

# November 2021 Breakfast



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	2 Fruit Pizza Cereal Fruit Juice Milk	3 Pancake on a Stick Cereal Fruit Juice Milk	4 Biscuit & Sausage Gravy Cereal Fruit Juice Milk	5 Donut Cereal Fruit Juice Milk
8 Muffin Yogurt Cereal Fruit Juice Milk	9 Breakfast Taco Cereal Fruit Juice Milk	10 Rich's Cinnamon Sugar Pancake Bites Cereal Fruit Juice Milk	11 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	12 Cinnamon Roll Cereal Fruit Juice Milk
15 Apple Cinnamon Oatmeal Cereal Fruit Juice Milk	16 Toast Scrambled Eggs Cereal Fruit Juice Milk	17 Yogurt Parfait w/fruit Cereal Juice Milk	18 Sausage Biscuit Cereal Fruit Juice Milk	19 Donut Cereal Fruit Juice Milk
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 Sausage Biscuit Cereal Fruit Juice Milk	30 Breakfast Burrito Cereal Fruit Juice Milk	1 Cinnamon Roll Cereal Fruit Juice Milk	2 Breakfast Pizza Cereal Fruit Juice Milk	3 Apple or Peach Turnover Cereal Juice Milk

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*

# November 2021 Lunch



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1**Menus subject to change Corn Dog Mac and Cheese Baby Carrots Ranch Fruit Milk	2 Steak Fingers Mashed Potato & Gravy Dinner Roll Fruit Milk	3 Beef Nacho Bar Refried Beans Chips & Salsa Fruit Milk	4 Glazed Ham Green Beans Dinner Roll Fruit Milk	5 Pepperoni Chicken Flatbread Italian Salad Fruit Milk
8 Cheeseburger Mac Breadstick Green Beans Fruit Milk	9 Personal Pizza Baby Carrots w/ Ranch Fruit Milk	10 Chicken Fajitas Mexican Salad Chips & Salsa Fruit Milk	11 Pulled Pork Baked Potato Dinner Roll Fruit Milk	12 Cheeseburger BBQ Baked Beans Ruffles Fruit Milk
15 Roasted Turkey Dressing, Dinner Roll Mashed Potatoes & Turkey Gravy Pumpkin Pie Fruit Milk	16 Southwest Chicken Pot Pie Biscuit Roasted Carrots Fruit Milk	17 Pig In a Blanket** Mac&Cheese Green Beans Fruit Milk	18 Frito Chili Pie Chili Beans Fruit Milk	19 Spaghetti and Meat Sauce Bread Stick Caesar Salas Fruit Milk
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 Grilled Cheese Tomato Soup Baby Carrots Fruit Milk	30 Popcorn Chicken Mashed Potatoes & Gravy Biscuit Fruit Milk	1 Beef and Bean Enchiladas Mexican Salad Chips&Salsa Fruit Milk	2 Chicken Spaghetti Garlic Knot Green Beans Fruit Milk	3 Pulled Pork BBQ Baked Beans Dinner Roll Fruit Milk

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