

VOLUME 6 • FEBRUARY 2023

SCHOOL COUNSELING SCOOP

CARL A. FURR MONTHLY NEWSLETTER



TAKE A PEEK!

1-
MONTHLY CHARACTER TRAIT &
POSITIVITY PROJECT (P2)

2-
KINDNESS WEEK 2/14-2/18

3-
MENTAL HEALTH MATTERS-
FOCUS ON ATTENTION
DISORDERS (ADHD)

4-
SCHOOL COUNSELOR CONTACT
INFORMATION

Character Trait for February is KINDNESS :

Kindness means that you say and do nice things. You are helpful to others and enjoy doing good deeds. When you do something kind for someone, they are inspired to spread kindness too.

[Click here](#) for more resources on kindness from the positivity project. We think you will enjoy it!

Mental Health Matters!

All about Attention-Deficit/Hyperactive Disorders (ADHD)

The most common diagnosis among young children is an attention-deficit/hyperactive disorder. There are three main types of ADHD that children can be diagnosed with: predominately inattentive type, predominately hyperactive/impulsive type or a combined type. To learn more about this condition, [click here](#).

If you are concerned that your child may have this condition, it is best to reach out to your medical provider/primary physician.

The medical providers are the ones that can conduct an evaluation to determine if your child qualifies for this disorder. If so, they are the professionals that can guide you about treatment options and next steps. Part of the evaluation process includes gathering input and information from the school setting. Specifically, your child's teacher(s) and other school staff that know and work with your child.

Please reach out to one of us if you have any questions or would like more information on this topic.

Our Contact Information:

Mrs. Lisa Campbell-

1st, 3rd & 5th School Counselor
lisa.campbell@cabarrus.k12.nc.us
704-260-6120

Mrs. Audra Misenheimer-

K, 2nd & 4th School Counselor
audra.misenheimer@cabarrus.k12.nc.us
704-260-6121

**KINDNESS
is a gift
everyone
can afford
to give.**

-UNKNOWN

Kindness Week is 2/13-2/17

Please check out the posters below to learn more about how we can show kindness above and beyond our normal efforts this week :)

[Click here](#) for English

[Click here](#) for Spanish