

LUNCH -- Milk Offered
Students K-5 must have 1/2 cup of fruit or vegetable and 2 other components.

ELEMENTARY JANUARY 2019

BREAKFAST - Milk Offered
Students must have 1/2 cup fruit or juice at breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4 Mini French Toast OR Cereal Bar / String Cheese A. Cheese Pizza B. Pretzel / Yogurt Garden Fresh Salad Baby Carrots / Red Pepper Strips Fresh Cauliflower Steamed Peas Diced Peaches
This institution is an equal opportunity provider.	7 Mini Pancake / Yogurt OR Cereal / Crackers A. Cheese Ravioli W/ Marinara B. Mini Pancakes / Yogurt Garden Salad Roasted Vegetables Cucumber Slices Baby Carrots Diced Pears	8 Breakfast Burrito OR Cereal Bar / String Cheese A. Super Nachos B. Uncrustable / String Cheese Shredded Lettuce Diced Tomatoes / Salsa Spanish Rice/ Corn Black Beans Mixed Berry Lemon Cup	9 Banana Bread Slice OR Cereal / Yogurt A. Chicken Strips Hot Roll W / Jelly B. Mini Waffles / Yogurt Scalloped Potatoes Tossed Salad / Cucumber Slices Green Beans / Fresh Cauliflower Fruit Cocktail	10 Sausage Cheese Biscuit OR Cereal / Crackers A. Pulled Pork on Bun B. Uncrustable / String Cheese Cole Slaw Baked Beans Baby Carrots / Grape Tomatoes Sweet Potato Fries Mandarin Oranges	11 Cereal Bar / String Cheese OR Cereal / Yogurt A. Corn Dog B. Pretzel / Yogurt Fresh Broccoli Green Pepper Strips Winter Mix Vegetables Tater Tots Pineapple Chunks
	We will be offering a different Salad or Wraps and Uncrustable optional entree EVERYDAY	14 Pancake on Stick W / Syrup OR Cereal / Crackers Chicken Alfredo Breadstick B. Mini Waffles / Yogurt Garden Spinach Salad Baby Carrots Steamed Broccoli Peach Slices	15 Strawberry Cream Cheese Mini Bagel OR Cereal Bar / String Cheese A. Chili / Crackers Cinnamon Roll B. Uncrustable / String Cheese Tossed Salad Baby Carrots Celery Sticks Pear Slices	16 Ham & Cheese Bar OR Cereal / Yogurt A. Salisbury Steak Hot Roll W / Jelly B. Mini Pancakes / Yogurt Mashed Potatoes / Gravy Tossed Salad / Green Peppper Strips Steamed Carrots Applesauce	17 Biscuit & Gravy Or Cereal / Crackers A. Ribette on Bun B. Uncrustable / String Cheese Sliced Onion / Tossed Salad Red Pepper Strips / Cucumbers slices Baked Beans/ Roasted Veggies Tri Tater Tropical Fruit
Menu items are subject to change without notice.	21 NO SCHOOL	22 Mini Waffles / Yogurt OR Cereal / Crackers A. Crispito W/ Cheese Sauce B. Uncrustable / String Cheese Shredded Lettuce Diced Tomatoes / Salsa Cucumber Slices Pear Slices	23 Asst. Muffin OR Cereal / Yogurt A. Biscuit & Gravy / Sausage Patty B. Mini Pancakes / Yogurt Tri Tater Tossed Salad / Baby Carrots Mixed Vegetables Orange Wedges	24 Sausage Cheese Biscuit OR Cereal / Crackers A. Turkey & Cheese Sub B. Uncrustable / String Cheese Lettuce Leaves / Sliced Tomatoes Onion Slices / Green Pepper Strips California Veggies / Tater Tots Pineapple Slices	25 Cinnamon Cream Cheese Mini Bagel OR Cereal Bar / String Cheese A. Pepperoni Pizza B. Pretzel / Yogurt Tossed Salad Fresh Broccoli / Cauliflower Steamed Peas Cinnamon Applesauce
	Free and Reduced Price Meal information and application can be obtained by contacting the Food Service Office.	28 Breakfast Pizza OR Cereal Bar / String Cheese A. Spaghetti W / Meatsauce B. Mini Waffles / Yogurt Tossed Salad Baby Carrots / Sliced Cucumbers Roasted Broccoli Pineapple Chunks	29 Choc. Chip Benefit Bar OR Cereal / Crackers A. Taco Salad B. Uncrustable / String Cheese Shredded Lettuce / Cheese Diced Tomatoes / Salsa Refried Beans / Corn Peach Slices	30 Breakfast Burrito OR Cereal / Crackers A. Chicken Steak Fingers Hot Roll W / Jelly B. Mini Pancakes / Yogurt Mashed Potatoes / Gravy Tossed Salad / Baby Carrots Hawaiian Tropical Fruit	31 Muffin/ Yogurt OR Cereal Bar/ String Cheese A. Cheese Burger on Bun B. Uncrustable / String Cheese Lettuce Leaves / Sliced Tomatoes Pickles/ Onion Slices Baby Carrots/ French Fries Jello Apple Slices