The Cell Cycle

Go to Cells Alive at http://www.cellsalive.com/cell_cycle.htm watch the animation and read the explanations to fill in the blanks.

During development from stem to fully differentiated, cells in the body alternately divide (mitosis) and "appear" to be resting (interphase). This sequence of activities exhibited by cells is called the ______ (1).

Interphase, which appears to the eye to be a resting stage between cell divisions, is actually a period of diverse activities. Those interphase activities are indispensable in making the next mitosis possible.

1. Interphase: Interphase generally lasts at least ______ (2) to ______ (3) hours in mammalian tissue. During this period, the cell is constantly synthesizing RNA, producing protein and growing in size. By studying molecular events in cells, scientists have determined that interphase can be divided into 4 steps: ______ (4) (G0), ______ (5) (G1), S ______ (6) phase, ______ (7) (G2).
   a. Gap 0 (G0): There are times when a cell will leave the cycle and quit dividing. This may be a temporary resting period or more permanent. An example of the latter is a cell that has reached an end stage of development and will no longer divide (e.g., neuron).
   b. Gap 1 (G1): Cells increase in size in Gap 1, produce ______ (8) and synthesize ______ (9). An important cell cycle control mechanism activated during this period (G1 Checkpoint) ensures that everything is ready for ______ (10). (Click on the Checkpoints animation, above.)
   c. S Phase: To produce two similar daughter cells, the complete DNA instructions in the cell must be duplicated. DNA replication occurs during this ______ (11) phase.
   d. Gap 2 (G2): During the gap between DNA synthesis and mitosis, the cell will continue to ______ (12) and ______ (13) new proteins. At the end of this gap is another control checkpoint (G2 Checkpoint) to determine if the cell can now proceed to enter ______ (14) and divide.

2. Mitosis or M Phase: ______ (15) and ______ (16) production stop at this stage in the cell cycle. All of the cell's energy is focused on the complex and orderly division into ______ (17) similar daughter cells. ______ (18) is much shorter than interphase, lasting perhaps only one to two hours. As in both G1 and G2, there is a Checkpoint
in the middle of mitosis (Metaphase Checkpoint) that ensures the cell is ready
to complete ________ (19). _________.

Animal Cell Mitosis

Go to Cells Alive at http://www.cellsalive.com/mitosis.htm watch the animation
and read the explanations and to fill in the blanks.

This animation demonstrates the stages of mitosis in an animal cell. Use the control buttons in the upper left to run the complete animation. Click on any intermediate stage (for example, Anaphase), and see a representative still

1. Interphase: Cells may appear inactive during this stage, but they are quite the opposite. This is the longest period of the complete cell cycle during which ________ (20), the ________ (21) divide, and ________ (22) are actively produced.

2. Prophase: During this first mitotic stage, the ________ (23) fades and chromatin (replicated DNA and associated proteins) condenses into ________ (24). Each replicated chromosome comprises two ________ (25), both with the same genetic information. Microtubules of the cytoskeleton, responsible for cell shape, motility and attachment to other cells during interphase, disassemble. And the building blocks of these microtubules are used to grow the mitotic spindle from the region of the centrioles.

3. Prometaphase: In this stage the nuclear envelope breaks down so there is no longer a recognizable nucleus. Some mitotic spindle fibers elongate from the centrioles and attach to kinetochores, protein bundles located on the chromosomes. Other spindle fibers elongate but instead of attaching to chromosomes, overlap each other at the cell center.

4. Metaphase: Tension applied by the spindle fibers aligns all ________ (26) in one plane at the ________ (27) of the cell.

5. Anaphase: Spindle fibers shorten, the kinetochores separate, and the ________ (28) are pulled apart and begin moving to the cell ________ (29).

6. Telophase: The daughter chromosomes arrive at the poles and the spindle fibers that have pulled them apart disappear.

7. Cytokinesis: The spindle fibers not attached to chromosomes begin breaking down until only that portion of overlap is left. It is in this region that a ________ (30) cleaves the cell into two daughter cells. Microtubules then reorganize into a new cytoskeleton for the return to interphase.