

LUNCH -- Milk Served
 Students 6-8 must have 1/2 cup of fruit or vegetable and 2 other components. Students 9-12 must have 1 cup of fruit or vegetable and 2 other components.

H/S & M/S February 2018

BREAKFAST - Milk Served
 Students must have 1/2 cup fruit or juice at breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
WW - Whole Wheat WG - Whole Grain				1 Biscuit & Gravy <u>OR Cereal / Crackers</u> Hamburger on Bun Lettuce leaves Tomato / Onion Slices Cheesy Cauliflower Tri Tater Tropical Fruit Opt. Entrée Fiesta Chicken Wrap	2 Cherry Frudel Strudel <u>OR Cereal / Crackers</u> Chicken Nuggets Scalloped Potatoes Tossed Salad Fresh Broccoli / Green Pepper Strips Winter Mix Vegetable Pineapple Chunks Opt. Entrée Spicy Chicken Salad
This institution is an equal opportunity provider.	5 Mini Chocolate Chip Fench Toast <u>OR Cereal / Crackers</u> Meatball Sub Garden Spinach Salad Roasted Cauliflower Baby Carrots / Cucumber Slices Green Pepper Strips Diced Pears Opt. Entrée Caesar Chicken Salad	6 Breakfast Burrito <u>OR Cereal / Yogurt</u> Super Nachos Shredded Lettuce Diced Tomatoes Spanish Rice / Black Beans Chuck Wagon Corn / Salsa Fruit Cocktail Opt. Entrée Veggie Wrap	7 Pancake Stick W/ Syrup <u>OR Cereal / Crackers</u> Chicken Patty Hot Roll W/ Jelly Mashed Potatoes W/ Gravy Tossed Salad / Grape Tomatoes Steamed Carrots Jello Apple Slices Opt. Entrée Buffalo Chicken Salad	8 Sausage Cheese Biscuit <u>OR Cereal / Crackers</u> Turkey & Cheese Sub Lettuce Leaves / Pickles Tomato / Onion Slices Roasted Veggies Tater Tots Peach Slices Opt. Entrée Caesar Chicken Wrap	9 Mini Strawberry Cream Cheese Bagel <u>OR Cereal / Crackers</u> Cheese Pizza Garden Fresh Salad Steamed Peas Baby Carrots Red Pepper Strips Rosey Applesauce Opt. Entrée Fiesta Chicken Salad
	We will be offering a different Salad or Wraps and Uncrustable optentree EVERYDAY	12 Grape Filled Crescent <u>OR Cereal / Crackers</u> Spaghetti / Meatsauce Breadstick Fresh Spinach Salad Roasted Broccoli Baby Carrots / Red Pepper Strips Pineapple Slices Opt. Entrée Ham Chef Salad	13 Mini Strawberry Cream Cheese Bagel <u>OR Cereal Bar / String Cheese</u> Taco Burger Shredded Lettuce / Cheese Tomato / Onion Slices Corn / Salsa Fresh Broccoli / Cauliflower Applesauce Opt. Entrée Buffalo Wrap	14 Muffin <u>OR Cereal / Yogurt</u> Chicken Drum Stick Twiced Mashed Potatoes Hot Roll W/ Jelly Green Beans Baby Carrots / Celery Sticks Mandarin Oranges Opt. Entrée Spicy Salad	15 Biscuit & Gravy <u>OR Cereal / Crackers</u> Grilled Chicken on Bun Lettuce Leaves / Pickles Tomato / Onion Slices Steamed Peas / Fries Cucumber Slices / Green Pepper Strips Pineapple Cherry Oranges Cup Opt. Entrée BLT Turkey Wrap
Menu items are subject to change without notice.	NO SCHOOL	20 Mini Pancakes / Yogurt Cup <u>OR Cereal / Crackers</u> Crispito W/ Cheese Sauce Shredded Lettuce Diced Tomatoes / Salsa Refried Beans / Chuck Wagon Veggies Hawaiian Tropical Fruit Opt. Entrée Spicy Chicken Wrap	21 Chocolate Filled Crescent <u>OR Cereal / Yogurt</u> Salisbury Steak Mashed Potatoes W/ Gravy Hot Roll W/ Jelly / Green Beans Fresh Broccoli / Baby Carrots Peach Slices Opt. Entrée Fiesta Chicken Salad	22 Sausage Cheese Biscuit <u>OR Cereal / Crackers</u> Ribette on Bun Tossed Salad / Onion Slices Lima Beans / Tri Tater Red Pepper Strips / Cauliflower Fruit Cocktail Opt. Entrée Caesar Wrap	23 Ham & Cheese Bar <u>OR Cereal Bar / String Cheese</u> Pepperoni Pizza Garden Fresh Salad Steamed Vegetables Baby Carrots / Fresh Broccoli Cinnamon Applesauce Opt. Entrée Spicy Chicken Salad
Free and Reduced Price Meal information and application can be obtained by contacting the Food Service Office.	26 Breakfast Pizza <u>OR Cereal Bar / String Cheese</u> Bosco Stick W/ Marinara Garden Spinach Salad Roasted Vegetables Baby Carrots / Cucumber Slices Pineapple Chunks Opt. Entrée Buffalo Chicken Salad	27 Apple Frudel Strudel <u>OR Cereal / Crackers</u> Taco Salad Shredded Lettuce / Corn Diced Tomatoes / Salsa Spanish Rice / Refried Beans Diced Pears Opt. Entrée Caesar Wrap	28 Mini French Toast <u>OR Cereal / Yogurt</u> Biscuit & Gravy Sausage Patty Mixed Veggies / Skillet Potatoes Tossed Salad / Baby Carrots Strawberry & Bananas Opt. Entrée Turkey Chef Salad		