

# BREAKFAST MENU

## OKMULGEE DUNBAR SCHOOL

MAY 2018

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|--|---|---|---|
|   | 1<br>Cinnamon French Toast<br>Stix<br>Syrup<br>Trail MIX<br>Apple Juice<br>White or Chocolate Milk           | 2<br>Cheese Omelet<br>Bread Stick<br>Peaches<br>Apple Cherry Juice<br>White or Chocolate Milk | 3<br>Breakfast Pizza<br>Fresh Apple Slices<br>OJ<br>White Milk<br>Chocolate Milk    | 4<br>Choice Of Cereal<br>Toast & Jelly<br>Pears<br>Apple Juice<br>White or Chocolate Milk |
| 7<br>Blueberry Muffin<br>Sausage<br>Fresh Apple Slices<br>OJ<br>White or Chocolate Milk   | 8<br>Breakfast Pizza<br>Peaches<br>Apple Cherry Juice<br>White or Chocolate Milk                             | 9<br>Scrambled Eggs & Ham<br>Bread Stick<br>Pineapple<br>OJ<br>White or Chocolate Milk        | 10<br>Blueberry Parfait<br>Bacon<br>Apple Juice<br>White or Chocolate Milk          | 11<br><b>No<br/>School</b>  |
| 14<br>Apple Cinnamon Muffin<br>Sausage<br>Pears<br>Apple Juice<br>White or Chocolate Milk | 15<br>Cinnamon French<br>Toast Stix<br>Syrup<br>Fresh Apple Slices<br>Apple Juice<br>White or Chocolate Milk | 16<br>Cheese Omelet<br>Bread Stick<br>Peaches<br>OJ<br>White or Chocolate Milk                | 17<br>Pancake Sausage Stick<br>Applesauce<br>Apple Juice<br>White or Chocolate Milk | Woooooo<br>Hoooooo!!<br>SCHOOLS OUT FOR<br>SUMMER!  |

**HAVE A SAFE AND AMAZING  
SUMMER!  
REMEMBER TO DRINK WATER,  
EAT YOUR VEGGIES, &  
PLAY OUTSIDE!**

This institution is an equal opportunity provider.

All meals are planned to meet the US Dietary Guidelines & are prepared and served by qualified child nutrition professionals.

MENUS ARE SUBJECT TO CHANGE DUE TO DELIVERIES AND AVAILABILITY

Questions or Comments? Call the Child Nutrition Director: 758.2000, extension 2102

Okmulgee Schools Child Nutrition Employees are certified in Food Safety in Schools, an eight-hour safe food handling course

ALL STUDENTS OF OKMULGEE PUBLIC SCHOOLS EAT FREE BREAKFAST AND LUNCH  
free for first meal—second meals for students cost \$2.75 for lunch, \$1.75 for breakfast  
~milk sold a la carte during breakfast & lunch~