

VOLUME 8 • APRIL 2023

SCHOOL COUNSELING SCOOP

CARL A. FURR MONTHLY NEWSLETTER



Character Trait for April is PERSEVERANCE:

TAKE A PEEK!

1-
MONTHLY CHARACTER
TRAIT WITH THE
POSITIVITY PROJECT (P2)

2-
THE POWER OF POSITIVE
THINKING!

3-
SCHOOL COUNSELOR
CONTACT INFORMATION

Perseverance means to continue working toward a goal despite encountering obstacles. They keep trying and don't give up.

People who demonstrate perseverance have a positive attitude or "growth mindset". They also stay focused on their goals and continue to work toward them. [Click here](#) for the P2 family newsletter.

[Click here](#) for a story about perseverance called "The Boy Who Never Gave Up" by A. Curcio



The Power of Positive Thinking!

Sometimes, our students stay stuck in a negative thought or feeling. It is important to teach kids how to change these thoughts and feelings into positive and more uplifting ones. When we learn new skills, it does require practice. [Click here](#) for a song with several positive affirmations. Join in and say them aloud with your child/children. It may just help you too :)

If you prefer a story over a song, [click here](#) to check out a story all about positive thinking!

[Click here](#) for another resource that gives families tips and ideas for helping their children feel better and turn negative emotions/experiences into a positive one.

We hope you find these resources helpful!

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PERSEVERANCE

"If At First You
Don't Succeed,
Try, Try
Again!"

-CS LEWIS