

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have your child color code class materials. Give him a different color folder for each class. He can cover his textbooks in matching colors.
- ☐ 2. Help your child set goals for the school year and plan how to reach them.
- ☐ 3. With your child, decide on a daily homework and study time.
- ☐ 4. Tell your child that her education is important to you and that you expect her to give her best effort.
- ☐ 5. Allow your child plenty of free time for reading.
- ☐ 6. Eliminate technology distractions during homework time. Turn off all devices that aren't being used for learning.
- ☐ 7. Offer your middle schooler a choice of chores to do. Let him pick one of three options.
- ☐ 8. Tell your child why you appreciate her today.
- ☐ 9. Encourage your child to write a letter to a faraway friend or relative.
- ☐ 10. Ask your child questions about school each day to get an idea about what he is learning.
- ☐ 11. Discuss the summer. Ask your child to name three things she learned.
- ☐ 12. Encourage your child to keep a notebook handy when reading. He can jot down unknown words and look them up later.
- ☐ 13. Think of synonyms with your child, such as *walk/stroll* and *stop/halt*.
- ☐ 14. Have a "stay-up-late" night. Let your child stay up as late as she wants, as long as she's reading.
- ☐ 15. Practice estimating with your child. How many popcorn kernels will fit in your hand? How many grains of rice fit in a tablespoon?
- ☐ 16. Set a technology curfew. Pick a time when all TVs, computers, tablets and phones must be turned off for the night.
- ☐ 17. Solve a crossword puzzle with your child.
- ☐ 18. Review the rules you have for your child. Are they still appropriate for his age?
- ☐ 19. Teach your child a useful new skill, such as how to do laundry.
- ☐ 20. Ask your child to tell you about the similarities and the differences between her classes.
- ☐ 21. Choose a recipe with your child. Shop for ingredients, cook and enjoy the results together.
- ☐ 22. Let your child see you reading often. This teaches him that reading is important and fun.
- ☐ 23. Help your child make a budget.
- ☐ 24. Have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.
- ☐ 25. Do some research on drug abuse. Make sure you and your child have the latest facts.
- ☐ 26. Is your child turning assignments in on time? Praise his responsibility.
- ☐ 27. Ask your child to tell you about one of her teachers.
- ☐ 28. Make library trips a regular part of your family schedule. Check out a book about careers with your child.
- ☐ 29. Make an album or slideshow of family photos with your child.
- ☐ 30. Have you met your child's teachers? If not, set up appointments soon.

Helping Students Learn®
Tips Families Can Use to Help Students Do Better in School

MIDDLE SCHOOL