

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Cotulla Independent School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Many college applications are due next month. Make sure your senior is making progress on hers.
- ☐ 2. If your family will celebrate a holiday this month, ask your teen to take responsibility for one or two traditions.
- ☐ 3. As you shop with your teen, point out what makes one item higher in quality than a similar item.
- ☐ 4. Some teen parties involve alcohol. Talk with the host's parents to make sure no alcohol will be served before you allow your teen to attend.
- ☐ 5. Find a map of Europe from the 1950s. Have your teen compare it to a current map. How many changes can he find?
- ☐ 6. Ask your teen: "Is honesty always the best policy? Why or why not?"
- ☐ 7. If your teen has a decision to make, have her list every option, then write down the pros and cons of each one.
- ☐ 8. Encourage your teen to listen to music he doesn't normally listen to.
- ☐ 9. Ask your child what she thinks of each of her classes.
- ☐ 10. Help your teen set priorities when studying. Which assignment is most important? Due first? Most difficult?
- ☐ 11. Offer to help your teen review for a test. Call out vocabulary words or time him as he takes a practice test.
- ☐ 12. Review your teen's homework. Offer compliments before criticism.
- ☐ 13. Look for a community service project to do as a family.
- ☐ 14. Ask your teen to imagine life 150 years ago. How about 150 years in the future?
- ☐ 15. At the grocery store, have your teen compare two sizes of the same product. Which is the better buy?
- ☐ 16. Enjoy an outdoor activity with your teen.
- ☐ 17. Remind your teen that swearing offends many people.
- ☐ 18. Have your teen look online for free audiobooks to listen to in the car.
- ☐ 19. Encourage your teen to use big colorful letters to write a math formula he's trying to learn. This can make it easier to picture it in his mind.
- ☐ 20. Take turns making statements with your teen. Identify each one as either *fact* or *opinion*.
- ☐ 21. What is the coldest place in the nation today? The warmest? Have your teen calculate the difference between the two temperatures.
- ☐ 22. Go to the library. Check out a best seller for you and your teen to read.
- ☐ 23. Talk with your teen about the dangers of steroid use.
- ☐ 24. Give your teen a hug today.
- ☐ 25. At dinner, have each family member say something nice about every person at the table.
- ☐ 26. Talk with your teen about the very best present she ever received. What made it special?
- ☐ 27. Pretend you are tourists in your town. Visit local attractions together.
- ☐ 28. Help your teen find books on his special interests.
- ☐ 29. Urge your teen not to compare herself to others.
- ☐ 30. Do a crossword puzzle together.
- ☐ 31. Help your teen think about what he's learned in 2018.

Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

