

# Daily Learning Planner

*Ideas parents can use to help children  
prepare for school*

Cotulla Independent School District



THE  
**PARENT**  
INSTITUTE®

## April 2018

### Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. It's April Fool's Day! Be silly with your child for a few minutes today.
- ☐ 2. Tell your child that people learn when they try new things. Today, try a new food or take a new route home.
- ☐ 3. Ask your child to name all the things he can think of that fly.
- ☐ 4. Put as many shoes as you can find into a pile. Mix them up. Have your child sort them into pairs.
- ☐ 5. Help your child learn spatial relationships between objects. Ask, "What's next to the stove?" "What's above the table?"
- ☐ 6. Cut open a fruit that has seeds inside, such as an orange. Explain that fruit grows from seeds.
- ☐ 7. When you are in the car, have your child point out all the STOP signs. If this is too easy, look for YIELD signs.
- ☐ 8. Help your child insert toothpicks into a potato so it will sit partially submerged in a glass of water. It should sprout in two weeks.
- ☐ 9. Make up a story in which your child is the main character.
- ☐ 10. Let your child help set the table for dinner. Practice counting out napkins, plates or cups together.
- ☐ 11. Review safety rules for car trips, such as wearing a seat belt and keeping arms inside the car.
- ☐ 12. Ask your child to draw something that makes her happy.
- ☐ 13. Call your local fire station to find out when the firefighters wash the trucks outside. Go watch with your child.
- ☐ 14. Take the whole family to the library. Be sure everyone gets some books.
- ☐ 15. Teach your child the names of flowers.
- ☐ 16. Let your child know you love him more every year.
- ☐ 17. Do some stretching exercises with your child today.
- ☐ 18. With your child, look at a tree in your neighborhood. How has it changed in the last few weeks?
- ☐ 19. Show your child two items of clothing you are thinking of wearing. Let her choose which one you'll wear.
- ☐ 20. Stand facing your child. Have him pretend to be a mirror and imitate all your movements. Then, trade places.
- ☐ 21. Let your child see you sharing something. Encourage her to share a toy with a sibling or friend.
- ☐ 22. Read a story to your child. Later, ask him to retell it to you.
- ☐ 23. Sing nursery rhymes with your child.
- ☐ 24. Show your child a picture of a rainbow. Can she name the colors?
- ☐ 25. Have your child draw a picture for the author of a favorite book. Send it in care of the book's publisher.
- ☐ 26. Make an effort to use three new words at dinner tonight.
- ☐ 27. Have your child put away five items. When he is done, see if he can tell you what he put away.
- ☐ 28. Fill folded scraps of old material with dried beans and sew them shut. Go outside and toss your beanbags with your child.
- ☐ 29. Have your child help with a chore today. Thank her when she finishes.
- ☐ 30. Fill a box with sand. Let your child run his fingers through the sand.

**Helping Children Learn**  
Tips Families Can Use to Help Children Do Better in School

EARLY CHILDHOOD