



# School Counselor's Newsletter

Mrs. Chambers

September  
2020

## ICAP

Individual Career Academic Plan (ICAP) refers to both a process that helps students engage in academic and career development activities and a product that is created and maintained for students' academic, career, and personal advancement. ICAP is state-mandated for all 9th and 10th graders for the 2020-21 school year.

Mr. Tillson will be working with students on their ICAPs in the coming weeks.

For more information, visit [www.okedge.com](http://www.okedge.com).

## Pre-ACT and ACT Tests

Due to COVID-19, ACT is offering more opportunities for students to take the ACT. Bray-Doyle is paying for one of those tests for juniors and seniors at a discounted rate of \$39/student. Additionally, the OSRHE is paying for sophomores to take the Pre-ACT. On Tuesday, October 6, 2020, students in grades 10-12 will be administered the Pre-ACT and ACT tests.



## College Application Week

Mark your calendar! College App Week is coming September 22-24. More information will be given to seniors soon. Check Google Classroom for more information.

## Seniors & the FAFSA

The FAFSA window opens October 1, 2020. Visit [studentaid.gov](http://studentaid.gov) to learn more. When the time comes, we will help you with the paperwork.

## National ACT Test Dates for 2020-2021

Test Date	Registration Deadline	Late Fee Required
September 12, 2020 September 13, 2020 (Sunday) September 19, 2020	August 31, 2020	No late fees
October 10, 2020 October 17, 2020 October 24, 2020 October 25, 2020 (Sunday)	September 17, 2020	September 18-25, 2020
December 12, 2020	November 6, 2020	November 7-20, 2020
February 6, 2021	January 8, 2021	January 9-15, 2021
April 17, 2021	March 12, 2021	March 13-26, 2021
June 12, 2021	May 7, 2021	May 8-21, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021

\*\*Visit [my.act.org](http://my.act.org) to register for the ACT test.

\*\*All Juniors will take the CCRA—ACT Test in April 2021. This will be given at school during the day to satisfy state-mandated testing.

### HIV/AIDS Prevention Education Program

The state-mandated HIV/AIDS Prevention Education Program will be taught to 9th & 12th graders on October 5, 2020.

A Parent Information Meeting will be held on Friday, September 4, 2020 from 5:30pm-6:30pm via Google Meets. For more information, or to receive an invite, please call the high school office.

Parents who do not wish for their child to be present for the program must sign an opt-out form, which is available upon request. Please call the high school office.

### College Visit Days for Seniors

Seniors are allowed **two** excused College Visit Days.

In order for the College Day to be excused, seniors must see Mrs. Chambers to request a form. The form must be signed by the student, parent, and all the student's teachers **before** the request is approved by Mr. Vines or Mrs. Chambers.

Check with the college/university prior to going to a college to make sure they are offering in-person visits. You will also need to bring documentation of your visit.

### Thank You!

Thank you to all of the parents, students, and staff members who work together each day to make Bray-Doyle Public Schools run smoothly and effectively. We are honored to work with your children on a daily basis. Thank you for entrusting us with their care!



# CRISIS TEXT LINE |

## Text HELLO to 741741

### Free, 24/7, Confidential

**A "Crisis" doesn't just mean suicide: it's any painful emotion for which you need support:**

Bullying • School Stress • Depression • Anxiety • Suicide  
Relationships • Friendships • Family Problems • Self-Harm

Crisis Text Line serves anyone, in any type of crisis, providing access to a trained counselor for support and information via the medium people already use and trust: text.

**\*\* Please note:** Crisis Text Line is not a replacement for counselling or long-term medical treatment. Their goal is to help you move from an emotionally overwhelming place to a sense of calm, at which point you feel ready to continue on your own.