

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have your teen write a poem that conveys a message in very few words.
- ☐ 2. Help your teen make plans for what to do during the summer. A job? Volunteering? Camp?
- ☐ 3. Think about the rules you have for your teen. Are there any that should be revised based on her maturity?
- ☐ 4. Have your teen check out a book about a career that interests him.
- ☐ 5. Help your teen schedule time to study well in advance of final exams.
- ☐ 6. Ask your teen who her role models are and why.
- ☐ 7. Help your teen create a résumé. It will help if he wants a summer job.
- ☐ 8. Introduce your teen to historical fiction. It's a great way to put a human face on a historical era.
- ☐ 9. Ask your teen to tell you some low-cost things you've done together that she enjoyed. Make plans to do these activities again.
- ☐ 10. Give family members marshmallows and toothpicks. See who can build the tallest tower.
- ☐ 11. Together, plan a special activity to celebrate the end of the school year.
- ☐ 12. Have your teen solve silly math problems, such as "How many class periods are left before graduation?"
- ☐ 13. Talk with your teen about ways he could get more sleep.
- ☐ 14. Chat with your teen as you would to a friend or co-worker. How does she respond?
- ☐ 15. Agree on an adult friend that your teen can call if he doesn't feel comfortable asking you for advice.
- ☐ 16. Choose a food that is new to your family. Ask your teen to help you prepare it for dinner.
- ☐ 17. To spend time with your teen, issue a casual invitation: "Would you go on an errand with me?"
- ☐ 18. Let your teen help you make a family chore chart.
- ☐ 19. Have your teen interview an older relative about life.
- ☐ 20. Be on the lookout for things your teen does right. Compliment her on her positive behavior.
- ☐ 21. Look through the community college catalog. There may be a course you and your teen can take together this summer.
- ☐ 22. Ask your teen, "What do you wish we did differently at home?"
- ☐ 23. Teach your teen what to do in the event of a kitchen fire.
- ☐ 24. Ask your teen what assignments from this school year he thinks he'll remember five years from today and why.
- ☐ 25. Decide on educational goals your family can pursue this summer.
- ☐ 26. Encourage your teen to be a humble winner and a gracious loser.
- ☐ 27. Take a nighttime walk with your teen and look for constellations.
- ☐ 28. Encourage your teen to write a letter to a teacher or coach who has positively influenced her.
- ☐ 29. Help your teen use an atlas or globe to find places in the news today.
- ☐ 30. Read a book your teen is reading for school. Discuss it with him.
- ☐ 31. List five things you'd like to do as a family this summer. Ask your teen to plan how to accomplish them.

Helping Students Learn
TIPS Families Can Use to Help Students Do Better in School

HIGH SCHOOL