

# Daily Learning Planner

*Ideas parents can use to help children  
prepare for school*

Cotulla Independent School District



THE  
**PARENT**  
INSTITUTE®

## December 2018

## Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. Visit the library. Ask the librarian about programs for preschoolers.
- ☐ 2. Look in the newspaper for a list of festive events. Plan to attend one as a family this month.
- ☐ 3. Ask your child questions about the uses for common items. What is a broom for? What do we do with spoons?
- ☐ 4. Talk with your child about what happened today. Help him find or draw a picture of an activity he did. Post it on the refrigerator.
- ☐ 5. Cut a piece of string into three pieces. Can your child arrange them from *shortest* to *longest*?
- ☐ 6. Make sure your child knows her street address. Look at the house or building number together.
- ☐ 7. Give your child some extra bath time. Supervise while he plays in the water with plastic pitchers, cups and spoons.
- ☐ 8. Have your child draw a picture of something often seen in *winter*.
- ☐ 9. Make a simple bird feeder. Help your child spread peanut butter on a cardboard tube and roll it in birdseed. Hang it outside.
- ☐ 10. Encourage independence. Establish rules to guide your child in getting her own snack or drink of water.
- ☐ 11. Hang a calendar where your child can see it. Each morning, mark the day with a smiley face.
- ☐ 12. Give your child a variety of household objects and ask him to sort them by color or size.
- ☐ 13. Can your child think of a different ending to a favorite story?
- ☐ 14. Play a game of Follow the Leader. Take turns *leading* and *following* and talk about what these words mean.
- ☐ 15. At the library, check out books about a subject that interests your child.
- ☐ 16. Have a counting day. Count stairs as you and your child climb them, cars as they pass, animals as you spot them.
- ☐ 17. Use cotton balls to have an indoor "snowball fight" with your child.
- ☐ 18. Spend 30 minutes reading together. Let your child pick the books.
- ☐ 19. Look at baby pictures of your child with her.
- ☐ 20. If your family will be traveling this month, pack a bag of toys to keep your child entertained. Give them to him one by one.
- ☐ 21. Sing favorite songs with your child today.
- ☐ 22. Have your child talk to older relatives about their childhood days.
- ☐ 23. With your child, look for the number 4 everywhere you go today.
- ☐ 24. Ask your child to draw a picture of today's weather.
- ☐ 25. Today and every day, tell your child you love her.
- ☐ 26. Tell your child family stories you remember from your childhood.
- ☐ 27. Play School with your child.
- ☐ 28. Remove three items from your purse or pocket. Show them to your child. Put them away. Can he recall them?
- ☐ 29. Write instructions on pieces of paper, such as "hop on one foot." Take turns drawing them out of a hat and following them.
- ☐ 30. Encourage your child to draw a self-portrait.
- ☐ 31. Talk with your child about favorite things she can remember from the past year.

**Helping Children Learn**  
Tips Families Can Use to Help Children Do Better in School

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