

# Pilgrim's Pride

## Homestyle Breaded Chicken Nuggets

**6143**  
**P210**

**INGREDIENTS:** Chicken meat, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinimide, ferrous sulfate, Vitamin B-12, copper gluconate, Vitamin A Palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, dried whole egg, salt, sugar, sodium phosphates, white pepper, onion powder, and garlic powder). **Breaded with:** enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, yellow corn flour, garlic, dried onion, less than 2% silicon dioxide as anti-caking agent). **Battered with:** water, enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, folic acid), yellow corn flour, salt, spices, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, dried whey, hydrolyzed corn protein, caramel color, yeast extract, soybean oil, extractives of paprika and annatto, lactic acid, breeding set in vegetable oil.

**CONTAINS EGG, MILK, SOY, AND WHEAT**

**NET WEIGHT:** 30 Pounds

**COUNT:** 158/3.04 oz. Portions

<b>Nutrition Facts</b>	
Serving Size 3.04 oz (5 Nuggets)	
Servings Per Container (158)	
<b>Amount Per Serving (5 nuggets)</b>	
<b>Calories</b>	180
<b>Value</b>	
Total Fat	10 gm
Saturated Fat	2 gm
Trans Fat	0 gm
Cholesterol	47 mg
Sodium	533 mg
Total Carbohydrate	13 gm
Dietary Fiber	2 gm
Sugars	0 gm
Protein	15 gm
Vitamin A 137 IU	Vitamin C 1 mg
Calcium 38 mg	Iron 2 mg
Niacin 3 mg	

Five nuggets (3.04 oz) of Homestyle Breaded Chicken Nuggets provides 2 meat/meat alternate and 1 bread serving for the Child Nutrition meal pattern requirements.

**DISTRIBUTED BY:** Pilgrim's Pride  
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