

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Encourage your child to go to dances, plays and other school events. They are great ways to meet new friends.
- ☐ 2. Let your child plan a five-minute break after every 20-30 minutes of homework time.
- ☐ 3. Start a family bulletin board. Everyone can post things they find interesting. Talk about the posts.
- ☐ 4. Suggest that your child make an audio recording of key ideas from a chapter he's reading and play them back to study.
- ☐ 5. Ask your child, "What's the most hectic part of your day?" Brainstorm about ways to make it more organized.
- ☐ 6. Have your child teach you something she needs to learn for homework. It's an effective way to reinforce learning.
- ☐ 7. Remind your child of a time when persistence helped him succeed.
- ☐ 8. With your child, learn how to count to 10 in three languages.
- ☐ 9. Let your child choose from a list of chores.
- ☐ 10. Does your child study well with others? If so, consider letting her start a study group.
- ☐ 11. Schedule some one-on-one time with your child this month.
- ☐ 12. When your child studies for a test, have him start at a different place in his notes every time.
- ☐ 13. How many different coin combinations can your child use to make change for a dollar?
- ☐ 14. When your child tells you something important, repeat it to make sure you understand.
- ☐ 15. Ask your child what she would do with a million dollars.
- ☐ 16. When your child voices an opinion, ask him *why* he feels that way.
- ☐ 17. Let your child invite friends to stay for a family dinner. It's a great way to learn more about her peer group.
- ☐ 18. Bake cookies together. Have your child figure out the amounts of ingredients you'd need if you doubled the recipe.
- ☐ 19. Think of some sayings, such as "Beauty is only skin deep" and "Winning isn't everything." Discuss their meanings with your child.
- ☐ 20. Have your child use each letter in his name to begin a line of a poem.
- ☐ 21. Suggest that your child keep a journal about her thoughts, memories or observations.
- ☐ 22. At dinner, have everyone write down two positive things about each member of the family, including themselves.
- ☐ 23. Ask your child to name two ways he could be a better friend.
- ☐ 24. Take a walk with your child tonight and look for constellations.
- ☐ 25. Teach your child how to fill the car's tank with gas and check the oil.
- ☐ 26. Post a meaningful quotation you love where your child will see it.
- ☐ 27. Ask your child's opinion of something. Show respect for her views.
- ☐ 28. Start a list of places your family would like to visit. Have your child research and collect information about these places.
- ☐ 29. Ask your child to turn on lively music to keep everyone moving during chore time.
- ☐ 30. When you watch TV, ask your child questions: "Did that person make a good decision?" "What would you have done?"

Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

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