

Arkansas National Archery in the Schools Program
HANDBOOK





Keeping the Natural State natural.

Arkansas Game and Fish Commission
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Arkansas National Archery In the Schools Program Handbook

AGFC Education and Information Division
Revised September 26, 2012

Table of Contents

General Requirements

Rule 1.1 – Statement of Purpose	3
Rule 1.2 – Scholastic Program	3
Rule 1.3 – Conduct	3
Rule 1.4 – Divisions	4
Rule 1.5 – State Coordinator	4
Rule 1.6 – Applicability of Rules	4
Rule 1.7 – Exceptions	4

Teams

Rule 2.1 – Team Composition	5
Rule 2.2 – Competing on Multiple Teams	5
Rule 2.3 – Competing on National Teams	5
Rule 2.4 – Instructors	6
Rule 2.5 – Archers Per Team	6
Rule 2.6 – Registration	6
Rule 2.7 – Eligibility	6

Competition

Rule 3.1 – Bows	7
Rule 3.2 – Bow Modifications	7
Rule 3.3 – Arrows	7
Rule 3.4 – Inspection of Equipment	7
Rule 3.5 – Targets	8
Rule 3.6 – Arrow Curtains	8
Rule 3.7 – Ground Quivers	8
Rule 3.8 – Comfort Devices	8
Rule 3.9 – Flights, Sub-Events and Ends	8
Rule 3.10 – Competition Range	9
Rule 3.11 – Outdoor Ranges	9
Rule 3.12 – Shooting Position	10

TABLE OF CONTENTS

Rule 3.13 – Competition Procedure	10
Rule 3.14 – Time Limits and Readiness	10
Rule 3.15 – Whistle Commands	10
Rule 3.16 – Safety	10
Rule 3.17 – Coaching	11

Scoring

Rule 4.1 – General Scoring	12
Rule 4.2 – Score Card	12
Rule 4.3 – Bounce-Outs	13
Rule 4.4 – Excess Arrows	13
Rule 4.5 – Team Score	13
Rule 4.6 – Ties	13
Rule 4.7 – Protests	14
Rule 4.8 – Disqualification	14

Appendix A

Competition Procedure	15
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General Requirements

RULE 1.1 – Statement of Purpose

The Arkansas National Archery in the Schools Program is the official Arkansas affiliate of the National Archery in the Schools Program and operates using its national guidance. Archery is an activity in which people from all walks of life and almost every size and ability can participate. The ANASP is focused on providing a fun, safe environment for participating in archery in the school setting while raising awareness of conservation-related sports, responsibility and self-esteem.

RULE 1.2 – Scholastic Program

Schools participating in ANASP must offer archery as a part of a class's curriculum for a minimum of 10 days each school year. ANASP can take advantage of student enthusiasm by integrating archery-related lessons into core content classes when archery is being taught during the school day.



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RULE 1.3 – Conduct

- (A) All archers, instructors, parents and spectators are expected to conduct themselves in an exemplary manner at all times by displaying courtesy, consideration and good sportsmanship to all team members, instructors, competitors and event officials.
- (B) Submitting a team that does not meet the requirements stated herein is a violation of the rules and is expressly prohibited. Violators of this rule will be disqualified.
- (C) Archers who, in the opinion of event officials or the state coordinator, engage in unsafe behavior or violate any safety rule may be disqualified from further participation.

RULE 1.4 – Divisions

- (A) ANASP has three divisions: Elementary, Middle School, and High School.
- (B) The Elementary Division comprises archers enrolled in grades 4-6.
- (C) The Middle School Division is comprised of archers currently enrolled in grades 7-8. 6th grade will move to the Middle School Division in 2013.
- (D) The Senior Division is comprised of archers currently enrolled in grades 9-12.

RULE 1.5 – State Coordinator

- (A) The ANASP state coordinator operates ANASP on a day-to-day basis and serves at the pleasure of the director of the Arkansas Game and Fish Commission.
- (B) The state coordinator is the final arbiter of all decisions related to the interpretation of these rules. Decisions of the state coordinator are final, binding and non-appealable. Registering with ANASP as an individual or instructor constitutes acknowledgement and acceptance of these rules.

RULE 1.6 – Applicability of Rules

These rules govern ANASP competitions and archery team activities. Archery activities in the classroom setting shall follow NASP requirements set forth in the Basic Archery Instructor Manual and other NASP or ANASP guidance documents.

RULE 1.7 – Exceptions

The state coordinator may grant a waiver or allow a special exception to the rules. Such waivers or exceptions shall be made only when doing so is in the best interest of ANASP.



Teams

RULE 2.1 – Team Composition

All archers competing must be members of an ANASP team. Teams must be drawn from archers who participated in a class in their division in which archery instruction was offered for a minimum of 10 days in a school year. Team members must attend the same school.

RULE 2.2 – Competing on Multiple Teams

- (A) Each school may have a maximum of one team per division per campus.
- (B) Schools that are single-gender may form one combined team per division with another single-gender school of the opposite gender, provided that archery is taught in each school for a minimum of 10 days per school year.
- (C) If a school district divides grades within a division between different schools, students from those grades may form a combined team. For instance, if grades K-4 attend an elementary school in a given district and grades 5-9 attend a middle school, students from the fourth and fifth grades from those schools may combine to form an Elementary Division team.
- (D) An archer may compete only on a single team each season. Once an archer is registered with a team, the decision is final and irrevocable unless the archer transfers to another ANASP school prior to the state tournament.

RULE 2.3 – Competing on National Teams

Students on a state team must remain on the same team at Nationals. Combining members from multiple state teams is prohibited.

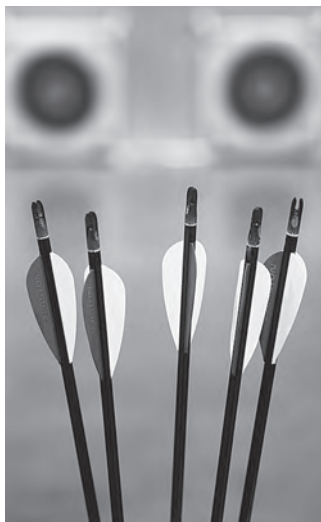


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RULE 2.4 – Instructors

Instructors must have NASP certification of Basic Archery Instructor or higher.

- (A) Each team must have an instructor 21 years or older.
- (B) Each instructor may instruct teams from a single school district per season.
- (C) Each instructor's primary responsibility is to ensure the safety of all archers by emphasizing the safe handling and use of archery equipment.
- (D) Instructors who engage in unsafe practices or who do not meet the conduct requirements of these rules may be suspended or expelled.

**RULE 2.5 – Archers Per Team**

- (A) ANASP teams must have at least 12 but no more than 24 archers per team.
- (B) Each team must have at least four archers of each gender.

RULE 2.6 – Registration

- (A) All teams must register with the state coordinator.
- (B) Only instructors may register teams, and all teams and archers must register with the state coordinator by the deadlines established by the state coordinator each season.
- (C) Each team must submit an annual report form to the state coordinator stating the number of students participating in the program, the number of days during which archery instruction was offered and other information by a deadline established by the state coordinator.
- (D) Registration, parental consent forms and any other required forms must be filed with the state coordinator each season for ANASP tournaments. No team or individual will be considered registered until the state coordinator receives all completed, applicable forms.
- (E) Parental consent forms are required from parents or guardians even if the archer is 18 or older.
- (F) Each individual, by registering as a team member or instructor, agrees to abide by the rules of ANASP and acknowledges that the decisions of ANASP officials are final.

RULE 2.7 – Eligibility

- (A) All properly registered team members are eligible to compete in ANASP events.
- (B) Teams that have not submitted required annual reports will not be eligible to participate in ANASP tournaments.
- (C) Only registered ANASP archers may participate in ANASP tournaments.

Competition

RULE 3.1 – Bows

- (A) Every bow used in ANASP classes, practices and competitions must be an official Genesis bow maintained in a safe condition.
- (B) Unless specifically authorized by the state coordinator, only unmodified, stock bows may be used in ANASP competitions.
- (C) Only thread knot or heat-shrink nock locaters on bowstrings will be permitted.
- (D) Bows may be any color, including camouflage and custom painting.
- (E) Bows may not be shared by archers during competition.

RULE 3.2 – Bow Modifications

- (A) Only bows without sights or sight marks may be used.
- (B) If sight marks are present on the face of the riser's sight window on the bow, including scratches or customized painting that may aid in aiming, black electrical tape shall be placed over that area of the bow during competition.
- (C) Camouflage bows may be used, but black electrical tape must be placed over the face of the riser's sight window unless the face of the riser's sight window has been painted black.
- (D) Limb-mounted vibration dampeners are allowed.
- (E) Bow slings may be used in conjunction with the bow's stock bolt.
- (F) Only archers without release aids and stabilizers are allowed in ANASP competitions. Release aids for archers with disabilities may be allowed by event officials or the state coordinator.
- (G) Only bows without draw stops may be used.
- (H) Bow cams, wheels and arrow rests must be stock and without customization or modification.
- (I) A maximum of two nock locaters may be placed on the center serving area of the bow string.
- (J) Heat-shrink tubing may be placed on the bowstring, provided that the tubing covers the entire center serving area above and below the nock locaters.
- (J) Bow grip must be standard and unmodified.

RULE 3.3 – Arrows

- (A) All arrows must be stock Easton 1820 Genesis aluminum with glued-on nocks or push-in G-nocks, 65-grain target points, and 2.8-inch plastic vanes.
- (B) Arrow shafts, nocks, vanes and points must be in safe working order.

RULE 3.4 – Inspection of Equipment

All bows, arrows and accessories used by archers in competition may be subjected

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to a thorough inspection, which may include dismantling after use, by tournament officials.

RULE 3.5 – Targets

- (A) All targets shall be FITA-style archery targets with an 80-centimeter face.
- (B) Each target shall have 10 evenly spaced concentric scoring rings with the following colors, starting from the center of the target: yellow, red, blue, black and white.
- (C) Paper target covers, or faces, may be used for more accurate scoring.

RULE 3.6 – Arrow Curtains

Arrow curtains shall be, at a minimum, 30 feet long and 8 feet wide and made of arrow-resistant fabric or other material approved by NASP regulations.

RULE 3.7 – Ground Quivers

Ground quivers must keep arrows securely in place, require minimal space and provide ample access for the archer to remove arrows by grasping them around the shaft and below the fletching. Vertical tubes 18 inches tall and 1-2½ inches in diameter with secure bases are recommended.

RULE 3.8 – Comfort Devices

- (A) Archers may use arm guards, wrist straps, finger or wrist slings, shooting gloves, finger tape, finger tabs and string-mounted “no-gloves” attachments without kisser or locator button for comfort.
- (B) Only wrist slings with stock bolts or screw attachments to the bow or bow accessory hole may be used.



RULE 3.9 – Flights, Sub-Events, and Ends

- (A) In all ANASP competitions, each archer shall participate in a flight of one sub-event at a distance of 10 meters (32.5 feet) and one sub-event at a distance of 15 meters (48.75 feet).
- (B) Each sub-event is one practice and three scored ends. Only the scored ends may contribute to individual or team scores.
- (C) An end is five arrows.

RULE 3.10 – Competition Range

- (A) A regulation arrow curtain shall be placed 30 inches (76 centimeters) or more in front of any solid object such as a wall or post along the entire length of the arrow curtain.
- (B) The arrow curtain must be attached to sturdy structures in such a manner to allow 3 to 6 inches (7.5 to 15 centimeters) of the curtain to drape onto the floor with folds and wrinkles along its entire length.
- (C) Targets shall be placed as close as possible, but within 30 inches (76 centimeters), from the arrow curtain without pinning it down in a straight line so that the center of each target is approximately 5 feet (1.5 meters) from the center of the adjacent target.
- (D) All entrances and exits downrange of the waiting line must be locked, blocked and/or signed in such a manner to prevent someone from inadvertently walking onto the range.
- (E) A target line shall be marked approximately 2 meters (6.5 feet) from the front of the targets and shall be parallel to the targets.
- (F) Shooting lines shall be marked at intervals of 10 and 15 meters (32.5 and 48.75 feet) from the front of the targets and shall be parallel to the targets.
- (G) A waiting line shall be marked 4 meters (13 feet) beyond the 15-meter shooting line and shall be parallel to the 15-meter shooting line.
- (H) Ground quivers shall be placed at intervals no less than 30 inches (76 centimeters) along the shooting line in use by archers.
- (I) Bow racks shall be placed equidistant between the 15-meter shooting line and the waiting line, out of the reach of and out of the way of archers when they are behind or at the shooting line.

RULE 3.11 – Outdoor Ranges

- (A) The same general range layout applies to outdoor and indoor ranges.
- (B) In addition to the general range layout, outdoor ranges must either have a barrier or a distance of 50 or more meters (164 or more feet) behind the arrow curtain to prevent arrows from endangering a bystander, structure or equipment.
- (C) An outdoor range must be in an open area where bystanders can easily see the direction from which arrows are shot and instructors or event officials can easily

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observe the range and all areas adjacent to the range.

RULE 3.12 – Shooting Position

- (A) When the two-whistle signal is given, archers will “get bow” and walk to and place one foot on either side of the shooting line. Archers will place the cam of the bow on the toe of their foot closest to the target.
- (B) Archers in wheelchairs shall position their chairs in such a manner that the back of the chair is perpendicular to the shooting line and the shooting line bisects the center of the chair.
- (C) At least one of the archer’s feet or one pair of a wheelchair’s wheels must be on the waiting line side of the shooting line until the three-whistle signal to “go get arrows” is given.

RULE 3.13 – Competition Procedure

ANASP competitions shall follow the competition procedure in Appendix A of this handbook.

RULE 3.14 – Time Limits and Readiness

- (A) All ends must be shot by the archer within 2 minutes from the time the shoot whistle command is given.
- (B) All teams should be assembled and ready to enter the competition range at least 30 minutes before their scheduled shooting time.

RULE 3.15 – Whistle Commands

- (A) Five or more whistle blasts is the emergency whistle signal and is given when there is a potentially unsafe condition on the range. When the emergency signal is given, all archers shall immediately stop what they are doing and walk behind the waiting line. If archers have bows or arrows in their hands, they shall replace arrows in quivers and bows on racks. If archers are on the shooting line with a bow drawn, they shall slowly ease the string down and replace the arrow in the quiver and the bow on the rack.
- (B) Two whistle blasts mean that archers may walk from behind the waiting line, get a bow from the rack, and proceed to the shooting line.
- (C) One whistle blast, or the shoot whistle command, means that archers may remove an arrow from the quiver and shoot.
- (D) Three whistle blasts mean that the archers may walk downrange from behind the waiting line to score and retrieve arrows from the target.

RULE 3.16 – Safety

- (A) All archers must promptly obey whistle commands.
- (B) Bows will be shot only when there is an arrow safely nocked on the bowstring and the bow is being pointed safely downrange toward the target. Dry firing, or shooting the bow without an arrow, can harm archers, bystanders or equipment.
- (C) If an archer drops an arrow on the floor while at the shooting line, the arrow



must remain on the floor. If the archer raises his or her hand, an event official will provide the archer a replacement arrow. The dropped arrow will be picked up only after the three-whistle signal to “go get arrows” has been made.

- (D) Only archers and event officials are permitted to step over the waiting line toward the shooting line or targets. All spectators, parents, instructors, coaches and waiting archers must remain behind the waiting line.
- (E) Archers may nock an arrow only after the one-whistle signal has been given to begin shooting. While nocking and once nocked, the arrow must always be pointed toward the target.
- (F) Archers must carry arrows with one hand covering the points and the other hand under the fletching.
- (G) All archers, instructors and spectators will follow the instructions of event officials or the state coordinator.
- (H) No running is permitted in the archery range.
- (I) **All archers must wear closed-toe footwear.**
- (J) Rules violations or other conduct which risks the safety of archers, instructors or spectators may result in disqualification or expulsion from ANASP.

RULE 3.17 – Coaching

During an event, instructors must remain safely behind the range boundary at all times, including during scoring. Instruction may be given to archers between ends when archers are also behind the waiting line.

Scoring

Rule 4.1 – General Scoring

- (A) Points shall be awarded to archers based upon the location in the target.
- (B) The rings of the target, starting from the center to the edge of the target, shall be scored accordingly:
 - (1) Inner yellow – 10 points
 - (2) Outer yellow – 9 points
 - (3) Inner red – 8 points
 - (4) Outer red – 7 points
 - (5) Inner blue – 6 points
 - (6) Outer blue – 5 points
 - (7) Inner black – 4 points
 - (8) Outer black – 3 points
 - (9) Inner white – 2 points
 - (10) Outer white – 1 point
- (C) Arrows missing the target are scored as 0 points and are not reshot.
- (D) If an arrow is touching a line dividing two scoring rings, the arrow is awarded the higher score.
- (E) If event officials permit archers to score their arrows, both archers shooting during the sub-event must agree on and record the arrow's value before touching any arrows in the target; if archers disagree as to proper scoring, the disagreement shall be resolved by a scoring official.
- (F) Decisions of the scoring official are final.



RULE 4.2 – Score Card

- (A) Each archer shall be provided an official score card; a souvenir score card may be provided at the option of event officials.
- (B) The score card shall show the scores earned by the archer in each sub-event.

- (C) Score cards must remain clean, unbent, unfolded and unwritten upon outside of the score-marking area.
- (D) At the conclusion of the flight, both archers competing on the same target will sign each other's score cards.
- (E) The score cards of the competition shall be official and shall solely govern all scores, standings, awards and records of the competition.

RULE 4.3 – Bounce-Outs

- (A) If an arrow strikes the target face and bounces off, or if an arrow strikes another arrow in the target and falls or bounces off of the arrow, the score for that arrow is left blank and is reshot at the conclusion of shooting of that sub-event as directed by the event officials.
- (B) If tournament rules permit, event officials may provide each archer another arrow to shoot immediately after a bounce-out has occurred rather than waiting until the end of the end or sub-event.
- (C) If an archer is bumped by an adjacent archer, he or she must immediately notify the scoring official. If the scoring official determines that the archer was bumped, a reshot of that arrow may be permitted in the same manner as a bounce-out. If a scoring official is not notified of a bump before time is called, no reshot will be allowed.

RULE 4.4 – Excess Arrows

If an archer shoots more than the allotted number of arrows per end at the target, the lowest-scoring arrows shot will be scored for that end. For example, if an archer shoots six arrows, five of which are 10s and one of which is a 9, then one of the 10s is forfeited.

RULE 4.5 – Team Score

A team's score is the sum of the team's highest 12 individual scores, with at least four scores of both genders. (Top 4 boys + top 4 girls + next 4 highest scores)

RULE 4.6 – Ties

- (A) In the event of a tie among teams or individuals, the number of 10s recorded by each team or individual will be used to determine final standings.
- (B) If a tie remains between or among teams or individuals after comparing 10s scored, the number of 9s recorded by each team or individual will be used to determine final standings.
- (C) If a tie remains between or among teams or individuals after comparing 10s and 9s scored, the tie-breaking procedure will continue from 8s to 1s until the tie is broken.
- (D) If a tie remains between or among teams or individuals after comparing all scoring rings, then the teams or individuals will shoot one scored end from 15 meters to break the tie.

RULE 4.7 – Protests

- (A) Protests can be made only concerning tabulation errors or equipment; no other protests will be considered.
- (B) Protests must be made within 15 minutes of the close of the flight to which such protests relate.
- (C) Protests must be made to the state coordinator or to his designates. A location will be provided for instructors to review scores, should they opt to do so. Video evidence will not be considered. The decisions of event officials on all protests are final.
- (D) Protests may be made only by an instructor whose archers competed in the flight.

RULE 4.8 – Disqualification

- (A) Any archer, instructor or team may be disqualified at any time by the state coordinator whenever the following prohibited conduct is brought to his or her attention:
 - (1) If, in the opinion of the state coordinator, an individual disrupts the event;
 - (2) Archers fail to timely report for competition;
 - (3) An archer fires an arrow at any place or time other than those specified by these rules;
 - (4) If, in the opinion of the state coordinator, an individual behaves in other than a sportsmanlike manner including, but not limited to, physical abuse, verbal abuse or threats of any type directed to any person;
 - (5) If, in the opinion of the state coordinator, an individual interferes with the management of the event;
 - (6) If an individual continues to argue a protest after a final decision is made;
 - (7) If an archer uses equipment during a competition which does not conform to ANASP or NASP requirements;
 - (8) If, in the opinion of the state coordinator, an archer or instructor is under the influence of alcohol or drugs; or,
 - (9) Any other conduct by an individual which, in the opinion of the state coordinator, casts ANASP in disrepute.
- (B) Disqualified individuals must immediately leave the competition facility.
- (C) “Individual” for purposes of this section includes archers, instructors, assistant instructors, or parents or spectators which can be identified with a team.
- (D) Teams with a disqualified archer will have the disqualified archer’s score of 0 counted as one of 12 scores for purposes of calculating the overall team score.
- (E) The state coordinator may expel or suspend an individual or team from ANASP on the basis of the disqualification or other conduct which, in his opinion, casts ANASP in disrepute.

Appendix A

Competition Procedure

The following procedure will be used by event officials to conduct a competition:

- (1) Archers will report to their assigned lane 30 minutes before their appointed shooting time. If a flight is in progress, waiting archers should remain well behind the waiting line and out of the way of the current flight.
- (2) Two archers at a time will shoot on each lane: one archer will be A archer and one will be B archer. A archer and B archer cannot be from the same team.
- (3) When prior archers have cleared all of the lanes, event officials will signal to the next flight of archers to place their bows on the racks.
- (4) Archers will place their score cards on band boards and place them on the floor at the target. Pencils will be placed at each target. One A card and one B card will be placed on each board.
- (5) If an archer or team wants to use their own arrows, the tournament arrows will be replaced in the quiver with those arrows.
- (6) Archers will return behind the waiting line and all bows will be in racks and arrows in ground quivers.
- (7) Event officials will inspect bows and arrows for compliance.



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- (8) After inspections are made and the range is verified as clear, event officials will signal with two whistle blasts for archers to get their bows and approach the 10-meter shooting line for a practice end. Each archer should straddle the shooting line and place the bow on the toe.
- (9) Event officials will notify the archers with one whistle blast that they may begin shooting. The 2-minute clock will start as soon as the whistle command is given.
- (10) When an archer has finished shooting, the archer will place the bow back on the rack and return behind the waiting line.
- (11) After all archers are finished and the range is verified as clear, archers will be signaled with three whistle blasts to score and/or retrieve arrows. Only the two archers who shot will approach the targets to score and/or retrieve arrows.
- (12) Each archer will score arrows with the assistance of the other archer who shared the lane. All arrows must be scored before any arrow or the target's face is touched to avoid affecting the score of unscored arrows remaining in the target. Both archers must agree to the scoring; if they are unable to agree, they will request a ruling from an event official on the score. The event official's decision is final. When the arrow values have been recorded on the score sheets, the archers must leave their scorecards on the floor at the base of the targets before they pull their arrows.
- (13) After scoring and safely retrieving arrows, the archers will return the arrows to the ground quivers and return behind the waiting line.
- (14) When the 10-meter sub-event (one practice and three scoring ends for the two A and the two B archers) is over, the archers will move the ground quivers to the 15-meter shooting line.
- (15) Steps 8 through 14 will be repeated at the 15-meter distance.
- (16) After the end 15-meter sub-event, all archers and event officials should ensure that all scorecards have been completely filled out and signed by both A and B archers on their respective score cards.
- (17) If there are any bounce-outs to be reshot, these scorecards will be collected by event officials and when directed, the appropriate archers shall reshoot and score these arrows.
- (18) When all bounce-outs have been shot and scored, all signed score cards are collected by event officials and delivered to the scoring room.
- (19) When the flight is complete, all archers in the flight will remove their bows from the racks and any personal arrows from ground quivers, and leave the range to make room for the next flight.



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