

Green Forest School Lunch (K-12) September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 LABOR DAY	3 Crispitos White beans Tuscan veggies Rosey applesauce	4 Beef-n-Macaroni Salad Breadsticks Broccoli Assorted fresh fruit	5 Frito Chili Pie Raw veggie strips Corn Orange wedges Cinnamon roll	6 Chicken Sandwich Lettuce/tomato/pickle Potato wedges Peaches Cookie	7	
8	9 Corndogs Baked beans Carrots w/Ranch Fruit	10 Nachos w/Beef Pinto beans Salad Assorted fresh fruit	11 Chicken Slugger Mashed potatoes w/gravy Green beans Mixed fruit Roll	12 Hot Pocket Broccoli salad Carrots/celery w/Ranch Chocolate pudding Pears	13 Hamburger Sidewinders Lettuce/tomato/pickle Pineapple Cookie	14	
15	16 Chicken Nuggets Mashed potatoes w/gravy Green beans Peaches	17 Quesadillas Black beans Salad Mixed fruit w/marshmallows	18 Sub Sandwich Corn Lettuce/tomato/pickle Strawberries Krispy rice treat	19 Little Smokies Mac-n-Cheese Peas Salad Fresh fruit	20 NO SCHOOL	21	
22	23 Breaded Beef Fingers Mashed potatoes w/gravy Peas & carrots Fresh fruit	24 Chicken fajita Bean dip Chips & salsa Fire roasted corn Mandarin oranges	25 Club sandwich Sweet potato FF Broccoli w/Ranch Sidekicks	26 Sweet-n-sour chicken Oriental veggies Carrots Fruit Fortune cookie	27 Cheese burger Potato smiles Lettuce/tomato/pickle Cookie Peaches	28	
29	30 Ravioli Salad Corn Bread stick Mandarin oranges						
			* All meals served with Milk *USDA is an equal opportunity employer and provider. Menu subject to change.				