

Dear Sanford-Fritch High School Band Member,

Welcome to the greatest musical family ever. This is going to be a great year for us. I hope that you will come into the Sanford-Fritch Band with very high standards for yourself. I also want you to set some realistic goals for yourself as well as the band. I believe that you folks can create the best year ever for the Eagle Band.

We have many great traditions. I know that you will want to continue to be the one of the best bands in Texas. To do this, each of you will have to make a commitment to be the very best. "No one ever won anything worthwhile without fighting for it: whether it's creating a successful car or achieving a world class championship. The commitment to be the best makes the difference. "

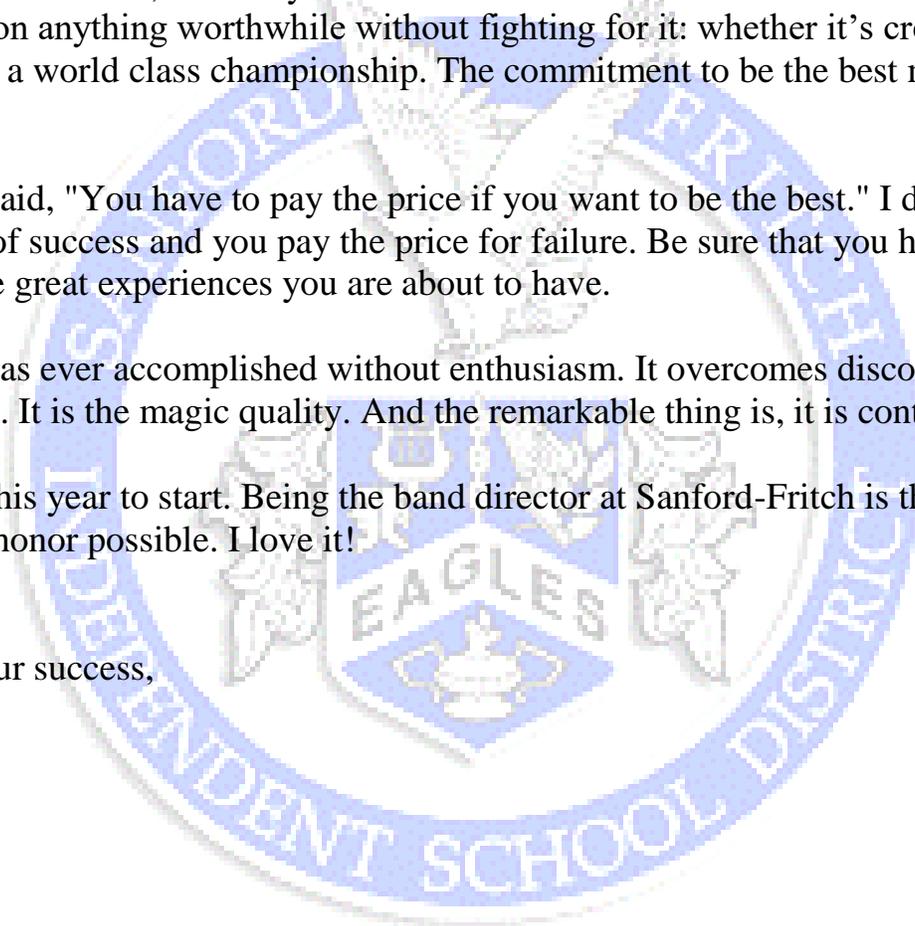
Someone once said, "You have to pay the price if you want to be the best." I disagree: you enjoy the price of success and you pay the price for failure. Be sure that you have a good time and enjoy all the great experiences you are about to have.

Nothing great was ever accomplished without enthusiasm. It overcomes discouragement and gets things done. It is the magic quality. And the remarkable thing is, it is contagious.

I can't wait for this year to start. Being the band director at Sanford-Fritch is the greatest experience and honor possible. I love it!

Dedicated to your success,

Tony Lucas



Sanford-Fritch High School Band Handbook

Introduction

Welcome to Sanford-Fritch High School and the “Eagle Band!”

By accepting membership in the Sanford-Fritch High School Band you agree to perform to the best of your abilities and work together with the band staff in making this year’s band the finest musical organization that our combined efforts can produce. We do not expect every person in the band to be a virtuoso musician or performer. We do expect mature, responsible attitudes and actions – and lots of hard work! Report promptly to all rehearsals, classes and performances; practice sufficiently to be able to perform your part well and give it your ‘best shot’ – every time, all the time!

The success of any organization is dependant on the spirit, pride, leadership, teamwork, dedication and cooperation of its members. Certain rules, policies and procedures are necessary so that the over-all goals of the group are met, and the welfare of each individual member is best served.

This handbook has been developed by the band directors. Its purpose is to familiarize each band member and his/her parents with: (1) the general operation and procedures of the Eagle Band and (2) the standards by which all band members are expected to conduct themselves. The handbook is not intended to be all-inclusive, as every possible situation and question cannot be predicted in advance; however, a thorough knowledge of these materials is essential to the smooth operation and success of the band this year.

Basically, all of our rules and procedures can be summarized in the following four RIGHTS:

1. BE AT THE RIGHT PLACE
2. AT THE RIGHT TIME
3. WITH THE RIGHT EQUIPMENT
4. AND THE RIGHT ATTITUDE

When compiling a handbook listing the rules and regulations of an organization such as the band, quite often a feeling of restriction is experienced by certain members of the organization. Just as there are necessary laws that govern the citizens of a nation, there are also necessary rules within every large organization. No one wishes to impose regulations on a group simply for the sake of forcing its members to do something that is not enjoyable, but rather for the purpose of maintaining adequate control so that the goals of the organization may be achieved. Nothing will be asked of you in this band that is not reasonable or necessary. We want you to do your work well and to enjoy band, but we shall insist that you do your part. This means conforming to rules and regulations that pertain to school and the band as well as those that are required of you by the society in which you live. *Remember you are not only representing yourself, but Sanford-Fritch High School as well as your community and family.*

BAND HALL GOLDEN RULES

1. IF YOU OPEN IT, CLOSE IT.
2. IF YOU TURN IT ON, TURN IT OFF.
3. IF YOU UNLOCK IT, LOCK IT.
4. IF YOU BREAK IT, REPAIR IT.
5. IF YOU CAN'T REPAIR IT, CALL ON SOMEONE WHO CAN.
6. IF YOU BORROW IT, RETURN IT.
7. IF YOU USE IT, TAKE CARE OF IT.
8. IF YOU MAKE A MESS, CLEAN IT UP.
9. IF YOU MOVE IT, PUT IT BACK.
10. IF IT BELONGS TO SOMEONE ELSE AND YOU WANT TO USE IT...ASK!
11. IF YOU DON'T KNOW HOW TO OPERATE IT, LEAVE IT ALONE.
12. IF IT DOESN'T CONCERN YOU, STAY OUT OF IT.
13. IF IT WILL MAKE SOMEONE'S DAY, **SAY IT!**

In conclusion, there is one basic and underlying fact: WE ARE ALL WORKING **TOGETHER** TOWARD ONE GOAL:

**WE WANT OUR GROUP TO BE THE FINEST THAT WE CAN POSSIBLY
MAKE IT!**

So, if you have a problem – of any kind – let someone help you. You are surrounded by people who care about you. Talk to them, and if you have questions, ask!

BAND MOTTO:

**NOTHING WE HAVE DONE IN THE PAST WILL EVER BE GOOD
ENOUGH AGAIN!!!**

SECTION 1: ATTENDANCE

- A. Band is a two-semester class; students are expected to stay enrolled for the entire school year unless special circumstances arise that are approved by the band director. Any student withdrawn from band will not be allowed to re-enter the class without approval from the band director. Students are not allowed to drop band at the end of the fall semester without director approval.
- B. Promptness is a quality that is admired by both our employers and the people we personally associate with. A good musician should be where he/she is supposed to be on time. There are occasions when tardiness is unavoidable. However, excused or unexcused tardies during the regular school day will be dealt with per campus policy. **An unexcused tardy outside of the regular school day (for a co-curricular activity) may result in band detention and/or the lowering of that particular grade.**
- C. Attendance in class and at every class-related rehearsal (such as extra rehearsals and sectionals) is necessary to your musical education. It is not possible to recreate the learning that takes place in the class or any extra rehearsal. Therefore, a grade of zero will be given for each day of unexcused absences (when grades were taken for the rest of the class.) Unexcused absences may also result in band detention and/or reduced participation.
- D. **Every band member is required to attend all band performances. This is a major part of your grade.** Performances are the only way a musician can share his/her gift with others. They are also the only way our patrons have any way of knowing how much how have learned and improved. Performance is very important to your music education. Therefore, any unexcused absence from a co-curricular activity will constitute a grade of zero for the performance and may result in reduced participation. Any unexcused absence from an extra-curricular activity will constitute disciplinary action to be coordinated with the school administration. A calendar will be given to the students for the purpose of coordinating all of the student's activities. The directors must be notified *in writing* of any non-emergency conflicts 5 days or more in advance. Absences that are a result of emergency situations (such as student illness or death in the family) will be the only exception of the '5 day in advance rule'. Verbal contact from parents to the director as soon as possible, preferably prior to the performance, is requested. Students with an excused absence for a performance will be allowed to make up the grade by completing a written report or assignment by the director(s).

Please note: Calendar will be handed out on the first day of school. Events not on schedule – booster meetings, any presently unknown events, etc. - notice will be given ASAP.

- E. Students in band will be competing in various individual contests. The school will pay for entry fees when possible. Any fee paid by the school obligates the student to participate, or the student must repay this fee to the school.
- F. Due to the size of this organization, it is extremely important that students pass all classes in order to participate in any extracurricular activity such as band. Without every member, the level of performance begins to suffer at any level of competition.

Section II. Grading

- A. If a student is Tardy more than 2 times a week it will result in a 20-point deduction on the student's weekly grade.
- B. Grades will be determined using any or all of the following criteria:
 - 1. Playing Tests
 - 2. Written Tests
 - 3. Inspections (uniforms, music, instruments)
 - 4. Attendance (daily)
 - 5. Attendance (co-curricular activity)
 - 6. Sectionals
 - 7. Clinics
 - 8. Equipment (instruments, music, pencil, etc. available at rehearsal)
- C. Grades will be computed as follows:
 - 60% Participation
 - Attendance in class with all necessary equipment.
 - Attendance at section rehearsals and clinics.
 - Attendance at all performances.
 - Being on time to all events.
 - 40% Evaluation and testing

SECTION III: UNIFORMS

- A. The uniform will be clean when you receive it.
- B. Uniforms must pass inspection before each performance. Take pride in yourself and your uniform
- C. Examine the uniform after each performance for soiling, stains, rips, etc. If there are any stains, let the Directors know so they can have the uniform cleaned. **TIME TENDS TO SET STAINS!**
- D. Protect your uniform from "Mother Nature" by the use of garment bags, rainwear and proper storage.
- E. Accessories needed:
 - 1. Black marching shoes
 - 2. Black socks
 - 3. Uniform bag
 - 4. Band shirt
- F. **BAND UNIFORMS ARE TO BE WORN AT BAND FUNCTIONS ONLY.**
- G. Band members will be held accountable for all damaged or lost uniform articles.
- H. **Complete Uniform includes:**
 - 1. Coat
 - 2. Bibs (pants)
 - 3. Hat
 - 4. Hat box
 - 5. Plume
 - 6. White, Black, or Blue T-shirt under uniform
 - 7. Black Socks
 - 8. Band Shoes

I. Class B Uniform (Bad weather Uniform)

1. Band shirt (if you wear an undershirt it MUST be Black, Blue, or White.)
2. Black Pants. (No holes in them)
3. Long Black Socks
4. Band Marching Shoes

J. Hair must not touch the collar of the jacket nor should hair be seen on your forehead when you perform in the marching uniform. Some of you may need hairpins. **No jewelry is to be worn with the marching uniform.**

K. Non-uniform performance attire-

MEN: Slacks, dress shirt and dress shoes (no tennis shoes). LADIES: Dress or pantsuits (NO JEANS!!) Dresses must follow school dress code and legging used when needed. These are the minimum requirements for students when the uniform is not required.

L. **Make Up:** Make up is allowed at football games but cannot be worn for Contests. If you happen to get a stain on the uniform due to your use of make up: you a responsible for cleaning it up.

REMEMBER: A person in uniform is judged more highly by the public. As a member of our band your behavior, when in uniform, must meet the high standards the public expects.

SECTION IV: ATTITUDE AND CONDUCT

- A. An accumulation of disciplinary actions or failure to carry out expected duties, assignments or insubordination shown towards the directors and/or guest conductors shall constitute grounds for administrative review and conference.
- B. The directors will show respect for each and every student for their presence and contribution to the program. The directors expect each student to show respect for the directors and every student regardless of their personal feelings or views. Failure to do so will result in disciplinary action.
- C. Any use of drugs, alcohol, tobacco or any act that jeopardizes our school or school district during any school-sanctioned activity shall constitute administrative review and conference.
- D. School policy is in effect at all school-related activities.
- E. BEHAVIOR IN BLEACHERS AT FOOTBALL GAMES – Since the band is expected to be ready and able to play for the team and spectators at football games, certain guidelines must be adhered to. **Unorganized playing of instruments in the stands is unprofessional and is prohibited. Violation of this policy WILL result in disciplinary actions as outlined in this handbook.**
 - a. Stay in your assigned place within your section. Cheering and yelling is encouraged. Rule of thumb: One foot in place at all times.
 - b. No food or drinks are allowed in the stands, except water. Occasionally other exceptions will be made by the directors.
 - c. No bathroom breaks will be given during the game. If a student needs to use the bathroom, he/she must go before the band enters the stand or when the band leaves the stands for warm-up before halftime.
 - d. No one is allowed in the band section except uniformed band members and the directors.

- e. Students are expected to remain with the band in the stands from the beginning to the end of the football game, unless arrangements have been made with the directors.
- f. If a student sitting on the end of a row is visiting with family/friends constantly, that student may be relocated within the section.

SECTION V: DISCIPLINARY ACTION

Minor infractions will be handled on an individual basis. Disciplinary measures taken will vary and may include (but will not be limited to) the following:

1. Standing at attention for 5 minutes *
2. Running laps *
3. Reports (Working on various projects around the band hall to make up missed time)

*special consideration will be given to students with physical limitations

Major violations will be handled in the following manner:

1st Offense - Teacher student conference-possible disciplinary action

2nd Offense – Call to parents-take measures to correct the action

3rd Offense – Office Referral-Take measures to correct the action

This handbook is subservient to the policies and handbooks of SFISD

SECTION VI: EQUIPMENT/MUSIC

The equipment and music provided for us by the taxpayers of our school district and the generosity of our Band Boosters represents many thousands of dollars. Beyond the expense involved in the instrumental music program, we each have a personal obligation to maintain our equipment for longevity and personal pride. ***Maintenance and care of school equipment becomes the responsibility of the student. Excessive abuse (i.e. structural damage, dents, stuck slides, bent keys/valves, etc..) will be repaired at the student's expense.*** Individual pieces of music, method books and other equipment that are assigned to a student are the same as any textbook loaned to a student. If the student loses or damages a text, he/she will be required to make monetary compensation to the school district for the loss or damage. Therefore, any item checked out to the student immediately becomes the responsibility of that student.

SECTION VII: TRIPS

When the band travels as a group, the following must be observed:

- A. CONDUCT – School sponsored trips are extensions of the school day and all school regulations are in effect for the duration of the trip. This includes the use of alcohol, drugs, tobacco, etc. Anyone involved in any way with any form of intoxicant may be removed from band, suspended from school and/or subject to arrest. Inappropriate public displays of affection will not be tolerated and may result in removal from the band.
- B. PROCEDURES – All band members will travel to and from each event by bus. If another arrangement is necessary, this must be discussed with the directors in advance. **Band students will not be released to anyone other than their parent or Guardian.**

1. Stay seated when the bus is in motion. All parts of the body are to remain inside the bus windows. Nothing is to be thrown from the bus windows. Refrain from loud talking/singing, screaming, and songs with ‘suggestive’ lyrics. If you listen to music it must be done so with HEADPHONES. Directors and chaperones may take up headphones if the music is too loud.
2. A Parent Sponsor or Band Council member may be given bus responsibilities that include riding on specific buses, helping to maintain bus discipline, etc. The Eagle Band will be respectful of bus drivers, all adult sponsors and others in positions of responsibility. While roll is being called, everyone is to be seated and silent. On trips in which food and drinks are authorized, nothing may be consumed until the buses have left the SFHS campus. Trash is to be placed in the plastic bags provided. Each band member is responsible for keeping the bus clean.
3. The band will load and unload the buses in an orderly, systematic manner prescribed by the directors. No one will get off the bus until instructed to do so by a director.
4. All band members are responsible for taking their own equipment to the designated loading area or on the bus with them. The Loading Crew is responsible for loading only the equipment placed in the designated area.

SECTION VIII: CARE AND USE OF ROOMS IN THE BAND HALL

A. Band Hall – You will enter and leave the band hall in an orderly and mature fashion. Keep all items clean and neat. Protect equipment from vandalism. Dispose of trash properly. No food, drink, gum or candy is allowed in the band hall.

B. Instrument Storage Shelves – Each section will be assigned shelf space for their instruments and other equipment needed for rehearsal. Nothing else (for example, school books) is to be left in your shelf space. Please help keep the storage shelves clean.

C. Hallway of band hall entrances – These may be used as a drop for books during rehearsal. Do not leave anything in the hallway after rehearsal. This is not to be a storage area for your food, drinks or personal items.

D. Library – Absolutely no one other than the Directors are allowed in the library without permission.

E. Ensemble room – If this room is locked, you may obtain a key from a band director. Please help keep them clean.

F. Offices – If the doors are shut, please do not knock or come in. If the doors are open, please knock and obtain permission to enter. You will need to obtain permission to use the phones, computer, and recording devices. The office telephone is not available to non-band members and is not to be used for general personal calls, but may be used to call parents for rides, etc. **You are not to remove ANYTHING from the director’s desks without permission!!! This includes, but is not limited to pens, pencil, etc.**

G. Band Hall – Is for BAND MEMBERS ONLY. Your friends may wait in the entrance halls.

Let’s all work hard to keep this great facility looking clean and orderly!!!

SECTION IX: LETTERING SYSTEM AND SYMPHONIC BAND

Lettering System

Every band member is eligible to letter in band during each year he/she is in the organization. To qualify, you must meet the following criteria.

- A. Maintain an average of 80 or above in band for the entire school year.
- B. Attend all required band functions and performances with no unexcused absences.
- C. Do One of the following events:
 - 1. Make and participate in the All-Region Band
 - 2. Make Area Band
 - 3. Make and participate in the All-State Band
 - 4. Make a first or second division at UIL Solo & Ensemble Contest
 - 5. Make a first or second division at UIL State Solo & Ensemble Contest
 - 6. Attend the WTAMU or any other summer band camp
- D. Abide by all rules of conduct and policy as stated in the SFHS handbook and the SFHS Band Handbook. Students wishing to letter must not receive disciplinary action such as ISS, or detentions for actions other than tardies.
- E. Seniors who have been in band for all four years of High school, will qualify for lettering if they have not previously lettered in band.

Section X: BAND LEADERSHIP

The Band leadership is a representative body of students within the ensemble responsible for making decisions and completing projects for the band. The council shall consist Drum Majors, Color Guard Captain, and Section leaders. The directors will advise all leadership. Two Members of leadership will be chosen by the directors to represent the students at Band Booster Meetings. Being leaders, all council members are expected to set a good example for their peers. This includes, but is not limited to, knowing your part in band, being ready for class on time, maintaining a positive attitude, and passing all classes. Removal from office can occur if the directors feel that an officer is not performing his/her duties adequately.

Section XI: PRACTICE

No improvement can be made on your instrument without effort on your part. It is highly recommended that you take your instrument home every day. Individual practice sessions of at least 30 minutes per day are vital to improving your playing ability. Any student that plays an instrument that is too large to carry (i.e. tuba) can check out an instrument and take it home, when they are available.

*"We are what we repeatedly do. Excellence, then, is not an act, but a habit."
-Aristotle*

Welcome to the Sanford-Fritch Eagle Band



Sanford-Fritch High School Band
Confidential Medical Information Form

(Print carefully & completely in ink)

Date:

Attach copies of **both sides** current insurance card

▪ **Student Information**

Last Name		Legal First & Middle Names	
		Nickname	
Birth date (Mo/Day/Year)	Age	<input type="radio"/> Male <input type="radio"/> Female	
Home Address			
City, State, Zip			
Student Home Phone	Student Work Phone	Student Cell Phone	

▪ **Student Medical History** (*see alternative option below)

Drug Allergies	
Food/Insect Bites/Other Allergies	
Medical History of Student – <input type="checkbox"/> if Yes <input type="checkbox"/> Asthma <input type="checkbox"/> Chronic Illness or Handicap <input type="checkbox"/> Convulsions/Epilepsy <input type="checkbox"/> Current Pregnancy <input type="checkbox"/> Depression <input type="checkbox"/> Diabetes <input type="checkbox"/> Heart Defect <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Physical Restrictions <input type="checkbox"/> Previous Surgeries <input type="checkbox"/> Other	Under Doctor's Care? / Other History? Describe.
Current and Long Term Prescription Medications (Name – strength – frequency)	
Current and Long Term Over the Counter Medications (Name – strength – frequency)	
List any treatments you would not be willing to authorize	

▪ **Parent/Guardian Information**

Mother/Guardian Name		
Home Address		
City, State, Zip		
Home Phone	Work Phone	Cell Phone
Father/Guardian Name		
Home Address (if different from above)		
Home Phone	Work Phone	Cell Phone

▪ **Additional Emergency Contacts**

Name #1	Relationship	
Home Phone	Work Phone	Cell Phone
Name #2	Relationship	
Home Phone	Work Phone	Cell Phone

▪ **Physician & Dentist Information**

Family Physician/Pediatrician	
Address	City, State, Zip
Daytime Office Phone	After Hours Phone
Family Dentist	
Address	City, State, Zip
Daytime Office Phone	After Hours Phone

▪ **Insurance Information** write none if no coverage

Policy Holder's Name	Policy Holder SS# and Birth Date
Insurance Co. Name	
Insurance Co. Address, City, State, Zip	
Insurance Co. Phone	
Policy #	Group #

***ALTERNATIVE OPTION:** I knowingly and willingly choose to NOT REVEAL any or part of my child's medical history and fully understand that this may hinder the effort to attain appropriate emergency medical attention when & if needed while under our supervision.

Signed & dated: _____

**PARENT/STUDENT UIL MARCHING BAND
ACKNOWLEDGEMENT FORM**

No student may be required to attend practice for marching band for more than eight hours of rehearsal outside the academic school day per calendar week (Sunday through Saturday). This provision applies to students in all components of the marching band.

On performance days (football games, competitions and other public performances) Bands may hold up to one additional hour of warm-up and practice beyond the scheduled warm-up time at the performance site. Multiple performances on the same day do not allow for additional practice and/or warm-up time.

Examples of Activities Subject To the UIL Marching Band Eight-Hour Rule:

- Marching Band Rehearsal (Both Full Band and Components)
- Any Marching Band Group Instructional Activity
- Breaks
- Announcements
- Debriefing and Viewing Marching Band Videos
- Playing Off Marching Band Music
- Marching Band Sectionals (Both Director and Student Led)
- Clinics for the Marching Band or Any of Its Components

The Following Activities Are Not Included In The Eight-Hour Time Allotment:

- Travel Time To and From Rehearsals and/or Performances
- Rehearsal Set-Up Time
- Pep Rallies, Parades and Other Public Performances
- Instruction and Practice for Music Activities Other Than Marching Band and Its Components

NOTE: An extensive Q&A for the Eight Hour Rule for Marching Band can be found on the Music Page of the UIL Web Site at: www.uil.utexas.edu

“We have read and understand the Eight-Hour Rule for Marching Band as stated above And agree to abide by these regulations.”

Parent Signature _____ Date _____

Student Signature _____ Date _____

This form is to be kept on file by the local school district.