

School Counselor's Corner

Mrs. Chambers

September 2022

HIV/AIDS Prevention Education Program

The state-mandated HIV/AIDS Prevention Education Program will be taught to 9th & 12th graders on September 26, 2022.

Parents who were unable to attend the virtual information meeting held on August 25, 2022 may request to review the materials in the High School Office.

Parents who do not wish for their child to be present for the program must sign an opt-out form, which is available in the office.

11th Grade—CCRA—ACT Spring 2023

We are currently accepting surveys from parents and other community stakeholders regarding administering the ACT as the locally-selected, nationally recognized assessment for the College- and Career-Readiness Assessment (CCRA) for Spring 2023. Letters, online notice, and surveys were provided with the opportunity for feedback to ensure that the ACT is the optimum CCRA choice for students. Those surveys are due by September 9, 2022. Online surveys are posted on the school's website.

College Application Week

Who? Seniors

What? Oklahoma College Application Week is an opportunity for high school seniors to receive hands-on assistance while completing their applications to college.

When? the month of September

What can I do? Start gathering your information and pin down your potential colleges. You will also need application fees, high school résumé, and transcript.

More information to come...

Seniors & the FAFSA

The window to fill out the Free Application for Federal Student Aid (FAFSA) opens on October 1, 2022. Any senior receiving financial aid will need to fill out the FAFSA. Arrangements are being made to have volunteers be on-site to assist seniors and their parents with the FAFSA. More information will be sent home at a later date.

Check out http://ucango2.org/publications/fafsa/FAFSA_Facts.pdf for more information to help you prepare for filling out the FAFSA.

Scholarship Searches

http://ucango2.org/Scholarships.html

www.braydoyle.k12.ok.us/313234_4

https://occf.academicworks.com/

www.collegexpress.com

You may also access this guide, which has a plethora of scholarship links:

http://ucango2.org/publications/ student/ Scholarship Success Guide.pdf

Watch out for scams! Visit this link for more information:

www.ftc.gov/scholarshipscams

College Days for Seniors

Seniors are allowed <u>two</u> excused College Days.

In order for the College Day to be excused, seniors must see Mrs. Chambers to get a request form. The form must be signed by the student, parent, and all the student's teachers *before* the request is approved by Mr. Vines or Mrs. Chambers.

When seniors return from their College Day, they need to bring a signed paper to the office from a college representative stating they attended a College Day or toured the college.

2022-23 National ACT Test Dates Register at my.act.org Bray-Doyle HS Code: 370450 **Registration Deadline** Test Date (Late Fee Required) October 22, 2022 September 16, 2022 September 17-30, 2022 November 4, 2022 December 10, 2022 November 5-11, 2022 February 11, 2023 January 6, 2023 January 7-20, 2023 April 15, 2023 March 10, 2023 March 11-24, 2023 June 10, 2023 May 5, 2023 May 6-19, 2023 July 15, 2023 June 16, 2023 June 17-22, 2023 Fee waivers may be available for those who receive free/reduced lunch. See Mrs. Chambers for assistance.

September is National Suicide Prevention & Awareness Month

If you or someone you know is in a mental health emergency, call 9-1-1 immediately. Don't wait. If you or someone you know is struggling with thoughts of suicide, you may call The National Suicide Prevention Lifeline at 9-8-8 to get help 24/7. Get help today.

Youth Crisis Mobile Response

When a young person is in crisis—behavioral or emotional, physical or social, at home or at school—Youth Crisis Mobile Response can help. Their caring call center specialists will help talk through the "what's going on"—big or small. They'll work to provide support over the phone 24 hours a day, 7 days a week. They can also connect the young person (child, teen, or young adult) with local mental health professionals who can come to their home in 1- to 24-hours. If you're a young person in crisis, they're here for you. If you're an adult trying to support a young person in crisis, they can help. It all starts with one free call to 1 (833) 885-CARE (2273). For more information, visit heartlineoklahoma.org.

Crisis Text Line

Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support via a medium people already use and trust: text. Text HELLO to 741741 to reach a Crisis Counselor.