

January

Oktaha Tigers 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 BREAKFAST Pancake sausage stick, mandarin oranges LUNCH Chicken fried steak, mashed potatoes, gravy, broccoli, bread, peaches OR Mazzio's pizza, cheese stick	8 BREAKFAST Biscuit, gravy, juice LUNCH Chicken fajitas, refried beans, onion/peppers, pineapples OR Corn dog, veg. juice	9 BREAKFAST Breakfast burrito, pears LUNCH BBQ on a bun, baked beans, carrot sticks, mixed fruit OR Mazzio's pizza, pinto beans	10 BREAKFAST Egg patty, turkey sausage, toast, banana LUNCH Sliced ham, green beans, sweet potatoes, bread, straw/banana dessert OR Turkey sandwich	11 BREAKFAST Breakfast pizza, applesauce LUNCH Fish, fries, hushpuppies, coleslaw, apple crisp OR Mazzio's pizza, cheese stick
14 BREAKFAST Biscuit, gravy, juice LUNCH Teriyaki chicken, fried rice, peas, egg roll, mixed fruit OR Chicken nuggets	15 BREAKFAST Cereal, toast, peaches LUNCH Burrito, pinto beans, salad, mandarin oranges OR Mazzio's pizza, cheese stick	16 BREAKFAST Breakfast pizza, applesauce LUNCH Lasagna, green beans, garlic toast, pears OR Hamburger	17 BREAKFAST Oatmeal, toast, banana LUNCH Ham sandwich, chips, carrots, lettuce/tom, cinn. apples, OR Mazzio's pizza, cheese stick	18 BREAKFAST Pancakes, turkey sausage, pears LUNCH Hot dog, sweet potato fries, baked beans, fruit sidekick OR Chicken strips, fruit sidekick
21 BREAKFAST Bagel, turkey sausage, mixed fruit LUNCH Chicken nuggets, mashed potatoes, gravy, spinach, bread, mandarin oranges OR Mazzio's pizza, pinto beans	22 BREAKFAST Biscuit, gravy, juice LUNCH Taco soup, tortilla chips, coleslaw, carrot sticks, peach cobbler OR Beef and bean burrito	23 BREAKFAST French toast sticks, pears, juice LUNCH Chicken fajita, refried beans, onion/peppers, apricots OR Mazzio's pizza, cheese stick	24 BREAKFAST Breakfast pizza, applesauce LUNCH Frito chili pie, corn, strawberry/banana dessert OR Chicken wrap	25 BREAKFAST Yogurt, granola, toast, peaches LUNCH Baked potato, diced ham, crackers, broccoli, Oatmeal cookie, pineapples OR Mazzio's pizza, cheese stick
28 BREAKFAST Breakfast pizza, applesauce LUNCH Hamburger, roasted potatoes, baked beans, peaches OR Corn dog, juice	29 BREAKFAST Pancake sausage on a stick, pears LUNCH Taco salad, lett/tom, cheese, salsa, pineapples OR Mazzio's pizza, cheese stick	30 BREAKFAST Biscuit, gravy, juice LUNCH Stuffed crust pizza, mixed veggies, garlic breadstick, marinara, mixed fruit OR Chicken nuggets, veg. juice	31 BREAKFAST Cereal, toast, banana LUNCH Turkey sandwich, carrots, cucumbers, corn chips, cinn. apples OR Mazzio's pizza, pinto beans	