

SENTINEL PUBLIC SCHOOLS

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Jason Goostree, Superintendent ~ Theron Graybill, High School Principal ~ Paula Combs, Elementary Principal

Sentinel Students and Parents:

With the school year fast approaching, we wanted to pass along some information that will be helpful in the coming days. We will still be asking students to do a health screening before they get on a bus or come to school each day. Below you can find information that will help in the screening process to determine if a child could stay home and/or get tested for COVID-19. This information is provided by the Oklahoma State Department of Health in conjunction with the CDC.

Sincerely,

Mr. Goostree

Assessing Symptomatic Persons for COVID-19

Checking students and staff for COVID-19 symptoms can pose challenges given the similarities between certain COVID-19 symptoms and seasonal allergies; challenges with younger persons recognizing when they are sick due to mild symptoms; and the fact that some persons may have COVID-19 and not have any symptoms at all.

The Oklahoma State Department of Health has developed a symptom assessment tool to help determine when someone should be kept home or sent home from school and/or tested for COVID-19:

"A" Symptoms	"B" Symptoms
Fever greater than or equal to 100.4 F	Nasal Congestion/Stuffy Nose
Sore Throat	Runny Nose
Persistent, Dry Cough	Muscle/Body Aches
Difficulty Breathing	Fatigue
Diarrhea or Vomiting	Chills
New Loss of Taste or Smell	Nausea
	Loss of Appetite
	Elevated Temperature less than 100.4 F
	New Onset of Severe Headache
Recommend testing when:	
Person has 1 "A" Symptom OR	
Person has 3 or more "B" Symptoms	

Source: CDC's Operational Strategy for K-12 Schools through Phased Prevention Guidance for K-12 Schools (CDC.gov)