

# Cargill Kitchen Solutions

## **SKILLET FRITTATA® WITH EGG AND CHEDDAR CHEESE**

**40174  
P271**

**INGREDIENTS:** Whole Eggs, Pasteurized Process Cheddar Cheese [Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes, Water, Sodium Phosphate, Milk fat, Sodium Hexametaphosphate, Salt, Paprika, and Annatto (color), Powdered Cellulose (to prevent caking)], Water, Soybean Oil, Whole Milk Powder, Modified Food Starch, Cheddar Cheese Powder [Cheddar Cheese/Cheese flavor (Cultured Milk, Salt, Enzymes), Whey Powder, Buttermilk Powder, Salt, and Disodium Phosphate], Salt, Xanthan gum, Citric Acid. CONTAINS EGGS, MILK, SOY.

<b>Nutrition Facts</b>	
Serving Size (2.1 oz—1 frittata)	
<b>Amount Per Serving</b>	
<b>Calories</b> 110	Calories from Fat 70
<b>Total Fat</b>	8 gm
Saturated Fat	3 gm
Trans Fat	0.00 gm
<b>Cholesterol</b>	<b>190</b> mg
<b>Sodium</b>	320 mg
<b>Total Carbohydrates</b>	1 gm
Dietary Fiber	0 gm
Sugars	0 gm
<b>Protein</b>	7 gm
Vitamin A	365.33 IU
Vitamin C	0.05 mg
Calcium	79.33 mg
Iron	.66 mg

**NET WEIGHT:** 30.94 lbs  
**COUNT:** 225/2.1 oz. Servings

Each 2.1 oz. serving by weight of Skillet Frittata® with Egg and Cheddar Cheese provides 2.0 oz. equivalent meat alternate for the Child Nutrition meal pattern requirements.

(Use of this statement authorized by the food and nutrition service. USDA 10-08)

**INSPECTED BY:** The U.S. Dept of Agriculture in accordance with FNS requirements

**DISTRIBUTED BY:** Cargill Kitchen Solutions  
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