

# Goddard USD 265

## Health Services



"Our goal is the safety, health and education of your child."

Dear parent,

There has been a confirmed case of **STREP THROAT** reported in your child's classroom. If your child complains of any of the symptoms listed below, it is advisable to have a doctor do a strep test. Please report any positive findings to the school nurse.

Signs and symptoms: (child may have one or more of the following)

- Headache
- Fever (99-105 degrees)
- Sore throat, red throat
- White spots on the tonsils
- Swollen tonsils
- Swollen lymph glands (may be felt down the sides of neck)
- Stomach ache
- Nausea
- Vomiting
- Dry lips
- Dark circles under the eyes
- Tired or sleepy
- Red raised rash anywhere on the body (usually neck and chest)
- Foul smelling breath

Strep throat is caused by a bacterial infection. Therefore antibiotics are a necessary treatment. Once the doctor has diagnosed strep, the student should remain out of school until they have been on antibiotics for a full 24 hours. The student is considered contagious until this time. Be sure and finish all of the antibiotics, even when the student appears to be well. If strep is not treated completely or not at all, serious heart or kidney problems may occur.

### REMINDER

**Any prescription medication to be given at school must be accompanied by a signed doctor's note and a parental consent form (available at the nurse's office). Medications must be in a labeled prescription bottle or the original package. When filling a prescription and your child will be taking a medicine at school, you may want to ask the pharmacist for two labeled bottles. This prevents forgotten medicine bottles and missed doses.**

*Help us help your child!*