

 **BREAKFAST**

 **LUNCH**

AUGUST 2021

Vidor ISD 5th thru 12th Grades

Choice of Milk, Juice & Fruit Offered
Daily at Breakfast

Choice of Milk & Fruit Offered Daily at
Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

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Breakfast: Breakfast Pizza

Lunch: Hot Dog on WG Bun
OR Manager's Choice
Fries
Ranch Style Beans

Mayo, Must, Ketchup, Chili, & Cheese Available

Breakfast: Pillsbury Mini Pancakes

Lunch: Meat Loaf
OR Drumstick
Mashed Potatoes
Peas & Carrots
Old Fashioned Dinner Roll
Gravy

Breakfast: Eggstravaganza & Biscuits

Lunch: Stuffed Crust Pizza
OR Mini Corn Dogs
Romaine Salad
Steamed Corn

Dressing, Mayo, & Mustard Available

Breakfast: Yogurt & Fresh Fruit

Lunch: Chicken Tetrazzini
OR Cheese Bites w/Marinara
Sweet Potatoes
Roasted Cauliflower
Garlic Break

Breakfast: French Toast Sticks
w/Mini Sausage Links

Lunch: Sloppy Joe on WG Bun
OR Pulled Pork on WG Bun
Baked Beans
Baby Carrots
Bell Pepper Sticks
Dressing Available

Breakfast: Pig in a Blanket

Lunch: Meatballs w/Gravy
OR Drumstick
Mashed Potatoes
Steamed Carrots
Old Fashioned Dinner Roll
Gravy

Breakfast: Mini Cinni's

Lunch: Frito Chili Pie
OR Hot Dog on WG Bun
Fries
Ranch Style Beans

Mayo, Mustard, & Ketchup Available

Breakfast: The Max Blueberry Twist

Lunch: Chicken Fajitas on WG Tortilla
OR Beef Soft Taco
OR Beef Tamale
Refried Beans
Lettuce/Tomato
Salsa
Dinner Roll w/Cinnamon

Breakfast: Cowgirl Bread

Lunch: Tony's Garlic French Bread Pizza
OR Mini Corn Dogs
Broccoli Salad
Steamed Corn

Mayo, Mustard, Ketchup, & Dressing Available

Breakfast: Apple Frudel

Lunch: Chicken Smackers
OR Beef Fingers
Sweet Potatoes
Green Beans
Old Fashioned Dinner Roll
Dipping Sauce Available

Breakfast: Breakfast Pizza

Lunch: Orange Chicken
OR Meatballs w/Gravy
Steamed Rice
Stir Fry Vegetables
Steamed Carrots
Cheese Bread Stick

Breakfast: Sausage & Biscuit Stick

Lunch: Hamburger on WG Bun
OR Grilled Chicken Burger on WG Bun
Baked Beans
Onion Rings
Lettuce; Pickles
Mayo, Must, Ketchup Available

All Students are entitled to:

1 Free reimbursable **Breakfast:** Must choose 3 items; 1 **MUST** be Fruit or Fruit Juice
&

1 Free reimbursable **Lunch:** Must Choose at least 3 items; 1 **MUST** be a Fruit or Vegetable

This program is funded by the USDA. This institution is an equal opportunity employer.

