

MARCH 2022

Middle School Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
28	1	2	3	4
Muffin Variety	Pancakes w/ Sausage	Sausage, Egg and	Biscuit & Gravy	French Toast Sticks
Fruit or Fruit Juice	Fruit Variety	Cheese Tornado	w/ Sausage Patty	Fruit Variety
Milk	Milk	Fruit Variety	Fruit or Fruit Juice	Milk
		Milk	Milk	
Popcorn Chicken Mashed	French Toast Sticks			Pizza
Potato Bowl w/ Biscuit	w/ Sausage Patty	Chicken Smackers w/ Roll	Tangerine Chicken & Asian	Green Beans
Veggie Cup	Tater Tots	Mashed Potatoes w/ gravy	Noodles w/ Fortune Cookie	Veggie Cup
Fruit Variety	Veggie Cup	Cauliflower w/ Cheese	Edamame	Fruit Variety
Milk	Fruit Variety	Veggie Cup	Veggie Cup	Milk
	Milk	Fruit Variety	Fruit Variety	
		Milk	Milk	
Second Choice	<u>Second Choice</u>	Second Choice	Second Choice	Second Choice
Mini Corndogs	Mini Corndogs	Mini Corndogs	Mini Corndogs	Mini Corndogs
7	8	9	10	11
Sausage Biscuit	Pull-Apart Bagel	Breakfast Pizza	Biscuit & Gravy	French Toast Sticks
Fruit or Fruit Juice	Fruit Variety	Fruit Variety	w/ Sausage Patty	Fruit or Fruit Juice
Milk 	Milk 	Milk 	Fruit or Fruit Juice Milk	Milk
Cheeseburger	Beef Soft Taco	Chicken Smackers w/ Roll		Wild Mike Bites
Corn	Refried Beans	Mashed Potatoes w/ gravy	Mini Corndogs	w/ Marinara
Veggie Cup	Veggie Cup	Green Beans	Parmesan Broccoli	Tater Tots
Fruit Variety	Fruit Variety	Fruit Variety	Veggie Cup	Veggie Cup
Milk	Milk	Milk	Fruit Variety	Fruit Variety
	Willix		Milk	, Milk
Second Choice	Second Choice	<u>Second Choice</u>	Second Choice	Second Choice
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Pizza	Pizza	Pizza	Pizza	Pizza
Pizza 14	15	16 Pizza	17 Happy St. Patrick's Day!	Pizza 18
14 Muffin Variety	15 Pancakes w/ Sausage	16 Sausage, Egg and	17 Happy St. Patrick's Day! Biscuit & Gravy	18 French Toast Sticks
14 Muffin Variety Fruit or Fruit Juice	15 Pancakes w/ Sausage Fruit Variety	16 Sausage, Egg and Cheese Tornado	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty	18 French Toast Sticks Fruit Variety
Muffin Variety Fruit or Fruit Juice Milk	15 Pancakes w/ Sausage Fruit Variety Milk	Sausage, Egg and Cheese Tornado Fruit Variety	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice	18 French Toast Sticks
Muffin Variety Fruit or Fruit Juice Milk	Pancakes w/ Sausage Fruit Variety Milk	Sausage, Egg and Cheese Tornado Fruit Variety Milk	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk	French Toast Sticks Fruit Variety Milk
Muffin Variety Fruit or Fruit Juice Milk Spaghetti	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich	Sausage, Egg and Cheese Tornado Fruit Variety Milk	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk	French Toast Sticks Fruit Variety Milk Chicken Con Queso
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy	17 Happy St. Patrick's Day! Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice
Muffin Variety Fruit or Fruit Juice Milk Spaghetti w/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks S Pull-Apart Bagel	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2 30 Breakfast Pizza Bagel- NEW!	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks Pull-Apart Bagel Fruit Variety	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2 30 Breakfast Pizza Bagel- NEW! Fruit Variety	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks Biscuit & Gravy w/ Sausage Patty	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks Sausage Biscuit Fruit or Fruit Juice Milk	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks Pull-Apart Bagel Fruit Variety Milk	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2 30 Breakfast Pizza Bagel- NEW! Fruit Variety Milk Chicken Tenders w/ Roll	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks Sausage Biscuit Fruit or Fruit Juice Milk Wild Mike Cheese Pocket W/ Marinara	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks S Pull-Apart Bagel Fruit Variety Milk	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2 30 Breakfast Pizza Bagel- NEW! Fruit Variety Milk Chicken Tenders w/ Roll Mashed Potatoes	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks 15 31 Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Grilled Cheese	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
Muffin Variety Fruit or Fruit Juice Milk Spaghetti W/ Garlic Breadstick Broccoli Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks Sausage Biscuit Fruit or Fruit Juice Milk Wild Mike Cheese Pocket W/ Marinara White Beans & Bacon	Pancakes w/ Sausage Fruit Variety Milk Texas Pulled Pork Sandwich Corn Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks S Pull-Apart Bagel Fruit Variety Milk Walking Taco	Sausage, Egg and Cheese Tornado Fruit Variety Milk Chicken Smackers w/ Roll Mashed Potatoes w/ gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks PRING BREAK: 3/21-3/2 30 Breakfast Pizza Bagel- NEW! Fruit Variety Milk Chicken Tenders w/ Roll Mashed Potatoes Green Beans	Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Nashville Hot Chicken Tenders w/ Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Second Choice Cheezy Breadsticks 1 Biscuit & Gravy w/ Sausage Patty Fruit or Fruit Juice Milk Grilled Cheese Buttered Baby Carrots	French Toast Sticks Fruit Variety Milk Chicken Con Queso Seasoned Black Beans Veggie Cup Fruit Variety Milk Second Choice Cheezy Breadsticks
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Additional Daily Breakfast Entrée Offerings:

 $\label{lem:condition} \textbf{Cereal w/ Honey Graham Crackers, PopTarts, Bagel w/ Cream Cheese or Jelly}$

Menu items are subject to change due to national food shortages

This institute is an equal opportunity provider.