



Grades 9-12 Menu

October 2021 Menu

- ◆ All menus are subject to change without notice depending on the availability of the food items from the manufacture.
- ◆ This institution is an equal opportunity provider.
- ◆ School Meals are **FREE** to all Goddard Students during the 2021-2022 School year
- ◆ Each school meal includes one milk. Extra milks, and purchasing milk only is \$0.45 each
- ◆ All extra, a la carte items are full price
- ◆ Payments can be made online at goddardusd.com, or by sending a check or cash to school.

Mon	Tue	Wed	Thur	Fri
<p>Daily Alternate entrées: Deli Sandwiches, Salads, or PB&J Uncrustable boats</p> <p>Daily, all Menus include a milk choice</p>				<p>1 Chicken Strip Wrap Alt: Spicy Chicken Sandwich Southwest Salad Whole Kernel Corn Citrus Fruit Salad Chocolate Pudding</p>
<p>4 Stuffed Crust Pizza Garden Fresh Salad Seasoned Green Beans Tropical Fruit Mix Sherbet Cup</p>	<p>5 Ham & Cheese Sandwich Alt: Grilled Cheese Whole Kernel Corn Baby Carrots Strawberries & Bananas Cookie</p>	<p>6 Quesadilla Southwest Salad Steamed Broccoli w/Cheese Warm Cinnamon Apples</p>	<p>7 Grades K-12 Parent/Teacher Conferences. <i>Don't forget to schedule a conference with your student's teacher.</i> Conferences give your student an opportunity to show off what they have learned!</p>	<p>8</p>
<p>11 Teriyaki Chicken Rice Bowl Alt: Crispy Chicken Sand 4-Way Veggie Mix Fresh Broccoli & Cauliflower Mandarin Oranges Fortune Cookie</p>	<p>12 Comdog Bites Alt: BBQ Rib Sandwich Tator Tots Fresh Sweet Pepper Strips Applesauce Vanilla Pudding</p>	<p>13 GHS & Acd Pizza Hut Cheesy Pizza Cruncher Garden Fresh Salad Seasoned Peas Pears</p>	<p>14 Chicken Nuggets California Vegetables Jo Jo Potato Wedges Peaches Garlic Texas Toast</p>	<p>15 Meatball Sub Alt: Grilled Chicken Sand Seasoned Green Beans Garden Fresh Salad Citrus Fruit Salad</p>
<p>18 Comdog Alt: Taco Pizza w/Salsa Tator Tots Garden Fresh Salad Tropical Fruit Mix</p>	<p>19 Popcorn Chicken Baby Carrots w/Dip Seasoned Green Beans Strawberries & Bananas Whole Grain Chips</p>	<p>20 Stuffed Crust Pizza Garden Fresh Salad Whole Kernel Corn Mixed Fruit Salad Fudge Bar</p>	<p>21 Beef Sticks Mashed potatoes 4-Way Veggie Mix Fruit Cocktail Dinner Roll</p>	<p>22 BBQ Rib Sandwich Alt: Hamburger Jo Jo Potato Wedges Fresh Cukes & Pepper Strips Baked Beans Fruit Juice Smoothie</p>
<p>25 Cheeseburger Alt: Hot Dog Fresh Sandwich Fixins French Fries Baby Carrots Mandarin Oranges Cookie</p>	<p>26 Chicken Strips Mashed Potatoes Seasoned Green Beans Applesauce Dinner Roll</p>	<p>27 French Toast w/Sausage Alt: Pancakes w/Sausage Alt: Biscuit & Gravy Yogurt Hash Brown Potatoes Orange Wedges Juice</p>	<p>28 EHS Pizza Hut French Bread Pizza Garden Fresh Salad Steamed Broccoli w/Cheese Pears Sherbet Cup</p>	<p>29 Crispy Chicken Sandwich Alt: Spicy Chicken Sand Fresh Sandwich Fixins Crispy Cubed Potatoes Baked Beans Peaches</p>

Breakfast Repeats Weekly

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast Sandwich or Grab-n-go Breakfast Or Cereal Juice Choice Fruit Milk</p>	<p>Breakfast Sandwich or Grab-n-go Breakfast Or Cereal Juice Choice Fruit Milk</p>	<p>Breakfast Sandwich or Grab-n-go Breakfast Or Cereal Juice Choice Fruit Milk</p>	<p>Breakfast Sandwich or Grab-n-go Breakfast Or Cereal Juice Choice Fruit Milk</p>	<p>Breakfast Sandwich or Grab-n-go Breakfast Or Cereal Juice Choice Fruit Milk</p>