

IDALOU INDEPENDENT SCHOOL DISTRICT

Debie Jones, R.N., School Nurse

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Dear Parent/Guardian:

Our school will do spinal screenings on March 24, 2017.

Trained screeners will check your child for signs of spinal problems like scoliosis.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health problems.

The screening is simple. Screeners will look at your child's back while he or she stands and bends forward.

Important Recommendations:

- Students should bring shorts to school for the exam.
- Girls should wear a thin t-shirt or a sports bra or a two-piece swimsuit top underneath their shirt on exam day.
- If girls are wearing a sports bra or a two-piece swimsuit top underneath their shirt, it is recommended they remove their shirt for the screening.
- Boys and girls will be screened separately and one at a time.

The school will send you a letter if your child does not pass the screening. The letter will tell you how to follow up with a doctor.

This screening is not a medical exam. Your child still needs to see a doctor for checkups.

If you do not wish to have your child screened for religious reasons, you must submit an exemption to the school no later than March 22, 2017.

Thank you for your cooperation.

Sincerely,

Nurse Debie