Bloomington South High School becomes first “Heart Safe School” in South Central Indiana

BLOOMINGTON, Ind. – On Monday, Dec. 11, Riley Children’s Health designated Bloomington South High School as the first Project ADAM Heart Safe School in the Monroe County Community School Corporation (MCCSC).

“This starts MCCSC’s journey to become our second, and largest, fully designated ‘heart-safe’ school district with Project ADAM—Indiana,” said Nickolas Hogan, EMT-P, Riley Children’s Health Injury Prevention and Trauma Services Professional Outreach and Injury Prevention coordinator.

Designated schools undertake initiatives shown to help increase the potential of saving the life of a student, staff, or visitor experiencing a sudden cardiac arrest:

- Awareness and education about sudden cardiac events
- CPR/AED training
- Written Cardiac Emergency Response Plan, reviewed annually
- Cardiac Emergency Response Plan and AED Practice Drills, annually
- AEDs throughout the school campus that are accessible and maintained, ideally within 3 minutes of any location on campus

Bloomington South’s AED boxes also include Narcan and Stop the Bleed resources, ensuring these potentially life-saving tools are readily available in times of crisis.

“Richard Malone, MD, Riley Children’s Health pediatrician, and Acacia Axsom, Bloomington South Health Services Director, have worked diligently toward creating the largest heart-safe school corporation in Indiana to date,” said Adam Kean, MD, MPH, FHRS, a pediatric cardiologist at Riley Children’s Health. “We are very excited about participating in this effort and celebrating the Project ADAM Heart-Safe School designation.”

The last phase of Bloomington South’s designation was a drill observed by Dr. Malone, Dr. Kean and Hogan. Within 2 minutes and 15 seconds, the school’s safety teams had the AED communicating with Timothy (their test subject and CPR medical simulator), beating the 3-minute goal.

With this accomplishment, Bloomington South High School joins the ranks of 10 other Indiana schools that have achieved this heart-safe designation.

About Riley Children’s at Indiana University Health
Riley Children’s Health is Indiana’s only full service statewide pediatric health system. Riley Children’s Health offers complete, comprehensive pediatric care ranging from routine primary care checkups to the most complex acute care needs from highly skilled pediatric specialists. The system connects patients with 200 primary care and 400 specialty care physicians in 19 communities.
across the state of Indiana. Riley Physicians treat patients in their home communities, bringing top-notch care close to home. This statewide network is an extension of Riley Hospital for Children at Indiana University Health, one of the nation’s leading children’s hospitals.

About Indiana University Health
Named the "#1 Hospital in Indiana" by U.S. News & World Report, Indiana University Health is dedicated to providing a unified standard of preeminent, patient-centered care. A unique partnership with Indiana University School of Medicine – one of the nation's leading medical schools – gives our highly skilled physicians access to innovative treatments using the latest research and technology. Learn more at www.iuhealth.org.

###

For more Information:
Samantha Kirby
Associate – Senior Public Relations
Marketing and Communications
Indiana University Health Bloomington
P 812.353.9209
SKirby3@IUHealth.org