



**TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION  
Middle School Checklist**

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
<b>§115.26 6th grade</b>							
(3) Mental health and wellness-social and emotional health 3A, B, C, E, F						✓	
(4) Mental health and wellness--developing a healthy self-concept, 4A, 4C						✓	
(5) Mental health and wellness--risk and protective factors 5A, 5B						✓	
(6) Mental health and wellness--identifying and managing mental health and wellness concerns 6A, B, C, D, E,						✓	
(13) Injury and violence prevention and safety--digital citizenship and media 13A, B, C, F	✓	✓	✓	✓			
(14) Injury and violence prevention and safety--interpersonal violence 14B, C, D				✓			✓
(15) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects 15A, D					✓		
(16) Alcohol, tobacco, and other drugs--short- and long-term impacts 16A,B					✓		
(18) Alcohol, tobacco, and other drugs--risk and protective factors 18A,C,D					✓		
(20) Reproductive and sexual health--healthy relationships 20A,C,D,E,F	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries 21A,B,C,D,E,F,G	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk 23A.B.C.D.E.F.G.H,I	✓	✓	✓				

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
<b>§115.27 7th-8th grade</b>							
(3) Mental health and wellness--developing a healthy self-concept 3A,B,C,D,E,F						✓	
(4) Mental health and wellness--risk and protective factors 4A,B,C						✓	
(5) Mental health and wellness--identifying and managing mental health and wellness concerns 5A,C						✓	
(6) Healthy eating and physical activity--food and beverage daily recommendations 6B,C,D,E,F,G						✓	
(13) Alcohol, tobacco, and other drugs--use, misuse, and physiological effects 13A,B,C				✓			
(14) Alcohol, tobacco, and other drugs--short- and long-term impacts 14A,B,C							✓
(15) Alcohol, tobacco, and other drugs--treatment 15A,B,D					✓		
(16) Alcohol, tobacco, and other drugs--risk and protective factors 16C						✓	
(18) Reproductive and sexual health--healthy relationships 18A,B,C						✓	
(20) Reproductive and sexual health--anatomy, puberty, reproduction, and pregnancy 20C,E,G	✓	✓	✓				
(21) Reproductive and sexual health--personal safety, limits, and boundaries 21A,B,C,D,E,F,G,H	✓	✓	✓				
(23) Reproductive and sexual health--sexual risk 23A,B,D,D,E,F,G,H,I,J,K,L,M,N,O,P,Q	✓	✓	✓				

<b>Program Options</b>
AFS - Aim for Success 6th-12th grade
DTS - Determined to Succeed 6th-12th grade
FTS - Freedom to Succeed 6th-12th grade
FOS - Focus on Success 6th-12th grade
PTS - Power to Succeed 5th-12th grade
NAV - Navigate 6th-12th grade
RAD - Radical 6th-12th grade
TNC - The Next Chapter 6th-12th grade

A connected student is a protected student.®



**TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR HEALTH EDUCATION  
High School Checklist**

	AFS	DTS	FTS	FOS	PTS	NAV	RAD/TNC
<b>§115.37 High School</b>							
(3) Mental health and wellness-social and emotional health							
(4) Mental health and wellness-risk and protective factors						<<	
(11) Injury and violence prevention and safety-digital citizenship and media							
11A				✓			
(14) Alcohol, tobacco, and other drugs-short- and long-term impacts				✓			✓
(16) Alcohol, tobacco, and other drugs-risk and protective factors							
16A					✓		
(17) Alcohol, tobacco, and other drugs-prevention							
17B				✓	✓		
(18) Reproductive and sexual health-healthy relationships							
18B	✓	✓	<				
(19) Reproductive and sexual health-personal safety, limits, and boundaries							
19B,C,D,E,F,G,H	✓	✓	✓				
(20) Reproductive and sexual health-anatomy, puberty, reproduction, and pregnancy	✓	✓	✓				
(23) Reproductive and sexual health-sexual risk							
23A,B,C,D,E,F,G,H,I	✓	✓	✓				
<b>§115.38 Health 1</b>							
(2) Mental health and wellness-social and emotional health							
2A						✓	
(3) Mental health and wellness-developing a healthy self-concept						✓	
(4) Mental health and wellness-risk and protective factors						✓	
(5) Mental health and wellness-identifying and managing mental health and wellness concerns						✓	
5A						✓	
(11) Injury and violence prevention and safety-digital citizenship and media							
11A,B				✓			
(12) Injury and violence prevention and safety-interpersonal violence							
12C							✓
(13) Alcohol, tobacco, and other drugs-use, misuse, and physiological effects							
13C							
(14) Alcohol, tobacco, and other drugs-short- and long-term impacts					✓		
(16) Alcohol, tobacco, and other drugs-risk and protective factors							
16A					✓		
(17) Alcohol, tobacco, and other drugs-prevention							
17A							
(18) Reproductive and sexual health-healthy relationships							
18A,B	✓	✓	✓				
(19) Reproductive and sexual health-personal safety, limits, and boundaries							
19B,C,D,E,F,G,H	✓	✓	✓				
(20) Reproductive and sexual health-anatomy, puberty, reproduction, and pregnancy	✓	✓	✓				
(21) Reproductive and sexual health-sexual risk							
21A,B,C,D,E,F,G,H,I,J	✓	✓	✓				
<b>§115.38 Health 2</b>							
(2) Mental health and wellness-social and emotional health							
2A,B						✓	
(3) Mental health and wellness-developing a healthy self-concept						✓	
(4) Mental health and wellness-risk and protective factors						✓	
(5) Mental health and wellness-identifying and managing mental health and wellness concerns						✓	
5A,B						✓	
(12) Injury and violence prevention and safety-digital citizenship and media							
12A,B				✓			✓
(13) Injury and violence prevention and safety-interpersonal violence							
13A,B							✓
(15) Alcohol, tobacco, and other drugs-short- and long-term impacts					✓		
(18) Alcohol, tobacco, and other drugs-prevention					✓		
(19) Reproductive and sexual health-healthy relationships							
19B	✓	✓	✓				
(20) Reproductive and sexual health-personal safety, limits, and boundaries.							
20B,C,D,E	✓	✓	✓				
(21) Reproductive and sexual health-anatomy, puberty, reproduction, and pregnancy							
21A	✓	✓	✓				
(22) Reproductive and sexual health-sexual risk							
22B,D,E,F,G,H,I	✓	✓	✓				
<b>Program Options</b>							
AFS - Aim for Success	DTS - Determined to Succeed	FTS - Freedom to Succeed	FOS - Focus on Success	PTS - Power to Succeed	NAV - Navigate	RAD - Radical	TNC - The Next Chapter

A connected student is a protected student.®

[www.justsayyes.org/wellness-education](http://www.justsayyes.org/wellness-education) • (972)422-2322 • [information@justsayyes.org](mailto:information@justsayyes.org)

## **Aim for Success**

### **Sexual Health Awareness - Equipping Students to Make Healthy Choices 2021-2022 School Year**

Program includes age-appropriate versions for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

#### **6<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction: Dreams and Goals**

Choices you make now may affect your future. Staying focused will help you reach your dreams and goals.

Word Game: Demonstrates that, depending on how it's used, sex can have positive or negative consequences.

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

#### **Teen Pregnancy**

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

#### **Beware of Sexual Abusers**

Sexual abuse is never the victim's fault.

Who may be a sexual abuser? How to recognize sexual abuse.

If you are, or have been, involved in sexual abuse, (1) Stop; (2) Get away; (3) Tell an adult.

#### **STDs**

According to latest statistics from the CDC, there were about 13 million STD infections in young people ages 15-24 within a year.

STDs can be asymptomatic – no signs, no symptoms, but contagious.

Discussion of HIV/AIDS, Chlamydia, Herpes and HPV (human papilloma virus).

Demonstration shows how easily STDs spread.

#### **Emotional Hurts**

Psychologists say having sex is the most intimate form of bonding.

Breaking up after having sex can leave a person with painful memories and emotions.

Gloves Object Lesson: Having sex creates a special bond which makes breaking up harder.

#### **Sexting**

Students learn the short- and long- term risks of sexting.

Juvenile sexting laws are discussed.

Once you hit send there are no "take backs".

#### **Conclusion/Survey**

Students recap the risks of having sex outside of a marriage, or long-term, mutually monogamous relationship.

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Compiled results and comments are sent to the school.

## **Aim for Success**

### **Sexual Health Awareness - Equipping Students to Make Healthy Choices 2021-2022 School Year**

Program includes age-appropriate versions for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

#### **7<sup>th</sup>-12<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction / Dreams and Goals**

Choices you make now may affect your future.

Aim Game: Demonstrates staying focused/avoiding distractions will help you reach your dreams and goals.

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

#### **Teen Pregnancy / Contraception**

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

While they do help prevent pregnancy, condom use is about 87% effective with typical use, and the birth control pill is about 93% effective with typical use (according to the CDC).

It's never too late to make a different decision and wait from now on. Focus on the future rather than the past.

#### **Sexual Abuse**

Sexual abuse is never the victim's fault. If you are/have been involved in sexual abuse, tell an adult/seek help.

#### **STDs**

According to latest statistics from the CDC, there were about 13 million STD infections in young people ages 15-24 within a year.

STDs can be asymptomatic – no signs, no symptoms, but contagious.

Discussion of HIV/AIDS, Chlamydia, Herpes, and HPV (human papilloma virus).

STDs can be transmitted by oral sex (anal sex included in 9<sup>th</sup>-12<sup>th</sup> grade only).

Demonstration shows how easily STDs spread.

It is important to seek STD testing from a doctor if either person has been involved in sexual activity.

#### **Emotional Hurts**

Psychologists say having sex is the most intimate form of bonding.

Story object lesson: The bond of sex can be powerful. Sex can make it harder to leave, even when a person is in an unhealthy relationship or experiencing teen dating violence.

#### **Sexting**

Students learn the short- and long- term risks of sexting.

Juvenile sexting laws are discussed.

Once you hit send there are no "take backs".

#### **Setting Boundaries**

Determining your boundaries ahead of time helps you know when to say "no".

#### **Conclusion / Survey**

Students recap the risks of having sex outside of a marriage, or long-term, mutually monogamous relationship.

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Response averages/comments are sent to the school.

## ***Freedom to Succeed***

### ***Awareness and Understanding of the Laws 2021-2022 School Year***

Program includes age-appropriate versions for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

#### **6<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction: Dreams and Goals**

Laws are created to protect you and can help you reach your dreams and goals.

Word Game: Demonstrates that, depending on how it's used, sex can have positive or negative consequences.

#### **Teen Pregnancy and Child Support**

Challenges of teen pregnancy are discussed.

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

#### **How does the law define sex?**

Students are given the legal definition of sex which includes any "touching of sexual areas".

Laws are made to protect you. You can protect yourself by being aware of the law.

#### **Criminal Law**

Sexual crimes (as defined in your state) are explained including public lewdness, sexual harassment, indecent exposure, indecency with a child, and sexual assault.

Students hear a story demonstrating how serious the legal consequences of sexual crimes can be.

Demonstration shows how difficult it can be to guess someone's age. Individuals or parents can report sex with an underage person as Sexual Assault or even Aggravated Sexual Assault (legal age of consent by state).

Sexual crimes can result in sex offender registration. Even those under the age of 18 could be required to register as a sex offender.

#### **Beware of Sexual Abusers**

Sexual abuse is never the victim's fault.

Who may be a sexual abuser? How to recognize sexual abuse.

If you are, or have been, involved in sexual abuse, (1) Stop; (2) Get away; (3) Tell an adult.

#### **Sexting/Pornography**

Laws regarding pornography and sexting are discussed.

Students learn the short- and long- term risks of sexting.

Juvenile sexting laws and revenge porn laws are discussed.

Once you hit send there are no "take backs".

#### **Concentration Game**

It can be difficult to remember so many details of the law, but the law expects you to remember 100% of them.

Waiting for sexual activity means you don't have to remember all of the legal details.

#### **Conclusion/Survey**

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Compiled results and comments are sent to the school.

## ***Freedom to Succeed***

### ***Awareness and Understanding of the Laws 2021-2022 School Year***

Program includes age-appropriate versions for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

#### **7<sup>th</sup>-12<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction: Dreams and Goals**

Laws are created to protect you and can help you reach your dreams and goals.

#### **Teen Pregnancy and Child Support**

Challenges of teen pregnancy are discussed.

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

It's never too late to make a different decision and wait from now on. Focus on the future rather than the past.

#### **How does the law define sex?**

Students are given the legal definition of sex which includes any "touching of sexual areas".

Laws are made to protect you. You can protect yourself by being aware of the law.

#### **Criminal Law**

Sexual crimes (as defined in your state) are explained including public lewdness, sexual harassment, indecent exposure, indecency with a child, and sexual assault.

Students hear a story demonstrating how serious the legal consequences of sexual crimes can be.

Demonstration shows how difficult it can be to guess someone's age. Individuals or parents can report sex with an underage person as Sexual Assault or even Aggravated Sexual Assault (legal age of consent by state).

Sexual crimes can result in sex offender registration. Even those under the age of 18 could be required to register as a sex offender.

#### **Sexual Abuse/Teen Dating Violence**

Sexual abuse is never the victim's fault. If you are, or have been, involved in sexual abuse, tell an adult/seek help.

Teen Dating Violence: Legal definition and "red flags" for unhealthy relationships are discussed.

#### **Sexting/Pornography**

Laws regarding pornography and sexting are discussed.

Students learn the short- and long- term risks of sexting.

Juvenile sexting laws and revenge porn laws are discussed.

Once you hit send there are no "take backs".

#### **The Best Protection**

Waiting for sexual activity gives you full protection from teen pregnancy, STDs, and legal consequences.

#### **Conclusion/Survey**

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Compiled results and comments are sent to the school.

## ***Determined to Succeed***

***Exceeding the Pressures of Life  
2021-2022 School Year***

Program includes age-appropriate versions for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

### **6<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction / Dreams and Goals**

Setting goals will help you reach your dreams.

Word Game: Demonstrates that, depending on how it's used, sex can have positive or negative consequences. Your passion to succeed must exceed the pressures of life.

#### **Teen Pregnancy and STDs**

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

According to latest statistics from the CDC, there were about 13 million STD infections in young people ages 15-24 within a year.

STDs can be asymptomatic – no signs, no symptoms, but contagious.

Discussion of HIV/AIDS, Chlamydia, Herpes and HPV (human papilloma virus).

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

Examples of famous people who have either waited or decided to start waiting until marriage.

#### **Pressures and Influences**

**Hormones / Biology:** Females can conceive 1-5 days per month, but (especially for teenage girls) there is no way to know when the egg is released. Males are able to fertilize an egg every day of the month. Hormones are more active throughout teen years. Both males and females are capable of controlling desires.

**Love:** True love never pressures someone to do something that could hurt them. Breaking up from a sexual relationship can result in long lasting emotional hurts. Through an object lesson, students learn the difference between love or crush.

**Beware of Sexual Abusers:** Sexual abuse is never the victim's fault. How to recognize sexual abuse. If you are, or have been, involved in sexual abuse, (1) Stop; (2) Get away; (3) Tell an adult.

**Peer Pressure:** Students learn refusal skills and are given ideas on how to remove themselves from a situation.

**Media:** Students learn how the media uses sex to sell products or influence decisions.

**Sexing:** Students learn the short- and long- term risks of sexting. Juvenile sexting laws are discussed. Once you hit send there are no "take backs".

**Addiction:** Demonstration shows how pornography can lead to an imbalance of dopamine in the brain and result in addiction.

**Drugs and Alcohol:** Students hear scenario illustrating how drugs and alcohol can impair your ability to make decisions leading to things you may not normally do.

#### **Conclusion/Survey**

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Compiled results and comments are sent to the school.

## ***Determined to Succeed***

***Exceeding the Pressures of Life  
2021-2022 School Year***

Program includes an age-appropriate version for 6<sup>th</sup> grade, 7<sup>th</sup>-8<sup>th</sup> grade, and 9<sup>th</sup>-12<sup>th</sup> grade.

### **7<sup>th</sup>-12<sup>th</sup> Grade Outline for a One-Hour Program**

Portions of the program will be omitted if less than one hour.

#### **Introduction / Dreams and Goals**

Setting goals will help you reach your dreams.

Your passion to succeed must exceed the pressures of life.

#### **Teen Pregnancy and STDs**

What is the only 100% guaranteed way you won't face a teen pregnancy? Waiting.

According to latest statistics from the CDC, there were about 13 million STD infections in young people ages 15-24 within a year.

STDs can be asymptomatic – no signs, no symptoms, but contagious.

Discussion of HIV/AIDS, Chlamydia, Herpes and HPV (human papilloma virus).

While they do help prevent pregnancy, condom use is about 87% effective with typical use, and the birth control pill is about 93% effective with typical use (according to the CDC).

It is important to seek STD testing from a doctor if either person has been involved in sexual activity.

As suggested by the CDC and directed by the Texas Education Code, sex is best shared in a long term, mutually monogamous relationship, or marriage.

It's never too late to make a different decision and wait from now on. Focus on the future rather than the past.

Examples of famous people who have either waited or decided to start waiting until marriage.

#### **Pressures and Influences**

**Hormones / Biology:** Females can conceive 1-5 days per month, but (especially for teenage girls) there is no way to know when the egg is released. Males are able to fertilize an egg every day of the month. Hormones are more active throughout teen years. Both males and females are capable of controlling desires.

**Love:** True love never pressures someone to do something that could hurt them. Breaking up from a sexual relationship can result in long lasting emotional hurts. Through an object lesson, students learn the difference between love or crush.

**Sexual Abuse:** Sexual abuse is never the victim's fault. If you are, or have been, involved in sexual abuse, tell an adult/seek help.

**Peer Pressure:** Students learn refusal skills and are given ideas on how to remove themselves from a situation.

**Media:** Students learn how the media uses sex to sell products or influence decisions.

**Sexting:** Students learn the short- and long- term risks of sexting. Juvenile sexting laws are discussed. Once you hit send there are not "take backs".

**Addiction:** Demonstration shows how pornography can lead to an imbalance of dopamine in the brain and result in addiction.

**Drugs and Alcohol:** Students hear scenario illustrating how drugs and alcohol can impair your ability to make decisions leading to things you may not normally do.

#### **Conclusion/Survey**

Our surveys as well as the CDC show that most teens are not having sex.

A voluntary, anonymous survey is offered to students. Compiled results and comments are sent to the school.





**Just Say YES – Youth Equipped to Succeed Programs for Kountze ISD**

Aim for Success/Just Say YES – Youth Equipped to Succeed have presented programs in schools for over 25 years. Our mission statement is –“Growing value and vision in youth by combating isolation and imparting hope.” Currently we partner with over 150+ school districts in Texas. Our programs are educational and content based to meet the TEK requirements for each grade level. Programs are updated annually and are reviewed by our advisory board. This board consists of education administrators, medical professionals, and students. All of our human sexuality programs follow the SRA (Sexual Risk Avoidance) model for optimal health.

We are a nonprofit youth health education organization based in Dallas. We provide in person programs dealing with bullying, drugs & alcohol, relationships/sexual health, technology, sexting, pornography, and healthy relationships. Our one hour programs are strategically designed to deliver helpful health information efficiently in a short period of time. Typically, we send a speaker to present a parent preview the night before student programs. This parent preview allows parents to see the entire student program and includes parent education encouraging parents to stay connected with their student. We believe parents are the #1 educator when it comes to relationships and sexual health. Next our speaker comes to campus and presents up to 5 student presentations of the same program type. We believe that smaller group sizes helps lessen distractions and encourages more interaction with the speaker. After our programs, we take a voluntary and anonymous survey and compile those results and send those to your administration.

HB 1525 that was passed last May has brought for many changes to human sexuality programs in schools. We have made these adjustments and also have aligned our programs with the new Health TEKS that go into effect 2022-2023. Human Sexuality programs are now OPT IN – we have permission slips available for your use. Below are all Human Sexuality programs that we offer. Most schools present one program type annually. By the time students have been through middle and high school they have seen most programs twice. We also have a program for 5<sup>th</sup> grade students that introduces (puberty and adolescence.

<b><u>Aim for Success</u></b> Relationships/Sexual Health 60 minutes	<b><u>Determined to Succeed</u></b> Relationships/Sexual Health 60 minutes	<b><u>Freedom to Succeed</u></b> Relationships/Sexual Health 60 minutes
<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy</li> <li>• Contraception</li> <li>• Sexual Abuse</li> <li>• STDs</li> <li>• Emotional Hurts</li> <li>• Sexting</li> <li>• Setting Boundaries</li> </ul>	<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy/ STDs</li> <li>• Pressures/Influences</li> <li>• Hormones/Biology</li> <li>• Sexual abuse</li> <li>• PeerPressure/Media</li> <li>• Sexting</li> <li>• Addiction</li> <li>• Drugs and Alcohol</li> </ul>	<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy and Child Support</li> <li>• How does the law define sex?</li> <li>• Criminal Law</li> <li>• Sexual Abuse/Teen Dating Violence</li> <li>• Sexting/Pornography</li> <li>• The Best Protection</li> </ul>

\*For each program type above there is a 6<sup>th</sup> grade version which is developmentally appropriate for that age group.

**Pricing for Kountze ISD (6<sup>th</sup>-12<sup>th</sup>)**

1 shared district parent program

Up to 3 presentations at Kountze Middle School and 2 presentations at Kountze High School(completed in one day)

\*Same program type district wide

In person programs - \$1930.00

Livestream programs - \$1350.00

A connected student is a protected student.®

[www.justsayyes.org/wellness-education](http://www.justsayyes.org/wellness-education) • (972)422-2322 • [information@justsayyes.org](mailto:information@justsayyes.org)



**Just Say YES – Youth Equipped to Succeed Programs for Kountze ISD**

Aim for Success/Just Say YES – Youth Equipped to Succeed have presented programs in schools for over 25 years. Our mission statement is –“Growing value and vision in youth by combating isolation and imparting hope.” Currently we partner with over 150+ school districts in Texas. Our programs are educational and content based to meet the TEK requirements for each grade level. Programs are updated annually and are reviewed by our advisory board. This board consists of education administrators, medical professionals, and students. All of our human sexuality programs follow the SRA (Sexual Risk Avoidance) model for optimal health.

We are a nonprofit youth health education organization based in Dallas. We provide in person programs dealing with bullying, drugs & alcohol, relationships/sexual health, technology, sexting, pornography, and healthy relationships. Our one hour programs are strategically designed to deliver helpful health information efficiently in a short period of time. Typically, we send a speaker to present a parent preview the night before student programs. This parent preview allows parents to see the entire student program and includes parent education encouraging parents to stay connected with their student. We believe parents are the #1 educator when it comes to relationships and sexual health. Next our speaker comes to campus and presents up to 5 student presentations of the same program type. We believe that smaller group sizes helps lessen distractions and encourages more interaction with the speaker. After our programs, we take a voluntary and anonymous survey and compile those results and send those to your administration.

HB 1525 that was passed last May has brought for many changes to human sexuality programs in schools. We have made these adjustments and also have aligned our programs with the new Health TEKS that go into effect 2022-2023. Human Sexuality programs are now OPT IN – we have permission slips available for your use. Below are all Human Sexuality programs that we offer. Most schools present one program type annually. By the time students have been through middle and high school they have seen most programs twice. We also have a program for 5<sup>th</sup> grade students that introduces puberty and adolescence.

<b><u>Aim for Success</u></b> Relationships/Sexual Health 60 minutes	<b><u>Determined to Succeed</u></b> Relationships/Sexual Health 60 minutes	<b><u>Freedom to Succeed</u></b> Relationships/Sexual Health 60 minutes
<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy</li> <li>• Contraception</li> <li>• Sexual Abuse</li> <li>• STDs</li> <li>• Emotional Hurts</li> <li>• Sexting</li> <li>• Setting Boundaries</li> </ul>	<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy/ STDs</li> <li>• Pressures/Influences</li> <li>• Hormones/Biology</li> <li>• Sexual abuse</li> <li>• PeerPressure/Media</li> <li>• Sexting</li> <li>• Addiction</li> <li>• Drugs and Alcohol</li> </ul>	<ul style="list-style-type: none"> <li>• Dreams and Goals</li> <li>• Teen Pregnancy and Child Support</li> <li>• How does the law define sex?</li> <li>• Criminal Law</li> <li>• Sexual Abuse/Teen Dating Violence</li> <li>• Sexting/Pornography</li> <li>• The Best Protection</li> </ul>

\*For each program type above there is a 6<sup>th</sup> grade version which is developmentally appropriate for that age group.

**Pricing for Kountze ISD (6<sup>th</sup>-12<sup>th</sup>)**

1 shared district parent program

Up to 3 presentations at Kountze Middle School and 2 presentations at Kountze High School(completed in one day)

\*Same program type district wide

In person programs - \$1930.00

Livestream programs - \$1350.00

A connected student is a protected student.®

[www.justsayyes.org/wellness-education](http://www.justsayyes.org/wellness-education) • (972)422-2322 • [information@justsayyes.org](mailto:information@justsayyes.org)