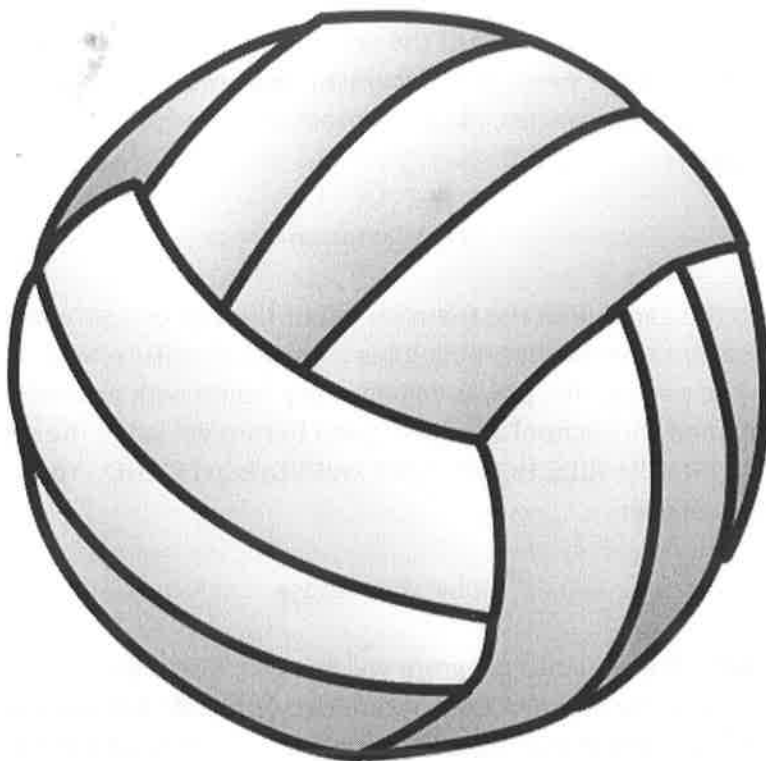


ATCHISON COUNTY COMMUNITY LADY TIGER VOLLEYBALL



2016
RULES & EXPECTATIONS

Lady Tiger Volleyball 2016

Rules & Expectations

School Attendance

Students in extra and co-curricular activities are expected to be in attendance at school for at least the last four consecutive class hours of the school day to be eligible to participate in any event that day or evening. In the event that circumstances prevent students from being here for appointment or family emergencies, please contact the principal or athletic director for permission to participate

Transportation

All players will ride to the game with the team on either the bus or a suburban. If a player is riding home from an event the coaches must have a parent signature, which at that time the player is released to the parent. If a player will be riding home with another parent, prior approval must be attained thru school administration before we leave the school for competition. NO PLAYER WILL RIDE HOME WITH FRIEND/BOYFRIEND. Your player must be released to a parent/guardian.

Substance Abuse

Students participating in the activities program will not use, distribute or possess illegal substances as identified in the Board of Education Policy. Included in the policy are alcoholic and cereal malt beverages, tobacco and tobacco products, controlled substances (drugs), and improper use of legal substances, including prescription and non-prescription medications, drug paraphernalia, and other products.

Eligibility Policy

Student athletes are to maintain a 2.0 Grade Point Average or C average to be able to participate in sports.

Academic Assistance: Academic Assistance is available for students. Those student athletes that are on the D/F list are required to attend Academic Assistance. Athletes need to arrange their Academic Assistance either before school in the morning or during PAWS.

Practice

Everyone is expected to be at practice each day. If the student athlete is ill, has a death in the family, or is attending another school activity, your child will not be punished for missing

practice, but will be responsible for making up the conditioning they missed prior to the next match. If your child has an unexcused absence, a coach will call the parent to notify them and see why their child was not at practice. ONE unexcused will result in make-up conditioning and one match suspension. TWO unexcused absences will result in make-up conditioning and a full night of match suspension. THREE unexcused absences will result in no longer being on the team.

Be on time and prepared for practice each day with practice clothes, shoes, knee pads, etc. No ear rings, belly button rings, and NO PLASTIC HAIR ACCESSORIES!

Playing Time

The varsity Team is for those participants in grades 9-12 who have learned the basic skills well and perform them both in practice and inter-scholastic competition. Role specialization is often necessary at this level and athletes may be used in specific roles for the benefit of the entire team. Athletes who display leadership and/or enthusiasm, combined with the development of basic skills may enhance their opportunity to participate.

The Junior Varsity Team program will help develop athletes and utilize those who show the greatest ability in a variety of skills. Role specialization of athletes may become evident at this level. Those who are more able will be the primary participants.

The freshman program will make every effort to ensure playing time for all participants, understanding that one of the integral objectives of team competition is to develop a "winning attitude" through hard work, dedication, and commitment to team. In order to accomplish this, it is necessary to develop proper attitudes and understanding of each participant's role within the team. However, some ninth grade athletes are more skilled and aware of the cognitive aspects of interscholastic athletic competition than others. Therefore, the more advanced will receive the majority of the participation time.

In High School, playing time is NOT guaranteed.

The Junior High athletic programs are designed to encourage and allow as many students as possible to participate. USD #377 does not allow cutting at the junior high school level. Administrators and athletic directors will work with coaches to accommodate the number of participants in a particular sport. This will include providing uniforms and equipment equitably for all participants. In addition, administrators and athletic directors will make an effort to schedule additional contests in order to provide increased playing time when the need arises due to an exceedingly high number of participants.

In Junior High, equal playing time is NOT guaranteed.

Game Day

We WILL sit as a TEAM; before, between, and after if another team is still playing. It is important for each player to stay until everyone is done playing on competition days and support our teams. For away games, each player MUST sign out with the coach if they are riding home with a parent/guardian. IT IS VERY IMPORTANT to sign your child out. Each coach will have a sign out sheet for their team.

Meetings

If a player has a concern with playing time, another player, or other issue, the player must address the coach first before the coach will have a meeting with a parent. A coach WILL NOT talk to a parent after a game if there is a problem. Please call the school to schedule an appointment.

Game Day Dress Code for High School

Away Game Days: Team T-shirts & Khaki pants or dress up day – We will look nice!
Home Game Days: Team tee-shirts and jeans

Game Day Dress Code for Junior High

Team tee-shirts and jeans, unless told differently by the coaching staff.

Cell Phones

School policy for cell phones will be enforced. No phones ON in LOCKER ROOM OR BATHROOM!! No cell phones on the BENCH.

Be respectful to all coaches, teachers,
managers, officials, players and also our FANS!!

Have a positive attitude at all times!