

LUNCH -- Milk Offered
Students K -5 must have 1/2 cup of fruit or vegetable and 2 other components.

Elementary February 2019

BREAKFAST - Milk Offered
Students must have 1/2 cup fruit or juice at breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
WW - Whole Wheat WG - Whole Grain					1 Chocolate Bread Slice OR Cereal / Crackers A. Corn Dog B. Pretzel / Yogurt Red Pepper Strips Tossed Salad Fresh Broccoli / Tri Tater Roasted German Vegetables Fruit Cocktail
This institution is an equal opportunity provider.	4 Mini Chocolate Chip Fench Toast OR Cereal / Crackers A. Meatball Sub B. Mini Waffles / Yogurt Garden Spinach Salad Roasted Cauliflower Cucumber Slices Baby Carrots Diced Pears	5 Breakfast Burrito W Salsa OR Cereal / Yogurt A. Super Nachos B. Uncrustable / String Cheese Shredded Lettuce Diced Tomatoes Spanish Rice / Refried Beans Chuck Wagon Vegetables Tropical Fruit	6 Pancake Stick W/ Syrup OR Cereal / Crackers A. Chicken Patty Hot Roll W/ Jelly B. Mini Pancakes / Yogurt Mashed Potatoes / Gravy Tossed Salad / Grape Tomatoes Roasted Carrots Jello Apple Slices	7 Sausage Cheese Biscuit OR Cereal / Crackers A. Turkey & Cheese Sub B. Uncrustable / String Cheese Lettuce Leaves/ Tomato Slices Onion Slices/ Celery Sticks Roasted Veggies Tater Tots Peach Slices	8 Mini Cinnamon Cream Cheese Bagel OR Cereal / Crackers A. Cheese Pizza B. Pretzel / Yogurt Garden Fresh Salad Steamed Peas Red Pepper Strips Baby Carrots Applesauce
	There are two entree options available daily.	11 Grape Filled Crescent OR Cereal / Crackers A. Calzone Meat Combo B. Mini Waffles / Yogurt Fresh Spinach Salad Roasted Broccoli Baby Carrots Red Pepper Strips Pineapple Slices	12 Cinnamon Bread Slice OR Cereal Bar / String Cheese A. Chicken Quesadilla B. Uncrustable / String Cheese Cheese Sauce/ Salsa Shredded Lettuce/ Diced Tomatoes Fresh Broccoli / Cauliflower Corn / Black Beans Rosey Applesauce	13 Muffin/ Yogurt OR Cereal / Yogurt A. Chicken Drum Stick Hot Roll W/ Jelly B. Mini Pancakes / Yogurt Twiced Mashed Potatoes Steamed Peas/ Tossed Salad Baby Carrots / Celery Sticks Mandarin Oranges	14 Ham & Cheese Bar OR Cereal / Crackers A. Grilled Chicken on Bun B. Uncrustable / String Cheese Lettuce Leaves / Tomato Slices Cucumber Slices / Green Pepper Strips Onion Slices/ French Fries Steamed Carrots Pineapple Cherry Orange Cup
Menu items are subject to change without notice.		18 NO SCHOOL	19 Mini Pancakes / Yogurt OR Cereal / Crackers A. Crispito W / Cheese Sauce B. Uncrustable / String Cheese Shredded Lettuce Diced Tomatoes / Salsa Refried Beans / Chuck Wagon Vegetables Hawaiian Tropical Fruit	20 Breakfast Pizza OR Cereal / Yogurt A. Salisbury Steak / Hot Roll W/ Jelly B. Mini Pancakes / Yogurt Mashed Potatoes W/ Gravy Green Beans Fresh Broccoli / Baby Carrots Peach Slices	21 Banana Bread Slice OR Cereal / Crackers A. Ribette on Bun B. Uncrustable / String Cheese Tossed Salad/ Onion Slices Lima Beans / Red Pepeer Strips Tri Tater/ Steamed Cauliflower Fruit Cocktail
	Free and Reduced Price Meal information and application can be obtained by contacting the Food Service Office.	25 Breakfast Pizza OR Cereal Bar / String Cheese A. Bosco Stick W/ Marinara B. Mini Waffles / Yogurt Garden Spinach Salad Roasted Vegetables Baby Carrots / Cucumber Slices Pineapple Chunks	26 Apple Frudel Strudel OR Cereal / Crackers A. Taco Salad/ Shredd Cheese B. Uncrustable / String Cheese Shredded Lettuce / Corn Diced Tomatoes / Salsa Spanish Rice / Black Beans Diced Pears	27 Zucchini Bread Slice OR Cereal / Yogurt A. Chicken Strips Hot Roll W/ Jelly B. Mini Pancakes / Yogurt Mixed Veggies / Sweet Potatoe Fries Tossed Salad / Baby Carrots Strawberry & Bananas	28 Cereal Bar/ String Cheese OR Cereal / Crackers A. Chicken Patty on Bun B. Uncrustable / String Cheese Lettuce Leaves/ Tomato Slices Onion Slices/ Green Pepper Strips Cheesy Cauliflower/ Tri Tater Tropical Fruit