Flavoring packets for water • Individual packets of condiments • Powdered drink mix • Energy bars • Tuna fish • Beef Jerky • Summer Sausage • Instant Mac and Cheese • Tea bags • Peanut butter • Coffee Whole Bean or Ground • V8 • Perrier • Gatorade powder	• Toothbrushes • Toothpaste • Shaving lotion • Disposable razors • Shampoo • Mouthwash • Baby wipes • Lip Balm/gloss • Lotion • Pain relievers • Feminine hygiene products • Eye drops • Foot powder • Sunscreen • Glass cleaner or lens cleaning cloths (for cleaning sand off their glasses) • Axe Body Spray • Finger nail clippers • Q-Tips • First aid kits	• Letter writing supplies • Frisbees/balls • Holiday decorations • Board games • Cards • Books • Journals (Pilot Precise is often requested) • V5 Stick Rolling Ball Pens	• Ankle socks or boot socks • Work gloves • AAA batteries are also in demand • Cozy Shower Towels • Use your imagination (school appropriate)



Hugo Community!

We need your help!

The Hugo Intermediate School Student Council is hosting a **care package drive** for our active-duty soldiers. We will spend the next month **(Oct. 11-Nov. 11)** gathering supplies to ship in care packages to soldiers serving overseas. **Our hope is that these care packages will arrive in time for Christmas!**

You can see the attached list on the back of this page or visit his.hugoschools.com if you need ideas about how to help.

Along with the items listed on the back of this page we also need shoe boxes and monetary donations to cover the cost of shipping.

Please send all donations with a student of Hugo Intermediate School or deliver to Hugo Intermediate at 505 North 8th Street.

