

Daily Learning Planner

*Ideas parents can use to help children
prepare for school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. With your child, draw pictures of fun things to do when it's raining. Save them to remind you on a rainy day!
- ☐ 2. What is your child's favorite vegetable? Talk about different ways to prepare it. Cook it together.
- ☐ 3. When your child is angry, teach her to express her feelings with words. "I'm angry because you took my toy!"
- ☐ 4. Enjoy some outdoor physical activity as a family today.
- ☐ 5. Place several chairs in a line. Ask your child to pretend it is a train. Where will it take you?
- ☐ 6. Show your child how each letter can be written in uppercase and lowercase form.
- ☐ 7. Cut different shapes of different sizes out of construction paper. Have your child arrange them to make pictures.
- ☐ 8. Help your child think of an imaginary land. Together, name it and make up a story about it.
- ☐ 9. Talk about things that require keys, such as doors, cars and some boxes. Let your child try to fit a key into a lock.
- ☐ 10. Encourage your child to bounce a ball and try to catch it.
- ☐ 11. Before bed tonight, look at the moon and stars together.
- ☐ 12. Let your child make unusual prints by dipping flowers into paint and then pressing them onto paper.
- ☐ 13. Have your child help you organize a closet.
- ☐ 14. Fill a dishpan with water. Collect an assortment of objects, and let your child test to see which will float and which will sink.
- ☐ 15. Hold up a piece of colored construction paper. Ask your child to find a crayon that is the same color.
- ☐ 16. Teach your child a favorite song from when you were his age.
- ☐ 17. Talk about the parts of a plant. Point out leaves, stems and roots.
- ☐ 18. Take your child to the library. Check out a book about the ocean.
- ☐ 19. Blow bubbles with your child. Can she catch one without breaking it?
- ☐ 20. Talk with your child about families. Who is in your family? What do families do?
- ☐ 21. Encourage your child to act out cooking dinner. What will he serve?
- ☐ 22. Make a book about your child. Put a photo of her on the cover and include examples of her accomplishments and things she's learned.
- ☐ 23. At the grocery store, let your child choose a new fruit to try.
- ☐ 24. Say "I'd love to!" when your child asks you to play, read or do a puzzle with him.
- ☐ 25. Use masking tape to create shapes on the floor. Ask your child to hop to the circle, crawl to the square, etc.
- ☐ 26. Have a picnic today, either inside or outside.
- ☐ 27. Talk about gratitude. Ask your child what she is thankful for today.
- ☐ 28. Write a letter together to a loved one. Have your child draw pictures.
- ☐ 29. Play musical chairs with the entire family.
- ☐ 30. Ask your child: "What if trees grew upside down?"
- ☐ 31. Let your child string large beads on a piece of yarn.

Helping Children Learn

Tips Families Can Use to Help Children Do Better in School



EARLY CHILDHOOD