

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 No School Labor Day	4 Cereal, Toast, String Cheese, Fresh Fruit, Juice, Milk Burritos, Salad, Corn, Salsa, WG Chip, Fruit Cup, Dried Fruit, Milk	5 Egg and Cheese Burrito, Peaches, Juice, Milk Chicken/Brown Rice, Salad, Fresh Broccoli, Pineapple Tidbits, Roll, Milk	6 Oatmeal, Toast, Fruit, Milk Lasagna, Garden Salad, Green Beans, Hot Bread, Fruit, Milk	7 Sausage, Biscuit w/ Gravy, Fruit, Juice, Milk Fish Sticks K-6, Cattfish Strips 7-12, Baked Potato Wedges, Cole Slaw, Hot Break, Fruit, Milk	8
9	10 Pancake on a Stick, Fruit, Juice, Milk Pigs in a Blanket, Scalloped Potatoes, Baby Carrots, Fruit, Milk	11 Cereal, Toast, Juice, Milk Pulled Pork Sandwich, Corn, Pickle Spear, Fresh Salad, Pears, Milk	12 Waffle Stick, Fruit, Milk Lasagna, Broccoli and Cauliflower, Green Salad, Garlic Break, Apple Slices, Milk	13 Scramble Eggs, Biscuit, Jelly, Juice, Milk Stir-Fry Chicken, Fried Rice, Green Peas, Peaches, Milk	14 Cinnamon Apple Muffin, Sausage, Juice, Milk Turkey n Cheese Rollup, Baked Beans, Cole Slaw, Orange Wedges, Milk	15
16	17 Oatmeal, Toast, Cheese Stick, Fruit, Juice, Milk Chicken Sandwich, Sweet Potatoes, Fresh Veggies, Fruit, Milk	18 Cereal, Toast, Bananas, Milk Chicken Fajitas, Salsa w/ chips, Refried Beans, Pineapple, Milk	19 Scramble Eggs, Biscuit, Jelly, Juice, Milk Beef & Noodles, Green Beans, Hot Roll, Fruit, Milk	20 Yogurt, English Muffin, Cream Cheese/PB, Juice, Milk Soft Tacos, Refried Beans, Lettuce/Tomato, Apples, Milk	21 Blueberry Muffin, Sausage, Fruit, Milk Cheeseburger W/G Chips, Lettuce/Tom, Pickles, Carrots, Fruit, Brownies, Milk	22
23	24 Waffle Stick, Sausage, Juice, Milk Chicken Nuggets, Broccoli/Cheese, Baby Carrots, Wheat Roll, Jell-O w/ Fruit, Milk	25 Breakfast Burrito, Fruit, Milk Italian Pasta Bake, Salad w/ Ranch, W/G Garlic Bread, Pineapple, Milk	26 Oatmeal, Toast, Fruit, Milk Chicken Sandwich, Peas, Corn, Fruit, Sugar Cookie, Milk	27 Biscuit w/Gravy, Ham, Juice, Milk Taco Burger, Lettuce/Tom, Refried Beans, Salsa, Fruit, Milk	28 Cereal, Toast, Juice, Milk Pizza Grilled Sandwich, Marinara Sauce, Spinach Salad, Garlic Stick, Fruit, Milk	29

goodbye, august
hello, september

August	Notes:	October																																																																																				
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