Wellness Committee Requirements Checklist – Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo Wellness Policies: Meeting Requirements of the Triennial Assessment for instructions and guidance.

	Part 1										Part 2
	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Мау	Included in Policy?
Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)	×										~
Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity	×										~
Ark 6.07.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA											Z
Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)											Z
LEA's are required to inform and update the public about the content and implementation of the local wellness policy		×									2

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healthy levels of vigorous physical activity	Ark 6.02.4 Ensure that students receive nutrition education and engage in	and physical activity issues	Ark 6.02.3 Ensure that professional development of staff includes nutrition	Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum	and BMI – updated October 2020, including Federal Smart Snack Regulations)	the State Board of Health (The Rules Governing Nutrition, Physical Activity,	committee with the approval of the Arkansas Department of Education and	standards developed by the school nutrition and physical activity advisory	Ark 6.02.1 Assist with the implementation of nutrition and physical activity	ctivi	1rk 6	the school cafeteria on a QUARTERLY basis.	School Lunch Program (NSLP), and menus for the NSLP and other foods sold in	Committee information on the requirements and standards of the National	*District's Child Nutrition Program will provide the district Wellness	district's school meal menus and other foods sold in the cafeteria	recommendations to the district's Child Nutrition Director regarding the	Ark 6.06.5 The Wellness Committee shall review and make written	updates, policy leadership, and evaluation plan.	Include in the Wellness Policy, a description of public involvement, public	meet the Smart Snacks nutrition requirements.	that allows marketing and advertising of only those foods and beverages that	Include in the Wellness Policy, a standard for food and beverage marketing				•			assessment of the local wellness policy including (Triennial Assessment):	LEA's must measure periodically and make available to the public an
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										activity and assist in the development of local policies that address issues and goals, including, b	Ark 6.02 The **school nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical													×							
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023	District	Harmony	Grove		
the quality of physical education curricula and increase					
education teachers				>	2
existing physical education requirements	×				
ontracts that both encourage healthful eating by students					

and the same of th					*	M			Ark 6.06.8 Encourage the use of non-food alternatives for fundraisers
Z			_	\times		_=			students
r		_		<					Ark 6.06.7 Annually maintain and update a written list of recommended locally
							>		other venues that compete with healthy school meals
o Emu							× 		vending machines, snack bars, fundraisers, school stores, class parties, and
فليه		141							other than those offered as part of reimbursable meals, including a la carte,
									served anywhere on the school campus, including all foods and beverages
									Advisory Committee recommendations for all foods and beverages sold or
									Ark 6.06.6 Assist the schools in implementing the Arkansas Child Health
2				>					school improvement priority (ACSIP)
_				×					to the principal of each school in the district to be included in the individual
									Ark 6.06.3 Compile the results of the School Health Index and provide a copy
				>					Frameworks
			×	<			_		Department of Education Physical Education and Health Curriculum
×							_		from the School Health Index to the standards defined by the Arkansas
									Ark 6.06.2 Compare the physical education and health education assessment
~								×	#11 - Community Involvement
									#10 – Family Engagement
						_			#4 – Nutrition Services
								_	#3 – Physical Education and other Physical Activity Programs
							=		#2 – Health Education
									#1 – School Health Policies and Environment
							-		following modules:
									for Physical Activity, Healthy Eating and a Tobacco-Free Lifestyle using the
									Ark 6.06.1 Annually, assess each school campus, using the School Health Index
							<u>:</u>	ımittee v	Ark 6.06 At a minimum, the School Nutrition and Physical Activity Advisory Committee will:
2							9		and reduce school dependence on profits from the sale of competitive foods
A .						***			Ark 6.02.7 Pursue contracts that both encourage healthful eating by students
Z							1	×	Ark 6.02.6 Enforce existing physical education requirements
100	>								training of physical education teachers
2	×								Ark 6.02.5 Improve the quality of physical education curricula and increase

List additional policies adopted at the local level and implemented through the Local Wellness Policy:	Community Members Public	Nurses	Students Students	Parents Parents	Teacher Organization Teachers of Physical Education	Food Service Food Service	Administration Administration	School Board School Board	Arkansas Required Members: USDA Required Members:	competitive food and beverage contracts	community the amount of funds received and expenditures made from	Ark 6.06.10 Include as part of the district's annual report to parents and the	contracts	board regarding the components to be included in food and beverage vending	Ark 6.06.9 Review and make written recommendations to the local school
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^{*}Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; And for Other Purposes"

Policy Implementation Final Rule. Protocols in Arkansas Public Schools - October 2020, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness Please refer to the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment

^{**}Wellness Committee = School Nutrition and Physical Activity Advisory Committee