

2018-2019 ALPINE ISD ATHLETIC HANDBOOK

The Alpine I.S.D. Athletic Department's purpose is to help student athletes grow into productive and successful citizens. The coaches of Alpine I.S.D. will help instill the values of teamwork, competition, dedication, commitment, and goal setting into each of our athletes. *Athletics is an extracurricular activity that is a privilege, not a right.* Our athletes will be leaders both in the classroom as well as during competition. As a result, the athletes of Alpine I.S.D. are to be held to a higher standard and will represent our school system and community in a positive manner. Our athletes will not do anything that will embarrass themselves, family, community, or their team.

School Policy

The Athletic Department will follow all of the rules and policies set by the State, the University Interscholastic League, as well as Alpine I.S.D.

Commitment and Attitude

When a student joins a team, the team becomes more important than one individual. Students need to understand that their personal needs may become secondary, however, every athlete's role on the team is important.

Sub-Varsity – In sub-varsity athletics, our purpose is to develop young athletes into athletes who can compete on the varsity level. In doing this, we will do our best to make sure all of the athletes on the sub-varsity team receives quality playing time in their sport, providing the athletes do what is required of them during the week and do not miss practice. There will be no "cuts" on the sub-varsity levels.

Varsity – In varsity athletics, we will place a great emphasis on winning. In doing this, we will not guarantee playing time to anybody. The athletes who we feel are best suited for the playing time will receive playing time. This does not mean that only the starters will play. It just means there will be no guarantees. Varsity teams are limited in size, and at times athletes may be cut or remain on sub-varsity teams. Seniors are not guaranteed varsity positions based on classification.

It is important that everyone on the team makes the commitment to be a positive part of the team whether they are a starter or substitute. All team members will be positive about their team, coaches, and school. We will not tolerate a negative attitude.

Year Round Participation

All Alpine I.S.D. strongly encourages athletes to participate and compete in athletics year round. This includes being in the athletic period both semesters for strength and conditioning purposes. Students are also encouraged to be involved in a sport both fall and spring semesters. Involvement can be but not limited to the following positions: trainers, managers, statisticians, filmers, etc. Year around participations allows us to keep a competitive edge and build cohesiveness within the athletic program.

Fall Sports

Cross Country
Volleyball (girls)
Football (boys)
*Powerlifting
*Basketball

Spring Sports

*Powerlifting
*Basketball
Track and Field
Baseball (boys)
Softball (girls)
Tennis
Golf

- Seniors who are involved in Dual Credit or that need classes only conducted during the athletic period may be excused from the class period. This is at the discretion of the Athletic Director, and must be approved prior to the season.

High School Athletic Periods

9^h Period- Girls Athletics
5th Period –Boys Athletics

Middle School Athletic Periods

6th Period- 7th and 8th Grade Girls Athletics
7^h Period- 7th and 8th Grade Boys Athletics

Drug Policy

All athletic participants will be subject to random drug testing pursuant to the policy adopted by Alpine ISD. (Policy is attached). All infractions and disciplinary actions are outlined in the attached policy.

Alcohol and Tobacco

We are not in the business of listening to hearsay or gossip. We will enforce this policy based on citation or arrest by law enforcement, or any act witnessed by a coach, school employee or administrator. This policy is in effect from August 1 until July 31 each year. All incidences that are brought before the athletic director, coaches or administrators will be investigated and appropriate action will be taken.

Alcohol

1st Offense – 1 week of suspension from competition and run the equivalent of 10 miles. All of the running must be completed before the student's next athletic contest.

2nd Offense – 2 week suspension from competition and the equivalent of 20 miles running. All of the running must be completed before the student's next athletic contest or reinstatement.

3rd Offense – Suspended for one entire calendar year. Suspensions run from date of offense to that date the following year.

Tobacco

1st Offense – Run the equivalent of 10 miles.

- 2nd Offense** – 1 game suspension, run the equivalent of 10 miles.
- 3rd Offense** – 2 game suspension, run the equivalent of 20 miles.
- 4th Offense** – the student/athlete will be suspended from athletics for 1 calendar year.

Respect

Athletes will address all coaches, teachers and administrators with respect. The head coach of the sport will deal with any disrespectful behavior. The punishment will be left up to the discretion of that coach. Before students are removed from a sport, the Athletic Director will be notified.

Absence From Practice

It is the students' responsibility to let the coaches know when they will be absent ahead of time. The coaching staff will work with athletes that are absent if the reason is justified. No student shall participate in extracurricular games or practice while in D.A.E.P.

Excused Absences (After School Workout)

Make up conditioning workout – how much is up to the discretion of the head coach.

Unexcused Absences (After School Workout)

1st Offense – the conditioning drills will be doubled from that day's conditioning workout.

2nd Offense – triples the conditioning, 1 game suspension.

3rd Offense – suspension for the rest of the season.

Athletic Travel

Athletes will travel to and from the athletic contest with the team, unless they have a written note from their parent or guardian **EXCLUSIVELY**.

Absence from School on Game Day

Excused Absences on Game Day- if an athlete is absent from school on a game day due to being at the doctor, dentist, funeral, etc., OR they are at another school-sponsored activity, they are eligible to play in their contest that day.

Quitting

The Alpine I.S.D. Athletic Department requires all student athletes to be committed to the program once they start. If a student athlete quits a sport during the competition period, the student will not be allowed to participate in another sport for one semester. The student will also be removed from the athletic period during the semester that they are suspended from participation. Once the time of suspension is over the student will be able to rejoin the athletic program after they are cleared to do so.

Students will be given a "try-out" period and during this time if they decide to leave that sport, they will be allowed to leave without penalty. The tryout period will consist of 8 scheduled practices.

The student athlete will have a 24-hour grace period to rejoin the team. This does not mean there will not be a consequence for any disrespectful behavior, or conduct unbecoming of a student athlete.

Theft

The athletic department will not tolerate stealing of any kind.

1st Offense – Run 10 miles, in addition to their normal workout.

2nd Offense – Suspension from their next athletic contest and will not be allowed to participate until they run 20 miles.

3rd Offense – The athlete will be suspended from that sport for rest of the season.

Sportsmanship

We expect our athletes to display sportsmanship at all times. If a student athlete receives a technical foul or unsportsmanlike conduct penalty, the student athlete will do extra conditioning, left up to the discretion of head coach of that program. Any athlete ejected from an athletic contest will be subject to ejection rules as outlined by the UIL.

Injuries

It is the student athlete's responsibility to inform the coaches when injuries occur. When possible, the coach will try to have the District Athletic Trainer assess the injury and prescribe the treatment. If the athletic trainer is not available, the coaches will do their best to correctly assess the injury and prescribe treatment. We recommend that the student athlete talk to the District Athletic Trainer before seeing a doctor in a non-emergency situation. If a medical doctor restricts an athlete from participation, the student athlete will not return to practice until there is written documentation from that doctor releasing the student athlete and therefore allowing them to participate. The decision on whether a student can participate in a game will be made by the coach, trainer or doctor. Injuries do not excuse a player from being at practice. Communication between the injured player and the coach is required.

Equipment Issue

All students are responsible for the equipment that is issued to them, and are also responsible for returning that equipment in good condition (not including normal wear). All lost equipment will be charged to the student at replacement cost.

The student athlete will be held financially responsible for any equipment that has been damaged, not deemed as normal wear.

All equipment must be turned in before that student athlete can enter another sport. This includes in-school practices.

Removal from Athletics

If a student athlete has given good reason to be removed from a team, the head coach of that sport and the Athletic Director must be notified, and reasons for removal are documented.

Some examples for, but not limited to, removal:

1. Excess absences
2. Skipping an athletic event
3. Disruption of team
4. Disrespect to the coaching staff
5. Quitting a sport in season

Reinstatement to Athletics

Students that have been removed from athletics due to misconduct or a discipline issue may be reinstated into athletics at the discretion of the Athletic Director.

When students miss a year of athletics, they are behind both mentally and physically. Students will be allowed to participate if they have completed the off-season training previous to that sport.

Missing out a year or several years from athletics may cause student athletes to get very little playing time if any, and they must prove themselves worthy of receiving playing time.

Earning a Letter

Trying out for a team does not guarantee a letter. In team sports, making the team and being a part of the team will generally constitute a letter. In sports such as track, tennis, power lifting, cross-country, golf, etc., the coach of that sport will decide if an individual has earned a letter. If the individual earns points at a district meet, he or she will have qualified for a letter. If a team only has a varsity, and no JV team is offered, an individual may not qualify for a letter. This will be left up to the discretion of the head coach.

2018-2019 Coaching Assignments

John Fellows- Athletic Director-Head Football Coach

Brian Adams- Head Volleyball and Head Tennis, Asst Girls Basketball

Eddie Barraza-Head Golf Coach

Albert DeLeon- MS Boys Coordinator; MS Basketball, MS Track, HS Football, MS Baseball

Frank Tobola- Football, HS Basketball, Track

Jerry Dominguez- Football, HS Asst Basketball, Asst Baseball

Andrew Fellows – Football, Head Girls' Track

Megan Fellows- MS Girls Coordinator; MS Volleyball, MS girls Basketball, MS Track, MS Softball

Monica Salmon- HS Volleyball, Girls Basketball, and HS Track

Lee Sanchez- Head Powerlifting, HS Football, Asst Track

Marco Gomez – Football, JH Basketball, Track, MS Baseball

Lori Hubbell- Athletic Trainer

Marta Huelsberg- Asst Cross Country, Asst Softball

Cory Cason - Head Cross Country and Track Coach

Adam Llenez- Head Baseball, Football

Bridgett Gonzales- Head Girls Basketball, Asst Volleyball, Head Softball

Hugh Morrissey- Head Boys Basketball, Football and Asst Baseball

Jacob Castaneda- Football, MS Basketball, MS Track

Zach Wilkerson- Football, Asst Powerlifting, Head Track

Amanda Bolanos-MS Volleyball, MS Girls Basketball, MS Track, MS Softball

Social Media Policy

Athletes are expected to maintain high standards in academic performance and comportment at all times. They serve as positive role models for the student body and in the community as representatives of our school and school district. One of the primary pedagogical purposes of athletes is to impart knowledge and skills to students so that they will learn and model the District's 10 Ethical Principles: honesty, integrity, promise-keeping, loyalty, concern for others, law-abidance/civic duty, respect for others, fairness, pursuit of excellence, and accountability. It is the goal of the athletic program to teach students to work successfully with others. This program helps students learn to build relationships, advocate for themselves in a socially appropriate manner, and work toward common goals- while having fun at the same time.

Cyberbullying, slander, threats, and harassing behavior targeting other athletes school staff, and other members of the student body will not be tolerated and may result in removal from the team.

Being a member of the team is a privilege, not a right. Any athletes who represents himself/herself, other team members, school staff, or members of the student body through electronic media (e.g., websites, personal home pages, blogs, text messages, chat rooms/applications) or using electronic communication devices (e.g., camera phones, digital phones, electronic descriptions) in a way that causes school officials to reasonably anticipate substantial disruption of, or material interference with, the activities of the organization or school will be subject to disciplinary actions determined by appropriate school officials and coach. Disciplinary action may include probation, suspension, or dismissal from the team. Furthermore, athletes may not engage in association such as retweeting, sub tweeting, favoriting, liking, reposting, etc. of materials involving lewd materials, obscene materials, violence, drugs, alcohol, tobacco, vaping, hazing, harassment targeting other students or staff members based on race, religion, national origin, disability, gender, including gender identification or sexual preference.

Incriminating photos, videos, or statements depicting any of the following will result in disciplinary action, up to and possibly including removal from the team 1) violence; 2) hazing; 3) prohibited harassment (based on race, religion, national origin, disability, gender); 4) lewdness including full or partial nudity; 5) inappropriate or profane gestures while in uniform and wearing other school insignia; 6) vandalism; 7) stalking; 8) underage drinking; 9) selling, possessing, or using controlled substance; 10) or any other criminal act or act punishable by law.



ALPINE INDEPENDENT SCHOOL DISTRICT

Becky McCutchen, Superintendent

704 W. Sul Ross Avenue
Alpine, Texas 79830
(432) 837-7700
FAX: (432) 837-7740

"Alpine ISD will provide our children with learning experiences to be responsible, productive, and successful citizens of an ever changing world."

Dear Parents/Guardians,

The District requires drug testing of any student in grades 7-12 who chooses to participate in school-sponsored extracurricular activities or requests a permit to park a vehicle on school property. School-sponsored extracurricular activities for which testing is required include all school-sponsored activities, programs, extracurricular activities, and those students requesting a permit to park a vehicle on school property. A student participating in these activities or requesting a parking permit shall be randomly tested throughout the school year.

A drug testing consent form is needed for your child to participate in any school-sponsored activity that is subject to random drug testing or to receive a permit to park a vehicle on school property. Your child will only be subject to drug testing if they are in a school sponsored activity or park a vehicle on school property.

The purpose of the drug-testing program is to prevent injury, illness, and harm resulting from the use of illegal and performance-enhancing drugs or alcohol; help enforce a drug-free educational environment; deter student use of illegal and performance-enhancing drugs or alcohol; and educate students regarding the harm caused by the use of illegal and performance-enhancing drugs or alcohol.

Drug test results shall be used only to determine eligibility for a parking permit and participation in extracurricular activities. Positive drug test results shall not be used to impose disciplinary sanctions or academic penalties. Nevertheless, nothing in this policy shall limit or affect the application of state law, local policy, or the Student Code of Conduct. A student who commits a disciplinary offence shall be subject to consequences in accordance with the Student Code of Conduct.

Drug-testing results shall be confidential and shall be disclosed only to the student, the student's parents, and designated District officials who need the information in order to administer the drug-testing program. Drug test results shall not be maintained with a student's academic record. Results shall not be otherwise disclosed except as required by law.

Further explanation of the drug-testing procedures FNF (LOCAL) is attached to this letter. Please call (432) 837-7700 if you have any questions.

Sincerely,

Becky McCutchen



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Estimados Padres /Tutores,

El Distrito requiere pruebas de drogas para cualquier estudiante en los grados 7-12 que decida participar en actividades extracurriculares patrocinadas por la escuela o solicita un permiso para estacionar un vehículo en la propiedad de la escuela. Las actividades extracurriculares patrocinadas por la escuela para las cuales se requieren pruebas incluyen todas las actividades patrocinadas por la escuela, programas, actividades extracurriculares y aquellos estudiantes que solicitan un permiso para estacionar un vehículo en la propiedad de la escuela. Un estudiante participando en estas actividades o solicitando un permiso de estacionamiento deberá ser evaluado al azar durante el año escolar.

Se necesita un formulario de consentimiento para que su hijo participe en cualquier actividad patrocinada por la escuela que esté sujeta a pruebas de drogas al azar o para recibir un permiso para estacionar un vehículo en la propiedad de la escuela. Su hijo solo estará sujeto a las pruebas de drogas si está en una actividad patrocinada por la escuela o estaciona un vehículo en la propiedad de la escuela.

El propósito del programa de pruebas de drogas es prevenir lesiones, enfermedades y daños resultantes del uso de drogas ilegales y las que mejoran el rendimiento o el alcohol; ayudar a tener un ambiente educativo libre de drogas; disuadir al alumno de consumir drogas ilegales y las que mejoren el rendimiento o el alcohol; y educar a los estudiantes sobre el daño causado por el uso de drogas ilegales y de las que mejoran el rendimiento o el alcohol.

Resultados de las pruebas de drogas solo se utilizaran para determinar la elegibilidad para participar en actividades extracurriculares. Resultados de las pruebas de drogas positivas no se utilizaran para imponer sanciones disciplinarias o sanciones académicas. Sin embargo, nada en esta póliza limitará o afectará a la aplicación de la ley estatal, la póliza local, o el Código de Conducta Estudiantil. Un estudiante que comete una infracción disciplinaria estará sujeto(a) a consecuencias de conformidad con el Código de Conducta Estudiantil.

Resultados de pruebas de Drogas serán confidenciales y sólo se comunicarán al estudiante, los padres del estudiante, y los funcionarios del Distrito designados que necesitan la información con el fin de administrar el programa de pruebas de drogas. Resultados de las pruebas de drogas no se mantendrán con el expediente académico del estudiante. Los resultados no serán divulgados de otro modo excepto cuando sea requerido por la ley.

Una explicación más detallada de los procedimientos de análisis de drogas, la FNF (LOCAL), se adjunta a esta carta.

Por favor, llame al (432) 837-7700 si tiene alguna pregunta.

Sinceramente,

Becky McCutchen

Substances for Which Tests are Conducted
Sustancias para las Cuales se Realizan Pruebas

Alpine ISD will test for the following:

El distrito de Alpine probará para lo siguiente:

- THC - Marijuana
- COC - Cocaine
- PCP - Phencyclidine
- OPI - Opiates
- AMP – Methamphetamine
- Alcohol
- Steroids

- THC - Marihuana
- COC - Cocaína
- PCP - Fenciclidina
- OPI - Opiáceos
- AMP - Metanfetamina
- Alcohol
- Esteroides

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Interrogations

By School Officials

Administrators, teachers, and other professional personnel may question a student regarding the student's own conduct or the conduct of other students. In the context of school discipline, students have no claim to the right not to incriminate themselves.

By Police or Other Authorities

For provisions pertaining to student questioning by law enforcement officials or other lawful authorities, see GRA(LOCAL).

Searches

Desks and Lockers

Desks, lockers, and similar items are the property of the District and are provided for student use as a matter of convenience. Lockers and desks are subject to blanket searches or inspections by District administrators. Searches or inspections may be conducted at any time and without notice. Students shall be fully responsible for the security and contents of desks or lockers assigned to them. Students shall make certain that lockers are locked and that the keys or combinations are not given to others. Students shall not place or keep in a desk or locker any article or material prohibited by law, District policy, or the Student Code of Conduct. Students shall be held responsible for any prohibited items found in their desks or lockers.

Vehicles

Students shall be fully responsible for the security and contents of vehicles parked on school property. Students shall make certain that their parked vehicles are locked and that the keys are not given to others. Students shall not place or keep in a vehicle on school property any article or material prohibited by law, District policy, or the Student Code of Conduct.

If there is reasonable cause to believe that a vehicle on school property contains contraband, it may be searched by school officials or by personnel whose services have been engaged by the District to conduct such searches. Students shall be held responsible for any prohibited items found in their vehicles on school property.

If a vehicle subject to search is locked, the student shall be asked to unlock the vehicle. If the student refuses, the District shall contact the student's parents. If the parents also refuse the search, the District may contact local law enforcement officials and turn the matter over to them, or the District may conduct the search.

Use of Trained Dogs

The District shall use specially trained nonaggressive dogs to sniff out and alert officials to the current presence of concealed prohibited items, illicit substances defined in FNCF(LEGAL), and alcohol. This program is implemented in response to drug- and alcohol-related problems in District schools, with the objective of maintaining a safe school environment conducive to education.

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Such visits to schools shall be unannounced. The dogs shall be used to sniff vacant classrooms, vacant common areas, the areas around student lockers, and the areas around vehicles parked on school property. The dogs shall not be used with students. If a dog alerts to a locker, a vehicle, or an item in a classroom, it may be searched by school officials. Searches of vehicles shall be conducted as described above.

Notice

At the beginning of the school year, the District shall inform students of the District's policy on searches, as outlined above, and shall specifically notify students that:

1. Lockers may be sniffed by trained dogs at any time.
2. Vehicles parked on school property may be sniffed by trained dogs at any time.
3. Classrooms and other common areas may be sniffed by trained dogs at any time when students are not present.
4. If contraband of any kind is found, the possessing student shall be subject to appropriate disciplinary action in accordance with the Student Code of Conduct.

Parent Notification

The student's parent or guardian shall be notified if any prohibited articles or materials are found in a student's locker, in a student's vehicle parked on school property, or on the student's person, as a result of a search conducted in accordance with this policy.

Mandatory Drug-
Testing Program

The District requires drug testing of any student in grades 7–12 who chooses to participate in school-sponsored extracurricular activities or requests a permit to park a vehicle on school property.

Covered Activities

School-sponsored extracurricular activities for which testing is required include all school-sponsored activities, programs, extracurricular activities, and those students requesting a permit to park a vehicle on school property.

Scope

A student participating in these activities or requesting a parking permit shall be tested for the presence of illegal drugs and alcohol at the beginning of each school year, prior to receiving a parking permit, and prior to joining an extracurricular program at any time during the school year.

In addition, students shall be randomly tested throughout the school year.

Purpose

The purposes of the drug-testing program are to prevent injury, illness, and harm resulting from the use of illegal and performance-enhancing drugs or alcohol; help enforce a drug-free educational environment; deter student use of illegal and performance-

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	<p>enhancing drugs or alcohol; and educate students regarding the harm caused by the use of illegal and performance-enhancing drugs or alcohol.</p>
Distribution of Policy	<p>The District shall provide each parent and student a copy of the drug-testing policy and consent form prior to the student's participation in an affected activity or receipt of a parking permit.</p>
Orientation Meetings	<p>The District shall conduct meetings with parents and interested student participants prior to the beginning of each semester.</p> <p>Students who enroll in the District after the orientation meeting has been conducted shall be provided an orientation meeting upon enrollment and prior to participation in school-sponsored activities, programs, and extracurricular activities and prior to receiving a permit to park a vehicle on school property.</p> <p>District employees shall explain the drug-testing program, review the policy and consent form, and provide an educational presentation on the harmful effects of drug and alcohol abuse.</p> <p>Student attendance at the orientation meeting is mandatory. Parent attendance at an orientation meeting is not required.</p>
Consent	<p>Before a student is eligible to participate in extracurricular activities or to receive a parking permit, the student shall be required annually to sign a consent form agreeing to be subject to the rules and procedures of the drug-testing program. If the student is under the age of 18, the student's parent or guardian shall also sign a consent form. If appropriate consent is not given, the student shall not be allowed to participate in extracurricular activities or to receive a parking permit.</p>
Use of Results	<p>Drug test results shall be used only to determine eligibility for a parking permit and participation in extracurricular activities. Positive drug test results shall not be used to impose disciplinary sanctions or academic penalties.</p> <p>Nevertheless, nothing in this policy shall limit or affect the application of state law, local policy, or the Student Code of Conduct. A student who commits a disciplinary offense shall be subject to consequences in accordance with the Student Code of Conduct.</p>
Confidentiality	<p>Drug-testing results shall be confidential and shall be disclosed only to the student, the student's parent, and designated District officials who need the information in order to administer the drug-testing program. Drug test results shall not be maintained with a student's academic record. Results shall not be otherwise disclosed except as required by law.</p>

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Testing Laboratory	<p>The Board shall contract with a certified drug-testing laboratory to conduct testing of students' urine samples.</p> <p>Testing laboratories shall not release statistics regarding the rate of positive drug tests to any person or organization without consent of the District.</p>
Substances for Which Tests Are Conducted	<p>The District shall make available to students and parents a list of the exact substances for which tests will be conducted.</p>
Collection Procedures	<p>Personnel from the drug-testing laboratory shall collect urine samples under conditions that are no more intrusive than the conditions experienced in a public restroom. When selected for testing, a student shall be escorted to the school's testing site by a District employee and shall remain under employee supervision until the student provides a sample. A student shall produce a sample within a closed restroom stall. A District employee of the same gender as the student shall be present when any samples are collected.</p>
Random Testing	<p>Random tests shall be conducted on as many as 20 dates throughout the school year.</p> <p>No less than ten percent and no more than 50 percent of the students participating in the program shall be randomly selected for each random test date. The drug-testing laboratory shall use a random selection method to identify students chosen for random testing. Students shall not receive prior notice of the testing date or time.</p>
Refusal to Test or Tampering	<p>A student who refuses to be tested when selected or who is determined to have tampered with a sample shall be deemed to have a positive test result and shall be subject to the appropriate consequences depending on previous positive test results, if any.</p> <p>If a student is absent on the day of the random test, a sample shall be collected on the next random testing date.</p>
Confirmation of Positive Results	<p>An initial positive test shall be confirmed by a second test of the same specimen before being reported as positive.</p> <p>Upon receiving results of a positive drug test, the District shall schedule a meeting with the student, the student's parent if the student is under the age of 18, and the coach or sponsor of the extracurricular activity to review the test results and discuss consequences.</p> <p>The student or parent shall have three school days following the meeting to provide a medical explanation for a positive result.</p>

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<i>Retesting</i>	If the student wishes to return to participation in extracurricular activities or have a parking permit reinstated after any applicable consequences, the student must be retested at the end of the period of suspension and have a negative test result; following that, the student shall be retested on every random test date so long as the student wishes to participate in extracurricular activities or park a vehicle on school property.
Drug Abuse Prevention	The District shall notify the parent and student of drug and alcohol abuse prevention resources available in the area.
Consequences	Consequences of positive test results shall be cumulative through the student's enrollment in the District.
<i>First Offense</i>	<p>Upon a first offense of receiving a confirmed positive drug test, a student shall be suspended from any extracurricular activity, and the student's parking permit shall be suspended, for 21 calendar days following the date the student and parent are notified of the test results.</p> <p>During the period of suspension, the student may participate in practices but not in any competitive activities or performances.</p>
<i>Second Offense</i>	<p>Upon a second offense of receiving a confirmed positive drug test, a student shall be suspended from any extracurricular activity, and the student's parking permit shall be suspended, for 45 calendar days following the date the student and parent are notified of the test results.</p> <p>During the period of suspension, the student may participate in practices but not in any competitive activities or performances.</p>
<i>Third Offense</i>	<p>Upon a third offense of receiving a confirmed positive drug test, a student shall be suspended from participation in any extracurricular activity, and the student's parking permit shall be suspended, for one calendar year following the date the student and parent are notified of the test results.</p> <p>During the period of suspension, the student shall not be permitted to participate in practices.</p>
<i>Fourth Offense</i>	Upon a fourth offense of receiving a confirmed positive drug test, a student shall be permanently barred from participation in any extracurricular activity, and the student's parking permit shall be suspended for the remainder of the student's enrollment in the District.
<i>End-of-Semester Suspensions</i>	If a student's suspension from participation in extracurricular activities and parking privileges is not completed by the end of the semester, the student shall complete the assigned period of suspen-

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sion during the following semester or during the first semester of the following school year.

Appeals

A student or parent may appeal a decision made under this policy in accordance with FNG(LOCAL). The student shall be ineligible for participation in extracurricular activities or reinstatement of parking privileges while the appeal is pending.

**ALPINE INDEPENDENT SCHOOL DISTRICT
STUDENT RANDOM DRUG TESTING CONSENT FORM**

**FOR THOSE STUDENTS PARTICIPATING OR INTENDING IN EXTRA CURRICULAR
ACTIVITIES OR REQUESTING A PERMIT TO PARK ON SCHOOL PROPERTY**

Student's Full Name Printed (Last, First, Middle)

Student ID Number

Grade

As a parent or guardian of a student enrolled in Alpine ISD, I have read and understand Alpine ISD's policy regarding random student drug testing.

My child participates in extracurricular activities or parks a vehicle on school property. I understand that my child will be asked to provide a urine sample for drug analysis. I consent to such testing as part of the District's drug and alcohol testing policy.

I also understand that while my child cannot be compelled to produce a specimen, the giving of a specimen, when requested by the District, is a condition of my child's continuing to participate in extracurricular activities.

I understand that if a test of my child's specimen reveals an unexplained presence of drugs, the District will withdraw the privilege of participating in extracurricular activities as described in FNF (LOCAL) Policy. I understand that refusal to submit to a test will have the same consequence as if my child had tested positive.

We (the student and Parents/Guardians) have read and understand the Alpine Independent School District FNF (LOCAL) Policy and the Student Random Drug Testing Consent Form.

We desire to participate in the drug-testing program offered by the District, and we hereby agree for him or her to be subject to its terms. We accept the method of obtaining urine samples, testing, and analysis of such specimens, and all other aspects of the program. We further agree and consent to the reporting of the results as provided in the program.

Signature of Student

Date

Signature of Parent or Custodial Guardian

Date

**EL DISTRITO ESCOLAR DE ALPINE
FORMULARIO DE CONSENTIMIENTO PARA LAS PRUEBAS AL AZAR PARA EL USO DE
DROGAS DE ESTUDIANTES**

**PARA LOS ESTUDIANTES QUE PARTICIPEN O TIENEN LA INTENCIÓN DE
ACTIVIDADES EXTRA CURRICULARES O QUE SOLICITEN UN PERMISO PARA
ESTACIONAR UN VEHÍCULO EN LA PROPIEDAD ESCOLAR**

Nombre de Estudiante Imprimir por favor (apellido, y lo nombre primero)

Número de identificación del estudiante

Grado

Como el padre o tutor de un estudiante matriculado en el distrito escolar de Alpine, yo he leído y entiendo la póliza del distrito en cuanto a las pruebas administradas al azar para el uso de drogas.

Mi hijo participa en actividades extracurriculares o estaciona un vehículo en la propiedad de la escuela. Yo entiendo que le pedirán a mi hijo/a que de una muestra de orina para ser analizada para el uso de drogas. Yo doy mi permiso para esta prueba como parte de la póliza del distrito para las pruebas para el uso de drogas del distrito.

Yo entiendo que si una prueba de muestra de mi hijo revela una presencia inexplicable de drogas, el Distrito le retirara el privilegio de participar en actividades extracurriculares como se describe en la póliza FNF (LOCAL). Entiendo que si se niega a someterse a una prueba tendrá las mismas consecuencias que si mi hijo hubiera dado resultado positivo de drogas.

Nosotros (el estudiante y los padres/tutores) hemos leído y entendido la póliza FNF (LOCAL) y el Consentimiento para la prueba de la drogas del Estudiante al azar del Distrito Escolar Independiente de Alpine.

Deseamos participar en el programa de pruebas de drogas ofrecido por el Distrito, y estamos de acuerdo para que el o ella esté sujeto a sus términos. Aceptamos el método de obtención de muestras de orina, pruebas y análisis de dichas muestras, y todos los otros aspectos del programa. También estamos de acuerdo y consentimos para la comunicación de los resultados según lo dispuesto en el programa.

Firma del Estudiante

Fecha

Firma del Padre/Tutor

Fecha

Disclaimer

The Alpine I.S.D. Athletic Policy does not cover all situations that may arise. It serves as a guideline for the expectations of student athlete behavior. All final interpretations of this athletic policy are to be made by the Athletic Director.

ALPINE INDEPENDENT SCHOOL DISTRICT ATHLETIC POLICY

STUDENT ACKNOWLEDGEMENT

Student Name _____

- 1) I have read and am familiar with the Alpine I.S.D. Athletic Policy.
- 2) I understand that participation in extracurricular athletics in Alpine ISD requires abiding by the rules and policies put forth in the Alpine ISD Athletic Policy.
- 3) I agree to abide by the rules and policies put forth in the Alpine ISD Athletic Policy.

Signature _____ Date _____

PARENT/GUARDIAN ACKNOWLEDGEMENT

Parent/Guardian Name _____

- 1) I have read and am familiar with the Alpine I.S.D. Athletic Policy.
- 2) I understand that participation in extracurricular athletics in Alpine ISD requires abiding by the rules and policies put forth in the Alpine ISD Athletic Policy.
- 3) I agree to abide by the rules and policies put forth in the Alpine ISD Athletic Policy.

Signature _____ Date _____

Request for Removal from a Sport or Athletics

I, _____, have decided after careful

consideration to remove myself from the Alpine ISD sport of _____.

I have been given a 24-hour consideration period to re-evaluate my decision. I feel that the best decision for me and my teammates is to quit. I understand that by quitting, I will forfeit any participation in other sports until the current sport season is complete.

I can return to athletic participation only with the Athletic Director's approval. I also understand that if I quit any other sport, I may forfeit any future participation in the athletic program.

Reason for quitting: _____

Name: _____

Signature: _____

Parent/Guardian Name: _____

Signature: _____