

Weleetka Public Schools
Wellness Committee Meeting
School Board Meeting Room
April 11, 2018
8:00 a.m.

1. Sign in
2. Review newly approved Wellness Policy
3. Discuss nutritional guidelines for
 - a. Cafeteria
 - b. Snack Store
 - c. Concession Stand
4. Discuss school-based activity guidelines for
 - a. No candy as rewards.
 - b. Don't withhold recess as punishment.
 - c. Fundraiser candy to be sold only after school hours.
 - d. Physical education requirements.
5. Suggestions from committee members and guests
6. Program Assessment
7. Adjourn

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The meeting was called to order at 8:00 a.m. in the Weleetka Public School Board meeting room.

The following committee members were present:

Chris Carter, Superintendent
Sherry Ray, Child Nutrition Director
Courtney Hare, Elementary Principal
Kim Williamson, Elementary teacher
Jessica Sheneman, Junior High School teacher
Melissa Cloud, Parent
Kallie Hare, Elementary student
Taylor VanMeter, High School Student

The following committee members were absent:

Rita Posey, Counselor
Rusty Johnson, High School Principal
Chad Polson, High School Teacher
Rodney Bencoma, Elementary PE teacher
Kendall Sheneman, Junior High Student

Mr. Carter reviewed our updated Wellness Policy.

The committee discussed providing nutrition education during science and/or health classes.

The committee discussed nutritional guidelines for the cafeteria, student snack store and concession stands.

The committee discussed school-based activity guidelines for fundraisers, student recess and physical education.

The committee discussed taking suggestions from committee members and guests regarding food choices and physical education activities. No suggestions were made at this meeting; but members were going to spread the word for additional input for next meeting.

The committee reviewed our Wellness Policy and deemed it satisfactory at this time.

The meeting was adjourned at 8:35 a.m.