Dear Parents:

Each year, the Idalou Athletic Program requires athletes to provide the following information: current address, emergency contacts, insurance info, medical alert info, medical history, and a physical if needed. To expedite this process, Idalou ISD now uses an online data entry system called SportsWare. It is required that every athlete 7-12 complete registration with SportsWare. Parents will need to help fill out the forms and verify all info is correct. All forms will need to be on file before participation.

Physicals

The following athletes must have a physical before participation:

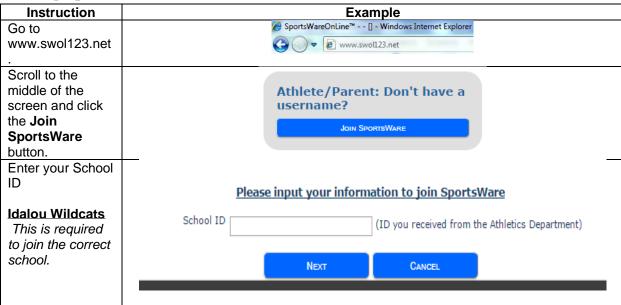
- All incoming 2020-21 7th graders (current 6th graders)
- Any athlete that has never had a physical before
- Any athlete who answers "yes" to any of questions 1-6 on the Medical History Form

A link for this year's physical will be posted below, which can be printed off. If you do not have access to a printer, blank physical sheets can be picked up during your junior high pick up Monday May 18, 2020 from 9:00 am to 12:00 pm.

Print Physical Link Here: https://www.uiltexas.org/files/athletics/forms/PrePhysFormRvsd4 24 20.pdf

To enter your information, visit www.swol123.net. The first time you visit the website you will need to click on "Join SportsWare" at the right side of the page. Then begin following the instructions below:

Joining SportsWareOnLine



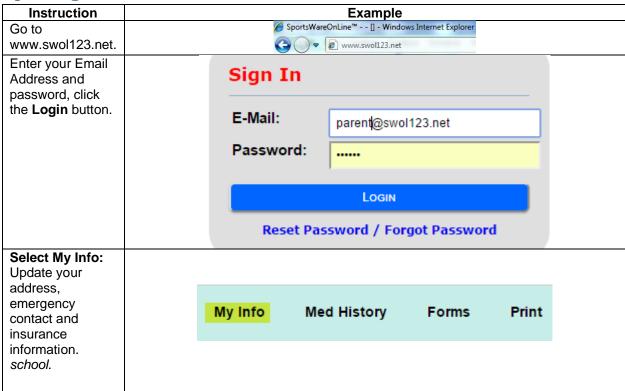
Enter your First Name, Last Name, Email address and click the Send button.	Athlete's First Name Athlete's Last Name Email (If athlete is a minor you can use a parent's e-mail address) Group (Select your school/college)
	c. (V1.84.1.0) (Session timeout in 7796 seconds.)
Your request to join SportsWare will then be sent to the Athletic Trainer for review.	Message from webpage Your information has been saved. You will receive an e-mail when your request has been accepted by the school OK
Once your request is accepted you will receive an e-mail with the Subject "SportsWare request accepted". Open the e-mail and click the www.swol123.net link to continue to SportsWareOnLine	SportsWare OnLine Password Request • You received this e-mail because either: 1) You requested to reset your SportsWare Online password OR 2) You are an athlete

Setting Your Password



You will receive and e-mail with the Subject	Save
"SportsWareOnLine	Online Access
Password Request".	
-	Online Access e-Mail
Open the e-mail and	New Password
click on the link to	Confirm Password
reset your password.	
Enter your e-mail	
address, new	
password and click	
the Save button.	

Updating Your Information



Start entering Athlete's Athlete Online Access information. Complete the Online Access e-Mail parent@swol123.net Athlete Online Existing Password ****** Access section by updating it New Password with the Confirm Password Athlete's email address (defaults with Password Requirements: Parents initially). Must be at least 2 characters long. Then Update **Parent Online Access** The Parent Online Access Online Access e-Mail section with **Existing Password** email and password. **New Password** Continue to Confirm Password complete the remaining tabs. Password Requirements: Must be at least 2 characters long. Once done with My Info go to: My Info Med History Forms Print **Med History:** Complete a Medical History questionnaire. Forms: View/complete required Forms paperwork. Note: You have 5 form(s) to complete/download. SportsWare will also display "You have forms to complete/downl oad". **Print:** Print My Info and Medical History data.

Thank you for your prompt help. If you have any questions, please contact Coach Williams at (806)543-
1990 for assistance.

Sincerely,

Jerome Williams L.A.T.