

SHAC MEETING MINUTES 2021-2022 SCHOOL YEAR

MEETING APRIL 4, 2022 @ 6 PM

Mission Statement: The SHAC committee membership will represent all school levels (Elementary and Secondary Schools) including, but not limited to parents, students, representatives of school nutrition programs, physical education programs, health education teachers, school health professionals, school counselors, school administrators, school board members, and the general public to ensure the health and well-being of BISD students.

Call to order: A Meeting of the SHAC Committee was held April 4, 2022. The meeting was held at Burkeville ISD Learning Center. The meeting was called to order by Mrs. Stephanie Simmons. Five members present.

Members Present

Stephanie Simmons-School Nurse
Angela Lowe-Administration
Steven Lowe-Administration
Betty Jennings-Nutrition
Natalie Hand-Counselor

Stephanie S. introduced and welcomed Committee members, and asked each member to share something good that happened to them today. Angela Lowe made a motion to approve the Minutes from the February 7, 2022 meeting, the motion was seconded by Natalie Hand.

HEALTH EDUCATION-STEPHANIE SIMMONS LVN SCHOOL NURSE

After speaking with Mrs. Falwell about how many kids in elementary school have social media such as twitter, Facebook, and SnapChat. I am sharing with the students each week some Motivational Moments Videos that are provided to the school by AIM FOR SUCCESS. These videos equip students with tools on how to manage emotions, dream a bigger dream, how to thrive on social media, and many more. One of the videos that have already been shown to the students has been how to thrive on social media. The video teaches students what to think about before they share using the word thrive. T= is it true, H= is it helpful, R= is it realistic, I= is it inspiring, V= is it valuable, and E= encouraging. The second video is how to disagree on social media in a positive and productive way. The videos are about five minutes long, and I start by asking how many students have social media. The students were very attentive and asked questions after the videos. Vision/Hearing/Spinal screenings have been completed, I will be waiting a few more weeks just in case any new students arrive, before reporting to the state. Burkeville ISD was a recipient of the School Health Support Grant, and we were able to purchase 33 air purifiers for the campus. Coach Day made an announcement to remove the plastic from the filters on the air purifiers, and be sure to turn them off daily. Since the beginning of the school year 1929 students have been seen in the nurse's office. There have been 457 students seen in the nurse's office since the last SHAC meeting.

COUNSELING AND MENTAL HEALTH-DR. NATALIE HAND PhD, NCC, LPC

The ADACP program continues to come monthly to Burkeville and presents a puppet show to the PK- 2nd grade classes. Dr. Hand continues weekly counseling for any kind of issues that arise, and for the weekly appointments. The junior and senior classes have had two field trips recently to college campuses, DETCCA and LIT. SFA College and the Army came out and did presentations to our high school students. The counseling department has been working on next year schedules. The students completed their Xello-Career Exploration program. Dr. Hand has been working on scholarships, helping the students with college applications, and FAFSA (financial Aid). The counseling department is still using the Rhithm program, but not a lot of teachers are participating so the program will probably not be used next year. Rhithm is an emoji based social and emotional learning program to help catch kids that are not as vocal, but are having a bad day. Burkeville has been participating in an Employee Wellness program called Burkeville goes red in April. During the month of April, Dr. Hand has been sending out mental health tips and classroom strategies. Dr. Hand stated the junior class had their ring ceremony, and that it went well. The high school students ordered their letter jackets, and the senior class ordered caps and gowns. The students were given the ACT/TSI, and star testing begins tomorrow.

NUTRITION-BETTY JENNINGS CAFETERIA DIRECTOR

The cafeteria department has been struggling trying to get supplies and food all year, but it is starting to improve. The restrictions for the cafeteria are beginning to ease up regarding whole grain bread. For example, whole grain bread has to be served 3 days a week, and now the cafeteria can serve white bread 2 days a week. Mrs. Jennings also would like to have a food survey sent out to parents, staff, and students, so they can get input regarding food being served and food suggestions. So the cafeteria could get feedback regarding what foods the students like or dislike. Mrs. Jennings suggested having a group of students prepare a mock menu of foods they would like to see served in the cafeteria. The cafeteria is coming up for an AR this coming year. The cafeteria is unable to add salt to food, due to sodium restriction. The cafeteria is receiving a supply chain grant money in the amount of \$10,000 to help with the cost of food. If there are any suggestions for the snack line, please feel free to share any ideas/suggestions with the cafeteria staff.

NEW BUSINESS

No new business

OPEN DISCUSSION WITH GROUP

No open discussion

The meeting was adjourned at 6:20 P.M.

Respectfully Submitted by

Stephanie Simmons LVN