BASKETBALL Girls Open Gym



Girls Open Gym Days

High School GYM

Monday: 6:30pm - 8:00pm

Saturday: 5:00pm - 7:00pm

Any changes will be announced on Remind 101

THE MOTTO

RUN AS ONE

Parents

Deer Parents.

Hope all is well, I am reaching out to you to help our Deer basketball program reach the next level. We will be holding girls open gyms two days a week from now till the start of the season, October 20th, 2021. These open gyms will be a great opportunity for our girls to better their skills and to get a better feel for the game of basketball. Coaches will monitor the gym, while players shoot or play games against each other. Open gyms are not mandatory but are highly encouraged. Looking forward to a great season with our girls. GO DEER!

Athletes

Please show up on time and get valuable reps in. The more game-like shots and games we play, the better off we will be come October 20th. What you put into your game is what you are going to get out of it. The season starts today, what are you doing to get ready? Looking forward to seeing yall out there on the court. #RunAsOne