

Name: \_\_\_\_\_

**THE ANTI-BYSTANDER CONTRACT**

Read this contract and share it with your class and your family. Together, discuss the meaning of each clause. Use the back of this page if you, your class or your parents wish to revise any portion of the contract or add additional rules. When everyone is satisfied with the contract, sign it below. Keep a copy where you will be able to refer to it whenever necessary.

**ANTI-BYSTANDER CONTRACT**

Everyone has the right to feel physically and emotionally safe at school. I will do everything I can personally, as a member of my school's community, to create and preserve a physically and emotionally safe environment.

1. I acknowledge that being bullied takes a serious physical and emotional toll on its victims and, therefore, I will not be a bully.
2. I understand that there is no such thing as an innocent bystander. By doing nothing, I am not just letting bullying happen, I am encouraging it.
3. When I witness bullying, I will use what I have learned along with my good judgment and act accordingly. When appropriate, I will step in. I will always report the incident to a teacher or other adult.
4. I realize that saying something mean online, in an email, on a social networking site or via text message is just as hurtful as face-to-face bullying (if not more so) and I promise to report any online abuse and not partake in cyberbullying.
5. I will do my best to befriend victims of bullying and let them know they can count on me for support.
6. If one of my friends is being a bully, I will not stand by. Even though they are my friends, I will tell them to stop.
7. I will do my best to educate my peers about the effects bullying has on its victims and how stepping in and not being a bystander can make all the difference.
8. I will abide by the Golden Rule and treat others the way I would like to be treated. I will defend others the way I hope others would defend me.

**Student's responsibility:**

I commit that I will not bully my peers. When I witness bullying, I will report it to an adult and if possible, stand up for the victim.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Teacher

\_\_\_\_\_  
Date

**Parent/Guardian's responsibility:**

I commit to encouraging my child to always respect others. I have instructed my child not to bully. I have advised my child to report any bullying to the authorities and stand up to the bully if it is safe to do so.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date