

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Bake cookies with your child. Let her decorate them creatively.
- ☐ 2. Is your family celebrating a holiday this month? Ask your child to take over responsibility for one or two holiday traditions.
- ☐ 3. Ask your child about a book he is reading. Are the characters realistic?
- ☐ 4. Look in the newspaper or online for a list of upcoming festive events. Plan to attend one as a family.
- ☐ 5. Check on your child's goals for the school year. Is she making progress?
- ☐ 6. What is the coldest place in the nation today? The hottest? Have your child calculate the difference between the two temperatures.
- ☐ 7. Encourage your child to eat a healthy breakfast every day.
- ☐ 8. Play a game with your child—cards, charades, a board game—whatever he'd like.
- ☐ 9. Suggest that your child donate some of her time over winter break. Look for volunteering activities you can do together.
- ☐ 10. Books are great gifts for kids. Ask your librarian to recommend some.
- ☐ 11. Meet the parents of your child's friends. Work as a team to keep your kids safe.
- ☐ 12. When helping your child with schoolwork, be positive, even if he gets discouraged.
- ☐ 13. Do something the "old-fashioned" way with your child.
- ☐ 14. Play Alphabet Mix-Up. Choose a word, then rearrange the letters in alphabetical order. Can your child figure out the word?
- ☐ 15. Have your child estimate how long an assignment will take. Write her estimate down. Then have her time how long it really takes.
- ☐ 16. Ask your child to teach you something he's learning in school. Let him explain it (even if you already know the material). Ask questions.
- ☐ 17. Discuss the importance of regular school attendance with your child.
- ☐ 18. Talk to your child about people she admires. What does she like about them?
- ☐ 19. Give your child stress-relief tips, such as taking deep breaths.
- ☐ 20. Ask your child to take photos during family events. This may increase his interest in participating.
- ☐ 21. Learn a magic trick with your child.
- ☐ 22. Have your child interview older relatives about their childhood days.
- ☐ 23. Ask your child what she feels is the most important thing she has learned at school so far this year.
- ☐ 24. Encourage your child to make lists to help him remember things.
- ☐ 25. Give your child a hug today.
- ☐ 26. Expect your child to write thank-you notes for gifts. It's polite and it builds writing skills.
- ☐ 27. Take turns calling out names of famous people and guessing what the people named did. Then look it up.
- ☐ 28. Let your child overhear you say something good about her.
- ☐ 29. Offer to drive your child and his friends somewhere. In the car, listen.
- ☐ 30. Suggest that your child play archeologist. What could she say about the people in your home, based on what she finds there?
- ☐ 31. Help your child create a time line of the past year.

Helping Students Learn
Tips Families Can Use to Help Students Do Better in School

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