

# Daily Learning Planner

*Ideas parents can use to help students  
do well in school*

Cotulla Independent School District



THE  
**PARENT**  
INSTITUTE®

## November 2018

### Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Before your teen attends a party, make sure a responsible adult will be present.
- ☐ 2. Keep talking about school. Every day, ask your teen what she's doing and thinking about.
- ☐ 3. Watch the news with your teen. Suggest he learn more about a story that interests him.
- ☐ 4. Ask your teen to help you organize a room in the house.
- ☐ 5. Have your teen name two ways she could be a better friend.
- ☐ 6. It's election day in the U.S. Discuss the importance of voting.
- ☐ 7. Ask your teen about his hardest school subject. Together, brainstorm ways to make it easier.
- ☐ 8. After your teen takes notes, have her review them for key ideas. She can draw a picture to illustrate them.
- ☐ 9. Have your teen figure out how much he would need to save for a down payment on a car. What would monthly payments be?
- ☐ 10. Look for a skill you and your teen can learn together.
- ☐ 11. Don't be *too* understanding. Your teen needs a parent more than just another friend.
- ☐ 12. Is your teen having a problem at school? Have her brainstorm ways she could solve it—without your help.
- ☐ 13. Teach your teen that sports are for fun. Winning isn't always the goal.
- ☐ 14. Ask your teen to tell you some of the low-cost things you've done together that he most enjoyed. Plan to do them again.
- ☐ 15. Use new words in conversations with your teen. Curiosity may lead her to the dictionary.
- ☐ 16. Choose a number, then have your teen list all the things he can think of that come in that number.
- ☐ 17. Challenge your teen to draw a self-portrait.
- ☐ 18. Have everyone in the family spend a half hour cleaning up the house. Many hands make light work.
- ☐ 19. Talk with your teen about her character traits that will serve her well in the workplace, and why.
- ☐ 20. Help your teen draw up a monthly budget. Be sure to plan for unexpected expenses.
- ☐ 21. No homework? Have your teen review or read ahead.
- ☐ 22. Make a list of all the things that make your family members thankful.
- ☐ 23. Ask for your teen's input on a family decision.
- ☐ 24. Declare this an Acts of Kindness Day. Make a special effort to be kind to one another.
- ☐ 25. Be sure to pass on compliments you hear about your teen.
- ☐ 26. Ask your teen to do research before you make a major family purchase.
- ☐ 27. Make tonight Teens Night in the Kitchen.
- ☐ 28. Have your teen play a favorite song for you. Listen to the lyrics and discuss what you hear.
- ☐ 29. If your teen doesn't already do his own laundry, teach him how.
- ☐ 30. Leave a quote or cartoon your teen will enjoy by her place at breakfast.

**Helping Students Learn**

Tips Families Can Use to Help Students Do Better in School

