# HORIZON SNACK FOODS

# APPLE FRUIT TURNOVER, WHOLE GRAIN, REDUCED FAT P830

## **PRODUCT INFORMATION:**

- \*3.75 oz. pies have 2 bread values & 1/2cup fruit value
- \*Bread values are based upon 14.75g of flour per bread value
- \*Fruit values utilize Food Buying Guide ingredient requirements.
- \*Pies are individually wrapped, and precooked

## **NUTRITION FACTS:**

Size: 3.75 oz.

Calories	274 kcal
Total Fat	8.8 gm
Saturated Fat	2.4 gm
Trans Fat	0 gm
Cholesterol	0.1 mg
Sodium	356 mg
Total Carbohydrate	47.7 gm
Dietary Fiber	3.1 gm
Sugar	23.2 gm
Protein	3.0 gm
Vitamin A	9.6 IU
Vitamin C	1.4 mg
Thiamin	0.11 mg
Calcium	24.2 mg
Iron	1.7 mg
Niacin	1.1 mg
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## **INGREDIENTS:**

Crust: Enriched Wheat Flour (Whole Wheat Flour, Enriched Wheat Flour with: Niacin, Iron (Reduced Iron), Thiamin Mononitrate, Riboflavin and Folic Acid), Water, Sugar, Partially Hydrogenated Soybean and/or Cottonseed Oil, Contains 2% or less of: Fat Replacers (Cellulose Powder, Maltodextrin), Salt, Monoglyceride, Dextrose, Sodium Propionate (To Retard Spoilage), Soybean Oil, vegetable Gums (Cellulose Gum, Agar), Corn Syrup Solids, Corn Starch, Calcium Carbonate, Calcium Sulfate, Carboxy Methylcellulose and Xanthan Gum.

Apple Filling: Apples, Pear and/or Apple Juice Concentrate, Sugar, Food Starch-Modified, Water, Cinnamon, Locust Bean Gum, Sodium Benzoate (To Retard Spoilage), Nutmeg, Xanthan Gum